

Can people smoke in their own vehicles while parked in outdoor lots on SHR property?

Yes. However, for health reasons, we encourage people to avoid smoking in any enclosed space.

What can I do if I want to continue smoking while receiving service at a SHR facility?

If you want to continue to smoke, you will need to:

- smoke off the grounds;
- manage your dependence on tobacco by using nicotine replacement products (NRT) such as the patch, gum or inhaler.

Commencing April 2, 2007 patients/clients and residents will have access to NRT funded by SHR to March 31, 2009.

How can I quit?

If you would like to stop using tobacco, ask your health care provider or contact a tobacco cessation counsellor at:

Community Addiction Services

Sturdy Stone Building
Suite 156 – 122 3rd Avenue North
Saskatoon, SK
655-4100

To assist you on the road to quitting, check out the free booklet:

Are You Thinking About Quitting Smoking or Other Tobacco Products?

Available by calling Public Health Services Resource Centre 655-4600

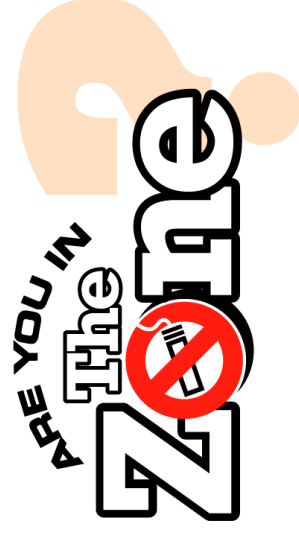
Who do I call for more information?

Contact the Tobaccofree Helpline at **655-4685**
Website www.saskatoonhealthregion.ca
Email tobaccofree@saskatoonhealthregion.ca



Promotes a tobacco and smoke-free environment in buildings and on grounds

What Patients, Clients, Residents and Visitors Need to Know



Why is there a policy?

To protect clients, staff and visitors from the health risks associated with tobacco use and exposure to secondhand smoke.

To reinforce a tobaccofree lifestyle.

What is the policy?

No smoking or tobacco use will be permitted in Saskatoon Health Region (SHR) buildings or grounds 24 hours a day. This includes hospitals, treatment centres, primary care and public health facilities.

No sale of tobacco in any health facility operated/funded by SHR.

Smoking is actively discouraged in the homes of clients, while receiving in-home SHR services.

Ceremonial tobacco use in any SHR facility is permitted under the Saskatchewan Tobacco Control Act, 2004.

Are there exemptions?

An exemption for residents in special care facilities will remain until an April 2008 review.

The exemptions are listed by facility in this pamphlet.

What will happen when I receive services?

You will need to manage your smoking & tobacco use. It is important to talk to your doctor **before** you become a patient.

Patients/clients/residents:

- will have access to nicotine replacement therapy (NRT), at no cost to March 2009. Certified Mental Health and involuntary Addiction Services clients will be provided NRT beyond March 2009.
- upon admission to any hospital or residential care facility will be asked about tobacco use and will receive brief tobacco cessation counselling.

Special Care Homes

Residents are allowed to smoke 24 hours/day only in the designated locations listed.

Visitors are not permitted to smoke on the grounds.

St. Ann's Home

- back courtyard

St. Mary's Villa

- outside door #14

Stensrud Lodge

- south exit

Sunnyside Adventist Care Centre

- back courtyard, 12 metres from door

Watson Health Centre/Quill Plains Centennial Lodge

- fenced area outside service entrance on south side of building

The twelve facilities below have implemented the policy with no exemptions.

- Central Haven Special Care Home
- Circle Drive Special Care Home
- Dalmeny Spruce Manor Special Care Home
- Lakeview Pioneer Lodge
- Langham Senior Citizens Home
- Luther Special Care Home
- Nokomis Health Centre
- Oliver Lodge
- St. Joseph's Home
- Saskatoon Convalescent Home
- Sherbrooke Community Centre
- Warman Mennonite Care Home

Bethany Pioneer Lodge

- 10 metres from front entrance on patio

Central Parkland Lodge

- gazebo

Cudworth Health Centre/Nursing Home

- outside of back service entrance

Extendicare Special Care Home

- yard area off recreation centre

Goodwill Manor

- indoor ventilated area located between staff room and public washroom
- 10 metres from main entrance or in fenced courtyard

Last Mountain Pioneer Home

- alongside east fence in front patio area

Manitou Lodge

- under gazebo outside back service entrance

Partridge Centre

- patio area south of front entrance or on balconies on Northridge 2, Eastridge 2 and Behavioural Transition Unit (N2/E2/BTU) or indoor ventilated room in cafeteria

Porteous Lodge

- north end of patio area in front of lodge

Rosthern Mennonite Nursing Home

- gazebo in the centre courtyard