

Nicorette® Inhaler

- Can reduce the craving to smoke while providing comfort of the " hand-to-mouth ritual ".
- Has a flexible dosing system to be used whenever you have the urge to smoke. You will eventually develop a technique that suits you & gives best results.
- Dose of nicotine from 1 puff of the Inhaler is much less than from one puff of a cigarette.



Nicorette® Inhaler Use

- **First 3 -12 weeks:** use 6 -12 cartridges per day.
Average use: 6 cartridges/day
- **After 3 months:** reduce dose
- Not to be used for more than 6 months.
- **Side effects:** mild irritation of throat or mouth, cough, stomach upset. If symptoms persist, contact physician.
- Recommended not to use with tobacco or other nicotine-containing products.
- Recommended not to use with alcohol, caffeine & acidic beverages - alters medications action.

Can anyone use the Inhaler ?

- If you have any of the following conditions, you should consult your doctor or pharmacist before commencing use: heart problems (recent heart attack, irregular heartbeat, severe or worsening heart pain), stomach problems or ulcers, overactive thyroid, high blood pressure, allergies to drugs, diabetes requiring insulin, kidney or liver disease, wheezing, asthma or chronic lung problems, accelerated hypertension, treatment for poor circulation, treatment for circulation disorders of the brain.
- If you are pregnant, do not use the Inhaler. If you are already using the Inhaler, avoid becoming pregnant.