

Stepping Stones

The Stepping Stones Program was developed in Australia by the University of Queensland and the Disability Services Commission of Western Australia. Many parents have found the program helpful and its useful ideas about positive parenting may help promote your child's development.

Stepping Stones Triple P aims to make parenting children with disabilities easier. Parenting a child with a disability may be rewarding but also demanding. The Stepping Stones Program recognizes there is no one right way to parent. Parents ultimately develop their own approach that fits with their values and family situation.

Stepping Stones Triple P aims to make parenting children with disabilities easier.



Our Vision

*Healthiest people
Healthiest communities
Exceptional service*

ALVIN BUCKWOLD CHILD DEVELOPMENT PROGRAM

Kinsmen Children's Centre
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POSITIVE PARENTING PROGRAM



ALVIN BUCKWOLD CHILD DEVELOPMENT PROGRAM



Positive Parenting Program

Who can attend? This group is open to parents who have children that are at risk for developmental, cognitive and/or physical challenges.

How to register: Please call 655-1070.

Location: Alvin Buckwold Child Development Program located in Kinsmen Children's Centre - 1319 Colony Street; Saskatoon, Sk S7N 2Z1

The Stepping Stones parent groups will be offered in 3 modules. Participate in 1 or all 3 modules - in any order.

Each session includes opportunities:

- to meet & share experiences with other parents
- to gain useful ideas to help meet the challenges of raising a child with a disability, and
- to practice new skills

Module 1: Overview of Positive Parenting (1 session)

Discuss positive parenting as an approach to raising children who have a disability. Learn about the factors which influence a child's behaviour. Practice setting goals and learn how to track behaviours

Fall Session:
Tues. Sept. 27, 2011
1:30 - 3:00

Module 2: Teaching New Skills & Behaviours (2 sessions)

Think about the behaviours and skills you want to encourage & learn how to promote those skills through encouragement and enhancing your relationship with your child. Learn strategies to teach new skills. Typically, problem behaviours decrease when a child learns appropriate skills

Fall Session:
Tues. Oct. 4th and Oct. 18th, 2011
1:30 - 3:00 pm



Module 3: Managing Problem Behaviours (2 sessions)

Learn and practice more strategies to manage problem behaviours. Practice planning for 'high risk' situations when problem behaviours may emerge and design routines for planned activities.

Fall Session:
Tues. Oct. 25th and Nov. 1st, 2011
1:30-3:00 pm

You may register for one or more modules.

*Discuss positive
parenting...*