

Put Life Back in Your Life



Put Life Back Into Your Life.

Consider a
With Chronic Conditions Workshop.

I was tired. I hurt all the time. It felt like my health problems were telling me what I could and couldn't do.

LiveWell With Chronic Conditions workshops put me back in charge. Now I have the energy to do the things that matter.

I've put life back in my life!

U of S Student Health Centre	Mondays 4:30 – 7:00 pm FULL	Jan. 9 - Feb. 13, 2012
Resurrection Lutheran Church Saskatoon	Peer Leader Training FULL	Jan. 16-19, 2012
Humboldt Library	Mondays 1:30-4:00 pm	Feb. 27- April 2, 2012
Saskatoon Field House (Meeting Room #1)	Mondays 1:00-3:30 pm	Feb. 27 – April 2, 2012
Preston Park Residence Saskatoon	Mondays 1:30 – 4:00 pm	April 16 – May 28, 2012 (no class on May 21 st)
Saskatoon	Peer Leader/Master Training	May 7 – 11, 2012

Sign up now for a
LiveWell Workshop!