

Resource Room News

A Publication of The Family Resource Room at
Kinsmen Children's Centre (306) 655-6871
Summer Newsletter 2006 Volume 4, Issue 2

Partners with Families Helping Children



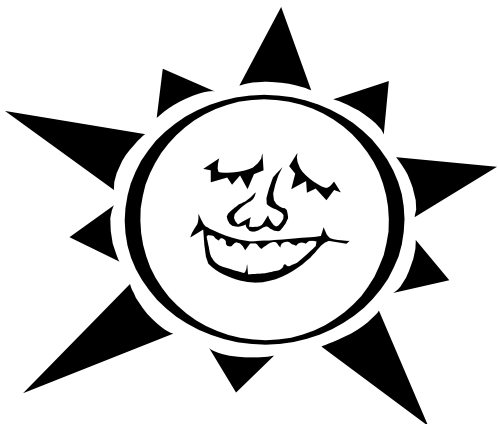
Summer Fun!

Looking for something to do this summer? The following community agencies have recreation programs available. Program information has been posted at Kinsmen Children Centre on the Family Resource Room Parent Information Board and the bulletin board in the reception area. **Programs are on a first come, first served basis so don't wait to call.** Registration forms for most programs are available in the Family Resource Room or by contacting the agencies directly as listed below.

The **City of Saskatoon Summer Integrative Program** is running again this summer. Their goal is to provide support for children and youth with disabilities so that they may attend the playgrounds and youth centre programs offered by the Community Development Branch. Supports may include specialized training resources provided to playground leaders, provision of adapted play equipment, or a one-to-one play assistant. If you are interested please call Jodi at (306) 975-3381.

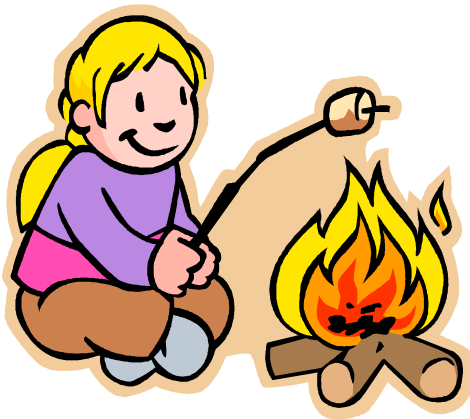
The Abilities Council in addition to Camp Easter Seal has Summer Fun programs for those ages 6– 22 years with a physical disability. The program provides opportunities to make new friends, learn new skills and enjoy safe and challenging outings within the community. Activities may include bowling, swimming, tours, the Exhibition, fishing and much more. Please contact Janine at (306) 664-7207 or email jbaumann@abilitiescouncil.sk.ca.

The **ABI (Acquired Brain Injury) Partnership** offers “The Quest” summer camp experience for those ages 10-16 years. Campers outside of this age range will be considered on an individual basis. Canoeing, swimming, crafts, campfires, games and archery are a few of the many activities there for campers to enjoy. Please contact Mark at (306) 665-6682 for more information.



Autism Services is offering a wide range of recreational activity weeks for children, adolescents and young adults on the autism spectrum. Therapeutic horseback riding, swimming, arts and crafts, mini golf, and games are some of the many activities offered. Please call (306) 665-7013 or go to the website at www.autismservices.ca for more information.

(more program information on next page...)



Camp Critter is a completely wheelchair accessible day camp designed specifically for those ages 4-8 years who have Cerebral Palsy or other neuro-motor disabilities. Some use wheelchairs while others do not. Transportation is also available. Join in for games, visits to the spray parks, the zoo, and meeting new friends. Please call Gwen from the **Saskatchewan Cerebral Palsy Association** for more information and registration at (306) 955-7272 or email: saskcpa@shaw.ca.

Summer camps for children and youth with disabilities are also being offered by the **Saskatoon Association for Community Living** for ages 6-12 years and up. Please call (306) 652-9111 or email: sacljr@sasktel.net.

The **Camp Horizon Canadian Ostomy Camp** is for children ages 9-18 who have had or will have bladder diversionary surgery or related special needs (i.e.: self catheterization, bowel and bladder incontinence), due to birth defects, trauma, or disease (i.e.: Crohn's disease, ulcerative colitis, cancer, spina bifida). The camp provides an opportunity for youth who have ostomies etc. to attend camp and participate in camp activities under professional supervision. For more information contact Sandy / Teri at (306) 655-2138 or Marlyne (306) 249-5731.

The **Saskatchewan Camping Association** camping guide compiles camp information from agencies, religious, and private camps. The guide is available in the Family Resource Room or you may access the information online at: www.saskcamping.ca. You may contact them directly for a list of camps with services for those with special needs by calling: (306) 586-4026, cell# (306) 535-6916, (306) 244-2912 or email: donna@sasktel.net.

The **University of Saskatchewan** College of Kinesiology once again has the **P.A.A.L.S. (Physical Activity for Active Living)** program for children, youth and adults with physical and/or intellectual impairments. Programs focus on fun, skill development, and social interaction. Aquatics, gymnastics, creative games, and movement education all combine to make summer a fun time for all. For more information call: (306) 966-1001 or go to the website at www.usask.ca/kinesiology.

Information about wheelchair basketball for those with Spina Bifida as well as able bodied youth is available through the **Saskatchewan Wheelchair Sports Association** at (306) 975-0824.

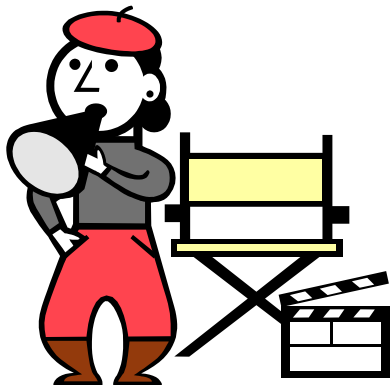
The **Saskatoon Riversdale Kiwanis** Little League Baseball is already under way for ages 7-14 years and open to all abilities. Check out the website at www.srklittleleague.ca for more information or call (306) 384-6827.



The **Canadian Soccer Association (CSA)** and the **Canadian Cerebral Palsy Sports Association (CCPSA)** have been looking for soccer players. Players who have mild Cerebral Palsy, head injury, and recovering stroke victims are encouraged to participate. Training camps are offered and international competition such as the Paralympic Games are an option for those 16 years of age and older. The organization is interested in developing a youth program. For more information call: Drew Ferguson at: (604) 485-7485, CCPSA at: (613) 748-1430, or CSA (613) 237-7678.

And Now Hear This...

The **Access 2 Entertainment** card allows persons with a disability to receive either free admission or a significant discount for their support person at movie theatres across Canada. This program was developed by an advisory group of nine national disability organizations in conjunction with Famous Players and Cineplex Galaxy. Persons with a permanent disability who require a support person when attending a movie theatre are eligible for the card. A support person is an individual who accompanies a person with a disability to provide those services that are not provided by theatre employees, such as assisting the person with eating, administering medication, communication and the use of the facilities. Forms and information about the program are available in the Family Resource Room. To locate accessible resources and access to entertainment partners in your community, please visit Access Guide Canada at: www.abilities.ca/agc.



New Online Library Service...

The **Saskatchewan Association for Community Living (SACL)** is proud to announce a new service through its **John Dolan Resource Centre**. The **Online Public Access Catalogue (OPAC)** will allow patrons to search the extensive library holdings and place orders for materials, all online. There are plans for the Family Resource Room at Kinsmen Children Centre to connect to the new system in the future. By linking up with OPAC parents and families will have access on line to the resources of the Family Resource Room as well. To access the system you must become an online patron. You may contact the resource centre librarian at SACL to receive you user name and password at (306) 955-3344, extension 20.



More News...

The **Saskatchewan Cerebral Palsy Association (SCPA)** is promoting the "Pay Me to Pedal" fundraising event. Schools and professional organizations are invited to contribute their time to this worthy endeavor. It is a great opportunity for groups to get involved in the community by hosting a stationary bike race. The program raises money, some of which may return to the community or school, for the purchase of special needs equipment or services. Stationary exercise bikes are brought to the location for people to collect pledges for the time they ride the bikes. There are prizes for top fundraiser and a whole lot of fun for all who participate. Detailed information about this and other activities of the SCPA are available on their website at: <http://members.shaw.ca/saskcpasbr/>. October 21, 2006 is the day for the 16th Annual Great Canadian Stationary Bike Race in the Abilities Council Gym at 2310 Louse Avenue in Saskatoon. To enroll your team of eight cyclists please contact The Saskatchewan Cerebral Palsy Association at: (306) 955-7272 or toll free at: 1-800-925-4524.

The **Spina Bifida and Hydrocephalus Association of Saskatchewan North** is holding their 12th annual members family barbeque and pool party on Sunday June 25, 2006 from 2:30pm-5:30pm. Please bring life jackets, swim gear, and lawn chairs. Supper will be provided. Call Shelley at (306) 477-0819 to RSVP before June 20, 2006.

Surviving problem behaviors....

Introductory course offered in Regina:

Becoming a Behavioral Detective...

Understanding and Surviving Complex Behaviors



This introductory course is designed to assist parent, teachers, caregivers, and professionals, in the educational and mental health field, learn to support children with behavioral challenges and learning problems. The sensory processing approach assists caregiver and professionals in “looking beyond the behavior” and into the nervous system. It helps with understanding how the child’s behavior is a manner of coping. Strategies in adapting the environment, altering interaction, and providing appropriate supports for children who have difficulty with processing sensory information will be provided.

Many children with different diagnoses experience challenges in the manner in which they process sensory information. (For example, learning disabilities, developmental coordination disorder, ADD/ADHD, autism spectrum disorder, cerebral palsy and emotional/behavioral disorders.) This workshop is designed to assist in evaluating behaviors and learning based on observations that look beyond the label.

The presenter at the conference will be Kim Barthel. Kim is an occupational therapist, consultant and owner of Labyrinth Therapies in Victoria B.C. She is a neuro-Developmental Treatment-OT Instructor and a teacher of Sensory Integration Therapy. The deadline and fees for registration are: \$75.00 by July 15th and \$100.00 by the final deadline of September 01, 2006. You may contact Barb Hodgson to register at (306) 766-5765 or email: barbara.hodgson@rqhealth.ca . Registration forms are available in the Family Resource Room at Kinsmen Children's Centre.

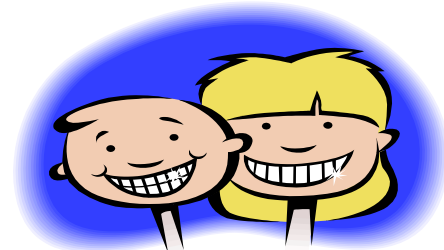
Lead Warning!

From: Vincent Iannelli, M.D. About.com Pediatrician Reporter (March 2006 Article)

The U.S. Consumer Product Safety Commission and Reebok International Ltd. is recalling about 300,000 heart shaped charm bracelets with the name “Reebok” engraved on the charm that were given away with shoes over the past few years.. The recalled charm has high levels of lead, which may put your child at risk for lead poisoning, and which reportedly caused the death of a 4 year old child who swallowed a piece of the bracelet. If your child has one of these bracelets you should take it away immediately and throw it away.

This follows the recall of toy jewelry sold at Dollar Tree Stores (U.S.A.) and Beaded Photo Charm Bracelets sold by the Oriental Trading Company, because they also have high levels of lead. We get a lot of imported items in the local dollar stores here in Canada. Therefore, just a caution against buying your child toy metallic jewelry if you don’t know the lead content or where it comes from.

Laughter is Good for You!



When the mother returned from the grocery store, her small son pulled out the box of animal crackers he had begged for. Then he spread the animal crackers out all over the kitchen counter. “What are you doing?” his mom asked. “The box says you can’t eat them if the seal is broken,” the boy explained. “I’m looking for the seal.”