



**Saskatchewan
Health Authority**

Procedure

Saskatoon & Area - Occupational Health & Safety

Number: 53-025

Title: Physical Hazard: Shift Work

Saskatchewan Employment Act:

OHS Regulation: 6-19

Date: January 1, 2017

Date Revised/Reaffirmed: December 30, 2021

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Purpose

To provide health care workers for the Saskatchewan Health Authority (SHA) with information, education material, tools and support to assist them when dealing with the challenges of shift work. To enable and recognize issues of stress that can arise due to shiftwork

Procedure

Manager/Supervisor:

- Shift workers have access to the SHA “iShift”, shift work presentation. This is available on the InfoNet.
- Make sure workers are informed of the resources that are available to them, examples:
 - The iShift InfoNet power point presentation
 - Occupational Health Nurse
 - A dietitian
 - Healthy Workplace - Informational and links are available on the InfoNet
 - Employee and Family Assistance Program (EFAP)
 - Family Physician

Worker:

- Notify their manager/supervisor if they identify shift work as a causative factor in illness, injury or near misses
- Are to seek resources that are available, examples:
 - The iShift InfoNet power point presentation
 - Occupational Health Nurse
 - A dietitian
 - Healthy Workplace - Informational and links are available on the InfoNet
 - Employee and Family Assistance Program (EFAP)
 - Family Physician

Non-Compliance/Breach:

Non-compliance with this procedure will result in a review of the incident. A review for non-compliance may result in disciplinary action, up to and including termination of employment or privileges; fines and /or prosecution of individuals under the Act.

Resources

- Healthy Workplace Shift Work Resources: <http://shrhealthyworkplace.ca/resources/>

Review Dates:

January 1, 2017

May 28, 2018

December 30, 2021