
Contact Precautions

Long Term Care Family and Visitor Information

Your family member or friend has been placed on Contact Precautions will be placed in a room with an orange sign indicating Contact Precautions. Spread of germs to other residents, staff or visitors. This spread can happen when people have direct contact with the resident or surfaces in the room. **If you have any questions, please speak to the nurse before entering the room.**

Additional Precautions in Resident Rooms (Single or Multi-bed):

- If you are sitting on a wipe able chair in the resident's room but having no contact - gown and gloves are not required. Wash your hands well when leaving the room.
- If you are providing direct care to the resident (i.e., assisting a resident who is in bed with a meal, bathing or positioning) - a gown and gloves are required.

Important Points:

1. Take valuables into the room and place on paper towel.
2. Do not use the resident's washroom; or sit on their bed or on their cloth chair.
3. Visit the resident on contact precautions after any other residents you may want to visit.
4. Clean your hands well before using common areas (TV lounges, kitchen area or nutrition carts) and upon leaving the room of a resident on precautions.
5. If the resident on precautions wants to leave their room, they must wash their hands. Please assist them as necessary.

Wash your hands or use hand sanitizer before and after you visit and after resident contact.

Safely Removing Gown and Gloves

NOTE: If you remove your gown and gloves incorrectly, you can get germs on yourself or the environment.

NOTE: Remove your gown and gloves before you leave the room or at the doorway to the resident's room.

1. Remove gloves first as shown. Discard into garbage.



- The outside of gloves are contaminated
- Take off gloves at doorway just inside the client room/space
- Glove-to-glove, pull forward and discard
- Then place fingers under other glove cuff pull forward and discard
- Discard one at a time – do not ball gloves together to minimize risk of self-contamination

2. Perform hand hygiene. See next page for instructions.

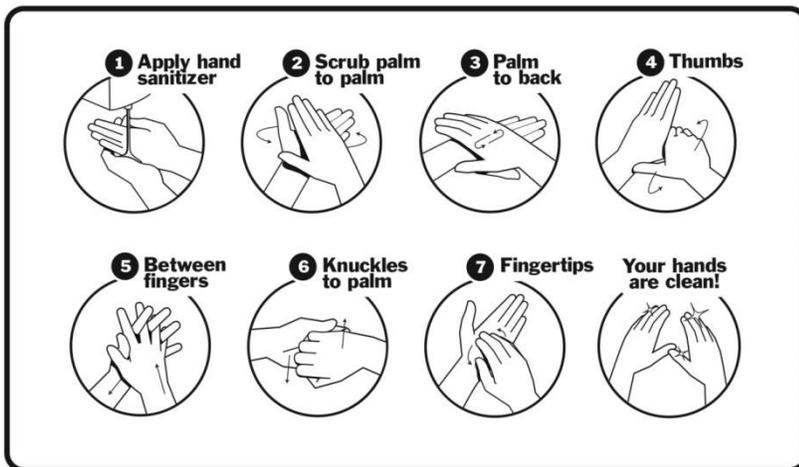
3. Remove the gown last as shown.



- Untie at neck and then the waist
- Slide 2 fingers under cuff of gown; pull hand into gown.
- Using covered hand, grab opposite sleeve and pull over hand
- Fold gown inward, rolling it outside-in, away from you
- Then place in disposal receptacle

4. Perform hand hygiene. See below for instructions.

Cleaning hands with hand sanitizer:



Cleaning hands with soap and water:

