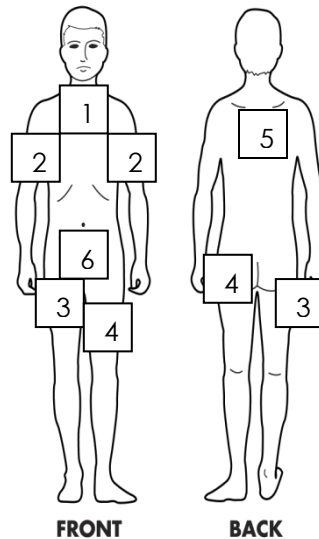


40-115 Appendix D – CHG 2% Pre-moistened Disposable Washcloth Protocol – LTC

Use 1 clean washcloth to prep each area of the body in order as shown in steps 1 to 6 (see diagram). Complete the top part of the body; cover lightly the move to lower part of the body. Wipe each area in a back-and-forth motion. Be sure to wipe each area thoroughly.

- **First Cloth:** Wipe the **chin, neck, chest** and **stomach**.
- **Second Cloth:** Wipe both **arms** starting each with the shoulder and ending at the fingertip. Be sure to thoroughly wipe the underarms.
- **Third Cloth:** Wipe the first **leg** starting at the thigh and ending at the toes.
- **Fourth Cloth:** Wipe the **other leg**, starting at the thigh and ending at the toes.
- **Fifth Cloth:** Wipe the **back** starting at the base of the neck and ending at the waist line. Cover as much area as possible.
- **Sixth Cloth:** Wipe the **right and left hips, then groin and buttocks**. Be sure to wipe folds in the stomach and groin areas.



- Do not rinse, apply lotions, moisturizers or makeup immediately after application.
- Discard disposable washcloths in the garbage (do not flush in toilet).
- Allow client's skin to air dry.
- Dress in clean sleepwear.