

Saskatoon Health Region 3rd Annual Mentorship Symposium *Mentorship—lead without a title!*



Wednesday, January 25, 2012

8:00 a.m. to 4:00 p.m.

(Registration 8:00—8:30)

Western Development Museum

Master of Ceremonies: Steve Shannon

This full day professional development event features engaging, inspirational speakers who will guide us to recognize that we all hold a leadership role in our department, the Region and beyond. Through insightful multi media presentations, practical mentorship models, and research based insights attendees will be challenged to explore the connection between mentorship and leadership!

***I am the Leader—Which Way did They Go?* - Karyn Buxman, RN, MSN, CSP, CPAE**

Karyn is highly sought humorist and internationally recognized expert in applied and therapeutic humour. She shows people how to harness the power of thought and the spirit of humour. Through her years of research and experience, she's determined that humour and its powerful consequences offer benefits in the workplace that can be the catalyst for change that will move groups forward and allow individuals to live more positive, productive and happier lives. Karyn uses (hysterical) personal anecdotes, (solid) medical research, and (practical) tips to help the audience enhance their skills in the service of better leadership



Mentorship unearthed—Lets face it, people are instinctively attracted to mentors who inspire. Without inspiration, can there be mentorship? This presentation will discuss how we can cut through the mental pollution of the daily grind and change the way inspiration flows in our work and personal lives. With incisive philosophical thrusts, commentaries, dynamic group activities and visual mind-bombs, this session will enlighten, provoke and enlist you in creating an inspiring mentorship future. Join in and unearth the possibilities



In keeping with the symposium's theme of leading without a title, this presenter insisted we not provide title or identity. In fact, let's keep it a secret until the symposium! This presenter is best known for being the Region's resident provocateur and change agent. This forward thinking leader has won a Saskatchewan Healthcare Excellence award, 5 Bravos, a SAHO Green Ribbon award and has served as a social worker, consultant, manager and director in the Region. Who could it be? Come find out.

How Effective Is Your Mentoring? Why Not Consider Adaptive Mentorship?

Professor Edwin Ralph and Professor Keith Walker, PhD-U of S

Participants will engage in paired-dialogue, whole-group conversation, and experiential learning to examine and learn about the Adaptive Mentorship (AM) model and its application; and consequently to determine if/how they might adopt or adapt the model in their own mentorship practice within their respective areas.



Sponsored by the Saskatoon Health Region *Everyone Needs a Mentor!* initiative
Open to all Saskatoon Health Region employees

❖ **Register before Jan 6/2012—seats are limited!** ❖

Please register through the online training registration system—
search *Mentorship Symposium*.

*If you are unable to access this system to register please contact
Colleen Stewart—colleen.stewart@saskatohealthregion.ca or 655-3981*

