

Registering for sessions

Take this pamphlet to the front desk at Alvin Buckwold Child Development Program to have your child's name put on the Feeding Group waitlist.

We will try to place your child in a session with other children his/her age. You will receive a phone call to confirm the time and start date for your child's session. A package with forms for you to fill out and bring back to your first session will be mailed after you have received a confirmation phone call with your session date and time.

The last session in 2011 runs:

**Tuesdays October 4th - Nov. 29th
3:00 to 4:30 p.m.**

Stay tuned for upcoming 2012 Feeding Group dates.

All sessions are held at the Alvin Buckwold Child Development Program located at the Kinsmen Children's Centre. Please register before each session at the front reception desk.

*Strategies to
improve mealtime
behavior*



Our Vision

*Healthiest people
Healthiest communities
Exceptional service*

Alvin Buckwold Child Development Program

Kinsmen Children's Centre
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FEEDING GROUP



*Alvin Buckwold Child
Development
Program*



Program information

Target Group: Children who have been assessed at the Alvin Buckwold Child Development Program Feeding Clinic who were found to have very limited diets.

Parent permission is required prior to referral. Children must meet the Alvin Buckwold Child Development Program mandate, have a recent oral-motor assessment, and have been assessed as growing and gaining adequately by a Dietitian. Children should be able to follow two step directions.

Children will participate in a play-based group that focuses on increasing their comfort with a variety of food. Activities that encourage looking at, talking about, touching, smelling, exploring and eventually tasting food will be presented. A variety of sensory and behavioural strategies will be implemented.

*Making meal time
a more enjoyable
experience*

Who can attend

Typically, we try to select a mixed group of children so there is a complementary balance of outgoing, shy and social personalities.

Goals:

1. To provide education, strategies, and support to parents whose children have limited diets.
2. To build children's skills at accepting, exploring and experimenting with new foods.
3. To increase the variety in participants' diets.



Sessions

This group will consist of 8 sessions lasting 1 hour each with a maximum of 6 children/session.

Activities cover a range of themes that are designed to build your child's skill and comfort exploring food with their senses. Themes include:

- ◆ Shapes and sizes
- ◆ Colours
- ◆ Insides
- ◆ Mixtures

We also work on strategies to encourage children to drink more fluids.

Team members:

- ◆ Speech Language Pathologist
- ◆ Occupational Therapist
- ◆ Psychologist
- ◆ Dietitian

*Strategies to
improve mealtime
behavior*