






20-150 Appendix A - Healthcare Worker (HCW) DONNING Personal Protective Equipment (PPE) Procedure

Note: At any time during donning of PPE, you feel you have contaminated your hands, perform hand hygiene and then continue with donning of PPE.

1. Perform hand hygiene	
	<ul style="list-style-type: none"> • HCW will perform hand hygiene following Policy 20 – 20 Hand Hygiene • Alcohol-based hand rub (ABHR) is preferred • Soap and water is used when hands are visibly soiled and for CDI • Both methods are effective
2. Put on gown	
	<ul style="list-style-type: none"> • Don the gown by placing each arm into the sleeves, opening at the back • Secure the neck of the gown • Secure the waist with the ties
3. Face and Eye protection	
Put on mask/face shield	
	<p>For Droplet or Droplet and Contact Precautions:</p> <ul style="list-style-type: none"> • Secure the ties, loops or straps • Pull the bottom of the mask down under the chin • Place middle fingers on the bridge of the nose and “walk” the index finger down the sides of the nose pressing and moulding the wire to the face

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N95 Respirator		
		<p>For Airborne Precautions:</p> <ul style="list-style-type: none"> • Select NIOSH approved N95 respirator you have been FIT tested for • Remove prescription glasses • Follow the application steps for assigned fit-tested N95 respirator • Put prescription glasses on – do not push to fit • See SHR OH&S Employee N95 Respirator Assessment Tool: http://inonet.sktnhr.ca/peopleandpartnerships/occupational-health-safety/Documents/Fit-Testing/Poster_SHR_Staff_N95AssessmentTool_VF20150330.pdf
4. Put on gloves		
		<ul style="list-style-type: none"> • Choose appropriate size of glove • Put on gloves, taking care not to tear or puncture • Ensure that the cuff of the glove covers the cuff of the gown