








**20-150 Appendix B - Healthcare Worker (HCW) DOFFING Personal Protective Equipment (PPE) Procedure**

**Note:** At any time during doffing of PPE, you feel you have contaminated your hands, perform hand hygiene and then continue with doffing of PPE.

1. Remove gloves	
	<ul style="list-style-type: none"> <li>• The outside of gloves are contaminated</li> <li>• Take off gloves at doorway just inside the client room/space</li> <li>• Glove-to-glove, pull forward and discard</li> <li>• Then place fingers under other glove cuff pull forward and discard</li> <li>• Discard one at a time – do not ball gloves together to minimize risk of self-contamination</li> </ul>
2. Perform hand hygiene	
	<ul style="list-style-type: none"> <li>• Perform hand hygiene following <a href="#">Policy 20 – 20 Hand Hygiene</a></li> <li>• Soap and water is used when hands are visibly soiled and for CDI</li> </ul>
3. Remove gown	
	<ul style="list-style-type: none"> <li>• Untie at neck and then the waist</li> <li>• Slide 2 fingers under cuff of gown; pull hand into gown.</li> <li>• Using covered hand, grab opposite sleeve and pull over hand</li> <li>• Fold gown inward, rolling it outside-in, away from you</li> <li>• Then place in disposal receptacle</li> </ul>

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<b>4. Perform hand hygiene</b>	
	<ul style="list-style-type: none"> <li>Perform hand hygiene following <a href="#">Policy 20 – 20 Hand Hygiene</a></li> <li>Soap and water is used when hands are visibly soiled and for CDI</li> </ul>
<b>5. Remove mask/visor or N95 respirator</b>	
<b>Removal of mask/visor</b>	
	<p>Avoid touching the contaminated area on the front of all types of eye and face protection.</p> <ul style="list-style-type: none"> <li>Grasp the elastic behind both ears, unhook from ear and pull away from side of head and simultaneously extending arms forward to remove the mask and visor from the face</li> <li>Dispose of the mask in the waste receptacle</li> </ul>
<b>Removal of N95 respirator</b>	
	<p>If wearing a N95 particulate respirator remove it in the anteroom or outside the client room</p> <ul style="list-style-type: none"> <li>Remove prescription glasses if not already done so</li> <li>Both hands go to base of neck, grasp bottom strap lifting up and over keeping hands away from front of respirator and pull past chin</li> <li>Hold bottom strap taught with one hand, your free hand goes to your ear, grasp top strap lifting up and overhead</li> <li>Bring both arms forward and bring the respirator away from your face and discard</li> </ul>
<b>6. Perform hand hygiene</b>	
	<ul style="list-style-type: none"> <li>Perform hand hygiene following <a href="#">Policy 20 – 20 Hand Hygiene</a></li> <li>Soap and water is used when hands are visibly soiled and for CDI</li> </ul>