

How do you take your medications?

It is important for your treatment to tell us about all the medications, treatments, or supplements you are taking. Carry an up-to-date list of all your medications with you at all times. A personal medication form is available at: http://www.saskatoonhealthregion.ca/your_health/ps_patient_safety.htm

Prescription Medication:

Anything a Doctor may have prescribed for you



Over the Counter (non-prescription):

Anything you may buy to treat yourself (example: Aspirin)



Samples: Anything given to you by a doctor or clinic to try to cure a condition or improve your health



Herbal remedies:

Anything you take to improve your health or fitness



Eyes - Drops

By Mouth – Liquid or Pills

By Mouth – Inhaler, Spray

Skin – Patches, Lotions, Creams, Ointments

Ears - Drops

Nose – Sprays, Drops

Injections - needle

Suppositories

