

Other Support

Hemophilia Saskatchewan

Hemophilia Saskatchewan (HSK) is the provincial chapter of the Canadian Hemophilia Society. HSK is a consumer-based, non-profit organization, which provides services to individuals and their families with inherited bleeding disorders.

For more information on Hemophilia Saskatchewan contact:

Saskatoon, Saskatchewan

Tel: (306) 653-4366

Toll Free: 1-866-953-4366

E-mail: hemosask@hemophilia.ca

www.hemophilia.ca

Pillars of Chronic Disease Management Program Design

Exercise

- Community based supervised exercise and rehabilitation programs providing personalized exercise prescription
- Education sessions
- Group and social support

Disease-Specific Management

- Inter-professional team working closely with individuals, their family, Family Physicians and Specialists.
- Evidence-based optimal care delivery.

Self-Management

- Individualized plan of action for patients
- Peer-led support classes through the LiveWellwith Chronic Conditions Program
- Enhance self-management skills

Provincial Program

- Saskatoon and Regina Clinics
- Pediatric and Adult
- Hospital and Community

Saskatchewan Bleeding Disorders Program (SBDP)

Royal University Hospital
103 Hospital Drive, Box 113
Saskatoon, SK S7N 0W8

Tel: (306) 655-6504

Fax: (306) 655-6426

E-mail: sbdp@saskatoonhealthregion.ca

<http://www.saskatoonhealthregion.ca> - click on "Your Health, Programs & Services, and look for Chronic Disease Management and then Saskatchewan Bleeding Disorders Program.



Saskatchewan Health

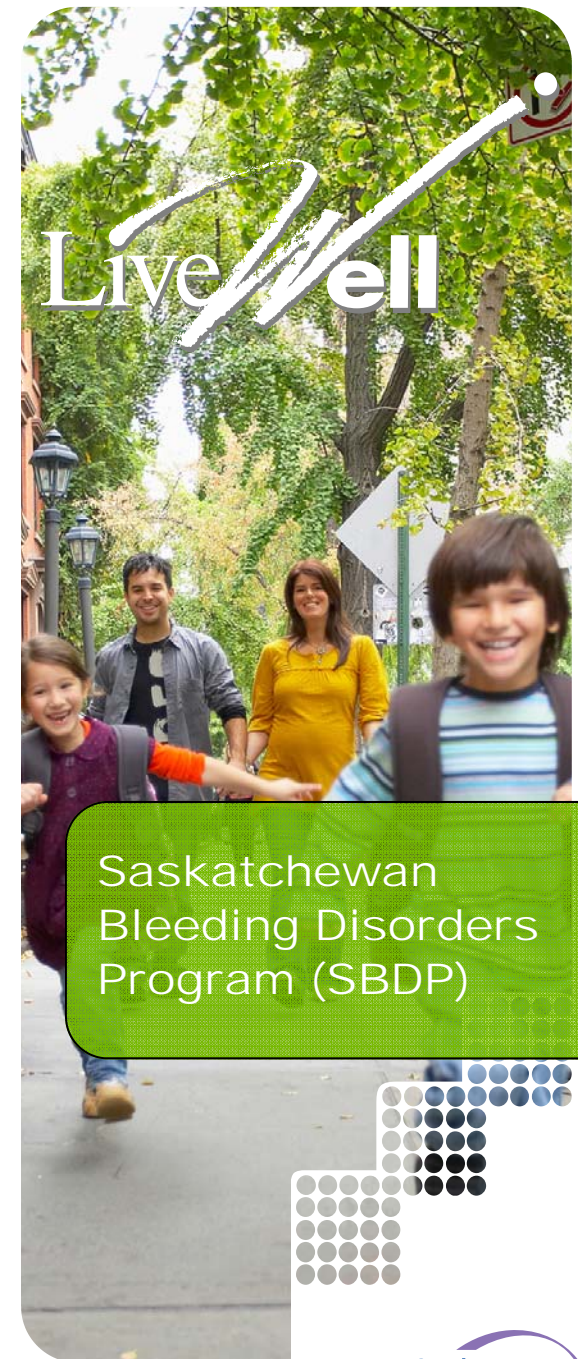


Saskatchewan Bleeding Disorders Program
Funded by Saskatchewan Health
Supported by Health Regions in Saskatchewan
www.health.gov.sk.ca/bleeding-disorders

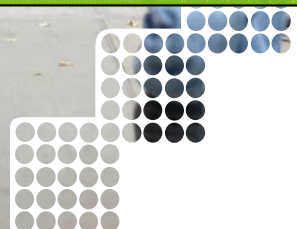
Program Hours:

Monday - Friday

8:00 a.m. - 4:30 p.m.



Saskatchewan Bleeding Disorders Program (SBDP)



Our Mission

The Saskatchewan Bleeding Disorders Program provides comprehensive care throughout the province to individuals and their families with hemophilia and other bleeding disorders in order to enhance and improve their health.

Our Goals

To ensure people with bleeding disorders have access to appropriate and timely health care services.

To educate, train, and support people with bleeding disorders, their families, the public, schools, employers and other health care professionals.

To ensure accountability for blood products used by people with bleeding disorders in Saskatchewan.

Program Referral

Patients are referred to the Program by their primary care physician. The Program staff will coordinate ongoing management together with the primary care physician.

Comprehensive Care Team

The Hematologists provide overall medical and laboratory assessment, develop therapeutic plans, and monitor provincial coagulation factor use. Once referred to the Program, patients will meet with one of our attending Hematologists.

The Clinical Nurse Coordinator provides coordination of care, teaching and support of patients and their families, facilitates access to services as required, and develops programs and resources to meet the Program's goals and objectives.

The Physical Therapist provides ongoing physical evaluation for all bleeding episodes, functional limitations and pain. Individualized treatment plans are developed with concepts to reinforce prevention and set functional goals. Education is provided for appropriate sports and recreational activities.

The Social Worker provides support, counseling and practical assistance to patients and their families who are affected by a bleeding disorder. The social worker makes referrals, liaisons with other community programs, and works with team members to develop and deliver programs and resources to serve people with bleeding disorders.

The Manager is responsible for the overall budget and management of the Program. Together with the Medical Director, the manager advocates for the Program and communicates with the patients and staff to ensure the Program's goals and patient needs are met.

Program staff are available Monday to Friday, 8:00 a.m. – 4:30 p.m. excluding Royal University Hospital bank days and statutory holidays.

Associated Services

Genetic Counselling – Genetic counselors teach families about inheritance patterns of bleeding disorders and the availability of genetic testing. Identification of family members who may be at risk for a bleeding disorder enables access to care, family planning and pregnancy management.

Dentistry – Bleeding Disorder Clinics are attended by the dental resident. Assessments and recommendations regarding dental care are made with follow-up treatment arranged through the College of Dentistry (fee for service) or with your own dentist.

In the management of bleeding disorders, referrals may also be made to:

- ◇ Consultant Hematologists
- ◇ Gynecologists
- ◇ Hepatologists
- ◇ Infectious Disease Specialists
- ◇ Orthopedic Surgeons
- ◇ Rheumatologists
- ◇ Other Specialists