

REGISTRATION

Registering for Sessions:

Present to the front desk at the Alvin Buckwold Child Development Program to have your child's name put on the CIMT waiting list.

You will receive a phone call to confirm the time and start date for your child's first session.

All sessions are held at the Alvin Buckwold Child Development Program located at the Kinsmen Children's Centre.

*Please register before each session at the front reception desk.



Our Vision

*Healthiest people
Healthiest communities
Exceptional service*

To learn more

Alvin Buckwold Child Development Program

Kinsmen Children's Center
1319 Colony Street
Saskatoon, SK S7N 2Z1

Telephone: (306) 655-1070
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Constraint Induced Movement Therapy (CIMT)



*Alvin Buckwold Child
Development Program*



INTRODUCTION

Constraint Induced Movement Therapy (CIMT) requires that the child's non-involved hand and wrist be immobilized with a splint or a cast. The splint or cast are to be worn during the child's waking hours. Activities will be available within the group to encourage specific hand function. A home program will be provided for each child with activities to be encouraged while at home or in other settings such as daycare, for the duration of the group.

A splint will be fabricated prior to the beginning of the group. There is a cost of \$20.00 for the splint. A formal assessment of the child's fine motor skills will be completed prior to the group and will be repeated shortly after the completion of the group.



WHO CAN ATTEND?

Target Group

Children who have been followed by an Occupational Therapist to increase the use of one upper extremity and are between the ages of 18 months and 3 years. Caregiver participation is required.

Caregiver permission is required prior to referral. Children must meet the Alvin Buckwold Child Development Program mandate and have had an assessment by an Occupational Therapist.

Children will participate in different centres promoting use of the target upper extremity. Children will be accompanied by their caregiver at all times. Assistance will be provided by an Occupational Therapist and therapy assistants.

Team Members:

Occupational Therapist, 2 Therapy Assistants

*Helping Your Child
to Use Both Hands
to Play*

GOALS/SESSIONS

Goals:

- To increase the functional use of the involved upper extremity.
- To provide a list of activities for home to encourage the use of the involved upper extremity.

Sessions:

Session 1: 09:30-11:30

May 9, 11, 16, 18, 23, 25, 30 and June 1st inclusive.

Participants are encouraged to attend all sessions.

Session 2:

October - dates to be determined.

Each session will last 2 hours with a maximum of 6 children per session.

