



Optimizing Chronic Disease Management

Diabetes Program – Education/or Medical Referral

Saskatoon Health Region
103 Hospital Dr., Saskatoon, SK S7N 0W8
Ph: (306) 655-2137 Fax: (306) 655-6758

Date: _____

Name: _____ (previous/Maiden Name): _____
Street Address: _____ City/Town: _____
Postal Code: _____ DOB: _____ PHN: _____
Home Phone: _____ Business Phone: _____ Cell phone: _____
Referring Physician: _____ Phone: _____ Fax: _____

Attach CDM flowsheet used in your practice **OR**
 Attach relevant lab work ie GTT, A1C, Lipid Profile, Urine ACR, Creatinine Clearance, TSH, etc

NEW DIAGNOSIS type 1 type 2 Pre-diabetes Metabolic Syndrome
OR
 PRE-EXISTING DIABETES type 1 type 2 Year of diagnosis _____

Diabetes Treatment

- Oral Agents (please list)

- Insulin (please indicate type, frequency)

- Insulin Pump

Complications:

- Retinopathy CVD
 - Nephropathy Neuropathy
 - PVD Stroke
- Other Medical Specialists Involved in Care: _____

Wt: _____ **Ht:** _____ **BMI:** _____

Other Relevant medical history:

- Hypertension

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Home Care Client Yes No

List all current medications: (name, dose, frequency OR attach PIP print out)

Any considerations for group learning?

Check if applicable: hearing vision psychological language other _____

Is an interpreter required for language? yes **Hearing?** yes

This referral is for: (please check one)

- Education ONLY**

- Education AND Diabetes Physician Group**
 - All will be offered an educator visit prior to the physician appointment
 - Client will be booked with first available physician from group.
 - For general endocrine referrals, ie thyroid, fax directly to 966-7926

Services provided for people with type 1 diabetes

- Considered an urgent booking for education & medical appt.
- All will be offered yearly recall with educator/specialist, alternating every 6 months.

Services provided for people with type 2 diabetes

- Seen individually or in group. Most do not need a medical referral (underline do not need)
- Medical referral - seen short term by educator/specialist (max 6 mos) & care returned to family physician

AIM 4 Health - education/outreach services targeted to Aboriginal and Immigrant clients.

Check this section if you feel your client may benefit from this service.

