



Resource Room News

A Publication of The Family Resource Room at
Kinsmen Children's Centre (306) 655-6871
Partners with Families Helping Children

Special points of interest:

- * New format for the Resource Room News!
- * Social Work presents: Parent Information Sessions
- * Autism seminars
- * Volunteers Needed!
- * Infection Prevention and Control feature "Bug of the Month" information
- * RDSP update

We Need You!

Support workers and respite caregivers needed...

The Community Living Association Saskatoon Inc. (CLASI) has permanent part time positions available for hire starting at \$10.50 per hour. The duties include providing care and companionship to children, youth, or adults with intellectual disabilities. To apply call or email CLASI:

Phone: 652-9111
Fax: 652-9112
Email: sacl1@sasktel.net
or: fmd@saskatoonacl.ca



Fall / Winter 2008 Volume 6 Issue 2

Transitions...what's next after KCC?

Parent Information Sessions

The Alvin Buckwold Child Development Program Department of Social Work is hosting Parent Information Sessions on **September 24 and December 3, 2008 at 3 p.m. and 7 p.m.** called "Understanding The System". The sessions will explore resources and services available to families. There will be displays, presentations, and time for sharing and refreshments. If you wish to attend please call **Linda Charlton at: 655- 1085.**

Transitions... Moving On ...

A referral to Adult Services at Saskatoon City Hospital may occur when your child reaches the age of 18. They will be graduating from the services at Kinsmen Children's Centre. There will be an Open House **Monday, October 6, 2008 from 2:00p.m. to 3:30p.m.** at Saskatoon City Hospital in Adult Rehabilitation Services on the 7th floor. This is a great opportunity to visit Adult Services, have a tour of the facilities, and meet the doctors and therapists who will be



forming your new team. The information provided at the Open House will make it easier for you to move through the transition from child to adult services. If you wish to attend please call **Shelley Hamilton at: 655-1266.**

Autism Public Seminar via Telehealth at KCC

"Establishing a Multidisciplinary Service for Children and Youth with Autism"

Dr. Lonnie Zwaigenbaum (co director of the Autism Research Centre), and social worker Ms. Barb Trail (coordinator of the Autism Follow Up Clinic) both based at the Glenrose Rehabilitation Hospital in Edmonton will be discussing the establishment of a multidisciplinary Autism follow up clinic at Glenrose.

The Follow up clinic provides medical consultation, support to families at key times including post diagnosis and transition to adolescence and adulthood, and assessment / intervention for specific challenges, including feeding issues and behavioral problems. The seminar will be broadcast via Telehealth in room 1068 on **Thursday, October 30, 2008 from 3:30 - 5:30 pm. At Kinsmen Children's Centre, 1319 Colony Street, in Saskatoon.** For more information contact Dr. Rupal Bonli at 655-2348.

Understanding, Avoiding and Managing Behaviours in ASD and Interventions in Autism Spectrum Disorder... Essential Elements of Positive Practice and Visual Strategies for Teaching Children to Read

Presented by the Autism Awareness Centre Inc., this **2 day conference** is for educators, parents, speech/language pathologists, occupational therapists and those who live and work with children who have Autism Spectrum Disorder. Dr. Rita Jordan, BSc. MSc. MA. PhD. C. Psychology and Leslie Broun coauthor of Literacy Skill Development for Students with Special Needs are the presenters.



At the conference you will learn practical skills that can be immediately implemented into existing curriculum and training programs, at home or in the school.

The conference dates are October 24 & 25, 2008 at TCU Place in Saskatoon. Parent rates start at: \$126 for one day and \$210 for both days for the early bird registration prior to

October 10, 2008. For more information and registration forms call toll free at 1-866-724-2224 or 780-474-8355, Email: vharris@shaw.cw or register online at: www.autismawarenesscentre.org

Deadline for registration is October 17, 2008

Autism Website of Interest...

SASKFEAT is a provincial organization made up of families, friends and dedicated professionals who have a genuine interest and concern with the well being and development of individuals with autism or within the autism spectrum. To find out more or contact them please see the information below or visit the website: www.saskfeat.com

SASKFEAT
email saskfeat@hotmail.com
BOX 2545
Tisdale, Saskatchewan, S0E1T0

SASKFEAT is currently hosting a meeting on the fourth Wednesday of the month on the web with the use of SKYPE. If you would like to join in please contact Tim Verklan at saskfeat@hotmail.com or give him a call at home: 306-862-4768.

Volunteers and Workers needed...

Autism Services is looking for post secondary students in the fields of psychology, social work, kinesiology, recreational therapy, special education, and other related fields to volunteer and, or, work for the fall, winter, and spring recreation and social programs. Please see the website for more information:

www.autismservices.ca or contact:

Gail Duncombe at Autism Services in Saskatoon at: 665-7013 extension 3.

Gear Up for a Good Cause! 18th Annual Great Canadian Stationary Bike Race

Gear up for the Saskatchewan Cerebral Palsy Association's **18th Annual Great Canadian Stationary Bike Race** on **Saturday, October 18th, 2008** (8:30 am – 5:00 pm) at The Mall at Lawson Heights in Saskatoon.

Put together your team of 8 riders to take part in a day of fun, food, entertainment, friendly competition, and great prizes. You don't have to be an athlete to participate! **Beeper the Clown will be there from**

12:30pm - 2:00pm making balloon animals for the kids. This is the major fundraiser for the CPA and all are welcome to join in the fun for a very worthy cause. **For more information or to register your team, call 651-3118.**

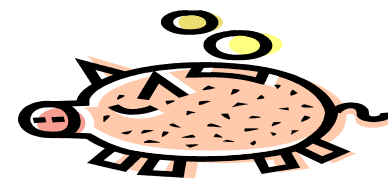


Registered Disability Savings Plan

According to the **Canada Revenue Agency's website** the **Registered Disability Savings Plan** is set up to provide for the long term financial security of a beneficiary who has a prolonged and severe physical or mental impairment. The beneficiary named under an RDSP must be eligible to receive the [disability tax credit](#).

Contributions can be made to the plan by the beneficiary, by their parents or family members, or by other authorized contributors. Contributions are not tax deductible. However, the earnings

generated on contributions are tax exempt while they stay in the plan. When earnings are withdrawn as part of a disability assistance payment, they are taxable in the hands of the beneficiary. Contributions to an RDSP may be supplemented by payments from the **Canada Disability Savings Grant Program**. Lower income families may qualify for payments from the **Canada Disability Savings Bond Program** without having to make a contribution to an RDSP. These programs are administered by [Human Resources and Social Development Canada \(HRSDC\)](#).

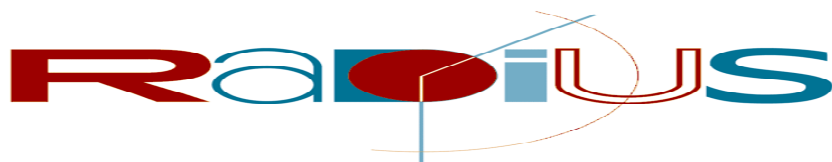


The Registered Disability Savings Plan is expected to be available at financial institutions in December 2008.

Disability Tax Credit and Child Disability Tax Benefit: For information and forms contact the Family Resource Room at 655-6871, or go to the Canada Revenue Agency website where you can download forms and information at: <http://www.cra-arc.gc.ca/formspubs/menu-e.html> or call toll free: Canada Revenue Agency at 1-800-387-1193.

PLANNED LIFETIME ADVOCACY NETWORK (PLAN)

The Planned Lifetime Advocacy network is a non-profit organization, established in 1989 by and for families committed to future planning and securing a good life for their relative with a disability. PLAN provides information, assistance and support; facilitates social networks so people will not be alone when their parents pass away; and advocates for changes in laws to make it easier for families to secure a good life for their relatives with disabilities. They offer **online courses about financial planning such as wills, trusts and estates and much more**. A new **RDSP calculator** is available to download from PLAN's website for you to project what the your RDSP will be worth. For more detailed information about PLAN and the RDSP, visit the website at www.plan.ca or rdsp.com.



Radius Acquired Brain Injury Community Integration Service is looking to hire people with a minimum of one year post-secondary training in the human service field for their Youth Companion Program. This Youth Companion Program will address the support needs, interests and choices of youth ages 13 to 22, when they are not in school. Radius is seeking companions who will be responsible to help facilitate participation of youth with a disability in recreational and leisure activities, typical of their age group.

If interested in applying or obtaining more information please contact Danielle White at:

Phone: 306-665-0362

Fax: 306-665-5579

Email: ycp.radius@sasktel.net

St. Thomas Moore College



UNIVERSITY OF
SASKATCHEWAN

COOL RESEARCH OPPORTUNITY!

Youth with recurrent or chronic pain (e.g., stomach ache, joint ache) who are between the ages of 8-16 years are invited to take part in a **study about memory for pain**. Prizes will be given for participation and parents/guardians will be entered into two \$100.00 draws.

If you wish to participate please call:
966-8314

or email focusonmemory@stmcollege.ca

or visit us online at

www.usask.ca/childpain/memory

“Bug of the Month” : Infection Prevention and Control

MRSA: What is it?

Staphylococcus aureus or “staph” is a common bacteria carried on the skin and in the noses of healthy people. (see why mom always said “don’t pick your nose!”) Pimples, boils, and other skin conditions are caused by staph as are more serious infections in the blood, lungs and other tissues. **MRSA** is commonly referred to as a “super bug” because it has become resistant to certain antibiotics (methicillin and other penicillins) used to treat an infection. The resistance is to the antibiotics only not cleansers or



Hand Cleansing with Water:

- Wet hands under warm running water.
- Apply soap and rub together for at least 15 seconds, washing well between the fingers and around nails.
- Rinse well with warm running water.
- Dry with hand towel or paper towel.
- Turn the tap off using paper towel or hand towel (remember...your hands were dirty when you turned on the tap).
- Throw the paper towel in the trash. If you are using a hand towel, do not share it with other people and wash it often.

disinfectants. There are other antibiotics that will successfully treat MRSA.

How is MRSA Spread?

Contact! MRSA is spread by coming in contact with MRSA infected skin, using personal items of someone with MRSA (towels, razors etc.), or on the hands of someone who has touched MRSA contaminated objects. Healthy people are usually not at risk but the germs can survive on surfaces for a long time. Of course you also would not want to be sneezed upon by someone who is infected by or carries MRSA. So, do wash your hands after you go to the bathroom, after coughing/ sneezing, touching or blowing your nose (or child’s nose), and before preparing or eating food.

Hand Cleansing with Hand Sanitizer:

- Apply approximately 1 tsp. of sanitizer to your palm.
- Cover each area, rubbing vigorously and interlacing fingers.
- Rub for 10 - 15 seconds until hands are dry.
- Do not rinse off.

For a more detailed fact sheet on MRSA and other bugs visit the SHR website: www.saskatoonhealthregion.ca Go to “Your Health” and click on: Programs & Services, then click on Infection Prevention & Control.



Hand washing is the best line of defense!

In addition to hand washing good personal hygiene and care when cleaning your house etc. will reduce the spread of MRSA to others at home and in the community. **If you or your child has MRSA** please observe hand washing and contact precautions. **Always tell your physicians, nurses, therapists and other care providers so that the proper precautions can be taken for all to prevent the spread of MRSA. You will not be judged and your disclosure of information is confidential and very much appreciated. We can all work together to help everyone to be MRSA free.**



We want to hear from you!

Do you have any questions, comments, or suggestions about the Family Resource Room or the newsletter? Please let us know...

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1319 Colony Street
Saskatoon, Saskatchewan
S7N 2Z1**

Phone: (306) 655-6871

fax: (306) 655-1449

Email:

kccfr@saskatoonhealthregion.ca

Back issues of the newsletter have great information on the SHR website:

www.saskatoonhealthregion.ca

Go to “Your Health” and click on: Programs & Services, then click on the Alvin Buckwold Child Development Program, then click on Family Resource Room, and click Family resource room news.