Children’s Therapy Services in Saskatchewan Health Regions

Service Maps and Descriptions
Fall 2011
Note: Clients must access and exhaust all Regional Children’s Therapy Services prior to referral to specialized programs.

*Enrolled in school: attends a school division early entrance program, Pre-Kindergarten, Kindergarten or grade 1-12 program.
Program Descriptions and Access to Rehabilitation Therapy Services for Children in Cypress Health Region:

**Speech Language Pathology:**

Regional outpatient speech language pathology services are provided to children from birth to school entry through the Public Health Services office.

Caregivers may request these services by contacting 306-778-5280. A doctor’s referral is not required to access services. Inpatient speech language pathology services are not provided, however referrals are accepted from inpatient services for outpatient follow up.

Some specialized speech language pathology services such as feeding and swallowing, and video fluoroscopy are referred to Tertiary Clinics and/or Assessments. Follow up treatment and management services are provided by the regional Speech Language Pathologist in consultation with the specialized service provider(s).

**Physical Therapy:**

Inpatient physical therapy services are provided to children while in hospital with a referral from the attending physician. Outpatient physical therapy services are provided to children from birth to 18 years of age through the therapy services department of the health region.

No referral is required to access outpatient services. Caregivers may contact 306-778-5280 for an appointment.

**Early Childhood Developmental Team:**

Provides specialized team assessments and treatment in speech language pathology and physical therapy, childhood psychology, Autism Spectrum Disorders team, and dietician. The Early Childhood Development Team has an open referral and caregivers may contact 306-778-5280 for an appointment.
Note: Clients must access and exhaust all Regional Children’s Therapy Services prior to referral to specialized programs.

*Enrolled in school: attends a school division early entrance program, Pre-Kindergarten, Kindergarten or grade 1-12 program.
Program Descriptions and Access to Rehabilitation Therapy Services for Children in Five Hills Health Region:

**Speech Language Pathology:**

Regional outpatient speech language pathology (SLP) services are provided to children from birth to school entry through the Public Health Services office.

Caregivers may request these services by contacting 306-691-1528. A doctor’s referral is not required to access services.

Acute health episode speech language pathology services are not provided, however referrals are accepted from inpatient services for outpatient follow up.

Specialized speech language pathology services such as feeding and swallowing, and video fluoroscopy are referred to Tertiary Clinics and/or Assessments. Follow up treatment and management services are provided by the regional Speech Language Pathologist in consultation with the specialized service provider(s).

KidsFirst: Families involved with the KidsFirst program access preschool SLP services directly through KidsFirst.

**Physical Therapy:**

Inpatient physical therapy services are provided to children while in hospital with a referral from the attending physician. A referral is generally not needed except for post-operative and acute respiratory conditions.

Outpatient physical therapy services for those conditions other than musculo-skeletal are provided to children from birth to 5 years of age through the Five Hills Health Region Paediatric Therapy Services team. Children over the age of 5 are seen for monitoring and program updates on a limited basis. No referral is required to access outpatient services.

Children of all ages with musculo-skeletal injuries have services provided through the outpatient department of Therapy Services. Caregivers may contact 306-694-0201 for an appointment for all services.

**Occupational Therapy:**

Inpatient occupational therapy services are provided to children while in hospital with a referral from the attending physician. A referral is generally not needed except for post-operative and acute respiratory conditions.

Outpatient occupational therapy services are provided to children from birth to 5 years of age through the Therapy Services department of the health region. Older children are seen for monitoring and program updates on a limited basis. No referral is required to access outpatient services. Caregivers may contact 306-694-0201 for an appointment.
Note: Clients must access and exhaust all Regional Children’s Therapy Services prior to referral to specialized programs.

*Enrolled in school: attends a school division early entrance program, Pre-Kindergarten, Kindergarten or grade 1-12 program.
Speech Language Pathology:
Regional outpatient speech language pathology services are provided to children from birth to school entry through Community Therapy Services.

Caregivers may request these services by contacting 306-882-6413 Ext. 290. A doctor’s referral is not required to access services.

Specialized speech language pathology services such as feeding and swallowing, and video fluoroscopy are referred to Tertiary Clinics and/or Assessments. Follow up treatment and management services are provided by the regional Speech Language Pathologist in consultation with the specialized service provider(s).

Physical Therapy:
A generalized assessment and treatment service in physical therapy is provided to all children through Community Therapy Services. Typically musculoskeletal and orthopaedic services are provided.

Caregivers may request these services by contacting 306-306-822-6413 Ext. 608.

Occupational Therapy:
A generalized assessment and treatment service in occupational therapy is provided to all children through Community Therapy Services.

Caregivers may request these services by contacting 306-306-822-6413 Ext 608.
Note: Clients must access and exhaust all Regional Children’s Therapy Services prior to referral to specialized programs.

*Enrolled in school: attends a school division early entrance program, Pre-Kindergarten, Kindergarten or grade 1-12 program.
# Program Descriptions and Access to Rehabilitation Therapy Services for Children in Kelsey Trail Health Region:

## Speech Language Pathology:

Regional outpatient speech language pathology services are provided to children from birth to school entry through the Public Health Services office.

Caregivers may request these services by contacting 306-752-1750. A doctor’s referral is not required to access services.

Acute health episode speech language pathology services are not provided, however referrals are accepted from inpatient services for outpatient follow up.

Specialized speech language pathology services such as feeding and swallowing, and video fluoroscopy are referred to Tertiary Clinics and/or Assessments. Follow up treatment and management services are provided by the regional Speech Language Pathologist in consultation with the specialized service provider(s).

## Physical Therapy:

Inpatient physical therapy services are provided to children by adult therapist while in hospital with a referral from the attending physician.

Outpatient physical therapy services are provided to children from birth to 18 years of age through the Therapy services department of the health region. A generalized assessment and treatment service in physical therapy is provided. No referral is required to access outpatient services. Caregivers may contact 306-752-1750 for an appointment.

Limited regional follow up services are provided to children with specialized physical therapy programs.

## Occupational Therapy:

Inpatient occupational therapy services are provided to children while in hospital with a referral from the attending physician.

Outpatient occupational therapy services are provided to children from birth to school entry through the Therapy Services department of the health region. A generalized assessment and treatment service in occupational therapy is provided. No referral is required to access outpatient services. Caregivers may contact 306-752-1750 for an appointment.

Limited regional follow up services are provided to children with specialized physical therapy programs.
Note: Clients must access and exhaust all Regional Children’s Therapy Services prior to referral to specialized programs.

*Enrolled in school: attends a school division early entrance program, Pre-Kindergarten, Kindergarten or grade 1-12 program.
Program Descriptions and Access to Rehabilitation Therapy Services for Children in Prairie North Health Region:

Speech Language Pathology:

Regional outpatient speech language pathology services are provided to children from birth to school entry. Caregivers may request these services by contacting 306-446-5888 (North Battleford/Meadow Lake) or 306-820-6225 (Lloydminster). A doctor’s referral is not required to access services.

Inpatient speech language pathology services are not provided, however referrals are accepted from inpatient services for outpatient follow up.

Specialized speech language pathology services such as feeding and swallowing, and video fluoroscopy are referred to Tertiary Clinics and/or Assessments. Follow up treatment and management services are provided by the regional Speech Language Pathologist in consultation with the specialized service provider(s).

Physical Therapy:

Inpatient physical therapy services are provided to children while in hospital with a referral from the attending physician.

Outpatient physical therapy services are provided to children from birth to school entry. No referral is required to access outpatient services. Caregivers may contact 306-446-5888 (North Battleford/Meadow Lake) or 306-820-6225 (Lloydminster) for an appointment.

Children aged 6-18 years of age are provided limited assessment and follow up treatment focused on acute and specific conditions. Limited regional follow up services are provided to children with specialized occupational therapy programs.

Occupational Therapy:

Inpatient occupational therapy services are provided to children while in hospital with a referral from the attending physician. Outpatient occupational therapy services are provided to children from birth to school. No referral is required to access outpatient services. Caregivers may contact 306-446-5888 (North Battleford/Meadow Lake) or 306-820-6225 (Lloydminster) for an appointment.

Children aged 6-18 years of age are provided limited assessment and follow up treatment focused on acute and specific conditions. Limited regional follow up services are provided to children with specialized occupational therapy programs.

Specialized Children’s Therapy Services

Prairie North Health Region provides specialized children’s therapy services.

Caregiver’s may contact the 306-466-5888 (North Battleford/Meadow Lake) or 306-820-6225 (Lloydminster) for an appointment.
How old is the child?

- **Birth to 3 years of age**
  - Prince Albert Parkland Health Region (SLP, OT, PT, ECP, PEDS team)

- **3 to 5 years of age**
  - Not in PreKindergarten: PAPHR (SLP, OT, PT, ECP, PEDS team)
  - In Prekindergarten: Local School’s SLP and/or PAPHR (OT, PT, ECP)

- **5 to 8 years of age (Higher school priority)**
  - Child’s Local School For OT, SLP, PT, Psychology, Special Education Services and/or PAPHR for Mental Health issues

- **8 to 18 years of age (Limited school services)**
  - Child’s Local School For OT, SLP, PT, Psychology, Special Education Services and/or PAPHR for Mental Health issues

**Abbreviations:**
- PAPHR - Prince Albert Parkland Health Region
- OT - Occupational Therapy
- ECP - Early Childhood Psychologist
- SHAP - Saskatchewan Hearing Aid Plan
- PEDS Team - Pediatric Early Development Services team (PT, OT, SLP, and/or ECP)
- SLP - Speech Language Pathologist (Speech Therapy)
- PT - Physical Therapy
- Ed Psych - Educational Psychologist
- CYDC - Child & Youth Developmental Clinic (School age team)
Program Descriptions and Access to Rehabilitation Therapy Services for Children in Prince Albert Parkland Health Region:

**Speech Language Pathology:**
Regional outpatient speech language pathology services are provided to children from birth to school entry through the Therapy Program.

Caregivers may request these services by contacting 306-765-6126. A doctor’s referral is not required to access services.

Inpatient speech language pathology services are limited to swallowing services, however referrals are accepted from inpatient services for outpatient follow up.

Specialized speech language pathology services such as feeding and swallowing, and video fluoroscopy are provided by the Children’s Therapy Program. Follow up treatment and management services are provided through outpatient speech language pathology services.

**Physical Therapy:**
Inpatient physical therapy services are provided to children while in hospital with a referral from a health care provider.

Outpatient physical therapy services are provided to children from birth to school entry through the Children’s Therapy Program. No referral is required to access outpatient services. Caregivers may contact 306-765-6126 for an appointment.

Children aged 6-18 years of age are provided one time assessments and follow up treatment for acute and post operative physical therapy.

In school physical therapy services are provided by the Children’s Therapy Program to children 6-18 years of age through a contract with the Sask Rivers School Division. Please contact the school division for access to services for long term and chronic conditions.

**Occupational Therapy:**
Inpatient occupational therapy services are provided to children while in hospital with a referral from a health care provider.

Outpatient occupational therapy services are provided to children from birth to school entry through the Children’s Therapy Program. No referral is required to access outpatient services. Caregivers may contact 306-765-6126 for an appointment.

**Specialized Children’s Therapy Services**
The Children’s Therapy Program provides specialized children’s therapy services in Adaptive Equipment, Early Development Assessment and Intervention, Specialized Seating, Assistive Technology, Swallowing, and Sensory Processing. Caregiver’s may contact the Children’s Therapy Program at 306-765-6126 for an appointment.
<table>
<thead>
<tr>
<th>Concern</th>
<th>Specialist(s) to refer to</th>
<th>Birth - 3 Years</th>
<th>3 - 5 Years NOT in Pre-Kindergarten</th>
<th>3 - 5 years in Pre-Kindergarten</th>
<th>5 - 18 Years (in school)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Speech</strong> - Clarity/hard to understand</td>
<td>SLP</td>
<td>PAPHR</td>
<td>PAPHR</td>
<td>Child’s School SLP</td>
<td>Child’s School SLP</td>
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<tr>
<td><strong>Speech</strong> - Stutters</td>
<td>SLP</td>
<td>PAPHR</td>
<td>PAPHR</td>
<td>Child’s School SLP</td>
<td>Child’s School SLP</td>
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<tr>
<td><strong>Language</strong> - late talker/not talking much</td>
<td>SLP</td>
<td>PAPHR</td>
<td>PAPHR</td>
<td>Child’s School SLP</td>
<td>Child’s School SLP</td>
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<tr>
<td><strong>Language</strong> - poor listening/comprehension</td>
<td>SLP</td>
<td>PAPHR</td>
<td>PAPHR</td>
<td>Child’s School SLP</td>
<td>Child’s School SLP</td>
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<td><strong>Behaviour</strong> - (often have emotional, cognitive, sensory, and/or language components)</td>
<td>ECP and SLP and OT</td>
<td>PAPHR</td>
<td>PAPHR</td>
<td>Child’s School SLP PAPHR OT, ECP</td>
<td>Child’s School Ed. Psychologist, OT, SLP, Behavioural consultant, PAPHR Mental Health</td>
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<td><strong>Mobility</strong> - difficulty moving, walking, quality of moving, clumsy</td>
<td>PT and/or OT</td>
<td>PAPHR</td>
<td>PAPHR</td>
<td>PAPHR</td>
<td>School OT; Very Limited PT services at school or through Health; maybe private services available</td>
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<td><strong>Play Skills</strong></td>
<td>Psychologist, OT, SLP</td>
<td>PAPHR</td>
<td>PAPHR</td>
<td>PAPHR-ECP, OT; Child’s school SLP</td>
<td>Child’s School Ed. Psychologist, SLP, OT, Special Ed Consultants/teachers</td>
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<tr>
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<tr>
<td>Fine motor skills (use of hands and eyes)</td>
<td>OT</td>
<td>PAPHR</td>
<td>PAPHR</td>
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<td>Hearing assessment</td>
<td>Audologist Prince Albert</td>
<td>Carlton Trail Hearing Clinic - South Hill Mall, 2995 2nd Ave West (306) 922-0003 Hearing Services - Victoria Square - 2345 10th Ave West (306) 953-8932 Saskatchewan Hearing Aid Plan - McIntosh Mall, 800 Central Avenue (306) 765-6520</td>
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<tr>
<td>Developmental delay</td>
<td>Psychologist, SLP, OT, and/or PT</td>
<td>PAPHR ECP or PEDS team</td>
<td>PAPHR ECP or PEDS team</td>
<td>PAPHR ECP, OT, PT, School SLP</td>
<td>Child’s school Ed Psychologist, SLP, OT, Special Ed. Consultants Will refer to PAPHR CHILD and YOUTH cognitive Clinic as needed</td>
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<tr>
<td>Social-emotional skills</td>
<td>Psychology, OT, SLP</td>
<td>PAPHR ECP, OT, SLP or PEDS Team</td>
<td>PAPHR ECP, OT, SLP or PEDS Team</td>
<td>PAPHR ECP, OT, School SLP</td>
<td>Child’s school Ed Psychologist, SLP, OT, Special Ed. Consultants PAPHR Mental Health if needed</td>
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<tr>
<td>Activities of daily living challenges - eating/feeding/swallowing</td>
<td>Feeding team</td>
<td>Infants only inpatients - PAPHR SLP; all others: Saskatoon</td>
<td>Saskatoon feeding teams</td>
<td>Saskatoon feeding teams</td>
<td>Saskatoon feeding teams</td>
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<tr>
<td>Activities of daily living - Toileting</td>
<td>No specialists known</td>
<td>Pediatricians</td>
<td>Pediatricians</td>
<td>Pediatricians</td>
<td>Pediatricians</td>
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<tr>
<td>Activities of daily living - Dressing</td>
<td>Occupational Therapists</td>
<td>PAPHR OT</td>
<td>PAPHR OT</td>
<td>PAPHR OT</td>
<td>Child’s school OT</td>
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<tr>
<td>Autism diagnosis</td>
<td>ASD teams</td>
<td>PAPHR PEDS team</td>
<td>PAPHR PEDS team</td>
<td>PAPHR PEDS team and/or Child and Youth School team</td>
<td>Child and Youth School Team</td>
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<tr>
<td>Fetal Alcohol Syndrome Diagnosis</td>
<td>FASD teams</td>
<td>PAPHR PEDS team</td>
<td>PAPHR PEDS team</td>
<td>PAPHR PEDS team and/or Child and Youth School team</td>
<td>Child and Youth School team</td>
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<tr>
<td>Genetic Disorders - Diagnoses</td>
<td>Geneticist</td>
<td>Saskatoon</td>
<td>Saskatoon</td>
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<td>Saskatoon</td>
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<tr>
<td>Genetic Disorders - Developmental Therapy</td>
<td>SLP and/or OT and/or PT and/or Psychologist</td>
<td>PAPHR PEDS team</td>
<td>PAPHR PEDS team</td>
<td>PAPHR-ECP, OT, PT, Child’s school SLP</td>
<td>Child’s school teaching staff, SLP, OT, PT, Ed Psychologist</td>
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<tr>
<td>Cleft Lip and Palate</td>
<td>Cleft lip and Palate team and local SLP</td>
<td>Saskatoon CLP team for surgery, checkups; PAPHR SLPs for therapy</td>
<td>Saskatoon CLP team for surgery, checkups; PAPHR SLPs for therapy</td>
<td>Saskatoon CLP team for surgery, checkups; Child’s school SLPs for therapy</td>
<td>Saskatoon CLP team for surgery, checkups; Child’s school SLPs for therapy</td>
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<td>Cerebral Palsy</td>
<td>PT, OT, and/or SLP</td>
<td>PAPHR; Maybe Saskatoon consultations</td>
<td>PAPHR; Maybe Saskatoon consultations</td>
<td>PAPHR-PT, OT School SLP</td>
<td>School OT, PT, SLP Maybe consultations with Saskatoon ABCDP</td>
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</tbody>
</table>
** Clients must access and exhaust all Regional Children's Therapy Services prior to referral to specialized programs.
Program Descriptions and Access to Rehabilitation Therapy Services for Children in Regina Qu’Appelle Health Region (RQHR):

Speech Language Pathology:

Regional outpatient speech language pathology services are provided:

- To children residing in the city of Regina from birth to school entry through Children’s Program at Wascana Rehabilitation Centre (WRC). Caregivers may request these services by contacting Children’s Program at 766-5710. Physician referral is not required.
- To children residing in the North Central area of Regina through Children’s Program at Four Directions Community Health Centre. Caregivers may request these services by contacting Four Directions at 766-7544. Physician referral is not required.
- To rural RQHR children from birth to school entry through Public and Population Health Services. Caregivers may request these services by contacting RQHR Public and Population Health Services at 766-7706. Physician referral is not required.
- To children from birth to school entry through Child and Youth Services. Caregivers may request these services by contacting RQHR Child and Youth Services at 766-6700. Physician referral is not required.
- To children eligible to receive services through the Kids First program and the Developmental Assessment Clinic.
- To children admitted to hospital in Regina, from birth to 12 years of age, with feeding and swallowing concerns or complex communication issues. Physician referral is required.

Specialized Speech Language Pathology

Specialized speech language pathology services offered are:

- Feeding and swallowing, video fluoroscopy, nasometry, assistive technology and augmentative communication systems through the Children’s Program, WRC. Caregivers may request these services by contacting Children’s Program at 766-5710. A physician referral is required for video fluoroscopy.
- Second opinion tertiary services and clinics* are offered through the Children’s Program for assessment, diagnosis, consultation, and/or ongoing services, case management and support. Contact number is 766-5710.
- Diagnostic assessment and consultation are offered through the Cognitive Disabilities Program and the Autism Program through Child and Youth Services. Contact number 766-6700. The Autism Program also provides direct therapy for preschool children with Autism Spectrum Disorders. Contact number 766-6700.
- Consultation, mentoring and support are available from specialized service providers to the regional service providers on request.

*Clinics - Down Syndrome, Cleft Lip and Palate, Spina Bifida, Rehabilitation, Amputee, Neuromuscular, and Orthopedic
Program Descriptions and Access to Rehabilitation Therapy Services for Children in Regina Qu’Appelle Health Region (continued):

Physical Therapy:
Regional physical therapy services are provided:

• To children from birth to 18 years of age through the Children's Program, WRC, who meet the mandate of the program. Caregivers may request these services by contacting Children's Program at 766-5710. Physician referral is not required.

• To rural RQHR children from birth to 18 years of age for non-complex issues through Community Therapy services. Physician referral is not required. Contact number 766-7301

• To children eligible to receive services through the Developmental Assessment Clinic.

• To children from birth to 16 years of age admitted to hospital in Regina requiring inpatient physical therapy services. Physician referral is required

Specialized Physical Therapy Services
Specialized physical therapy services are provided through Children's Program, WRC for:

• Seating, adaptive equipment, and specialized splinting. Caregivers may request these services by contacting Children's Program at 766-5710.

• Second opinion tertiary services and clinics* are offered for assessment, diagnosis, consultation, and/or ongoing services, case management and support. Contact number 766-5710.

• Consultation, mentoring and support are available from specialized service provider to the regional service provider on request.

*Clinics - Down Syndrome, Cleft Lip and Palate, Spina Bifida, Rehabilitation, Amputee, Neuromuscular, Orthopedic

Occupational Therapy:
Regional occupational therapy services are provided:

• To children from birth to 18 years of age through the Children's Program, WRC, who meet the mandate of the program. Caregivers may request these services by contacting Children's Program at 766-5710. Physician referral is not required.

• To children eligible to receive services through the Developmental Assessment Clinic.

• To children from birth to 16 years of age admitted to hospital in Regina requiring inpatient occupational therapy services. Referral from a physician is required.
Program Descriptions and Access to Rehabilitation Therapy Services for Children in Regina Qu’Appelle Health Region (continued):

**Specialized Occupational Therapy Services**

Specialized occupational therapy services are provided for:

- Seating, adaptive equipment, feeding and swallowing, specialized splinting and assistive technology is offered through Children’s Program. Contact number 766-5710. Physician referral is not required.

- Second opinion tertiary services and clinics* are offered through the Children’s Program for assessment, diagnosis, consultation, and/or ongoing services, case management and support. Contact number 766-5710.

- Diagnostic assessment and consultation are offered through the Cognitive Disabilities Program through Child and Youth Services. Contact number 766-6700.

- Consultation, mentoring and support are available from specialized service providers to the regional service provider on request.

*Clinics - Down Syndrome, Cleft Lip and Palate, Spina Bifida, Rehabilitation, Amputee, Neuromuscular, Orthopedic
*Child Development Program (ABCDP) refers to the Alvin Buckwold Child Development Program located at the Kinsmen Children’s Center (KCC). Our children display or are at significant risk for developmental, cognitive and/or physical challenges.

Private therapy services are available in the Saskatoon Community.
**Saskatoon**

**SASKATOON HEALTH REGION**

**Specialized Services**

- **Child Development Program (ABCDP)**
- **Our children display or are at significant risk for developmental, cognitive and/or physical challenges.**

**Clinics**
- **Brain Injury**
- **Spinal Cord**
- **Muscular Dystrophy**
- **Orthopedic Clinic**
- **Botox**
- **Amputee**
- **Metabolic**
- **Hand Clinic**
- **Spasticity**

**Tertiary Assessment**

- **Augmentative Alternative Clinic** – this includes a series of workshops for team and ongoing support for child’s team at clinics

**Tertiary Interdisciplinary**
- **Neuromotor Team**
- **Communicative Interaction Disorder**
- **Fetal Alcohol Syndrome**
- **Down Syndrome ABCD**
- **Development Team**

**Tertiary Assessment**
- **SLP – Swallowing Assessments**
- **Cleft Lip and Palate Clinic**
- **G-Tube Clinic**

**Tertiary Clinic**
- **Bleeding Disorders Clinic**

**RUH Pediatric Outpatients**

**Note:** Clients must access and exhaust all Regional Children’s Therapy Services prior to referral to specialized programs.

*Enrolled in school: attends a school division early entrance program, Pre-Kindergarten, Kindergarten or grade 1-12 program.*
Specialized Children’s Therapy Services

Specialized services within Saskatoon Health Region are primarily provided at two locations, the Alvin Buckwold Child Development Program (ABCDP) and Royal University Hospital (RUH):

The Alvin Buckwold Child Development Program* (ABCDP) provides specialized children’s therapy services in speech language pathology, physical therapy, and occupational therapy as well as interdisciplinary team assessment, diagnosis and consultation. These children display or are at risk for significant development, cognitive and/or physical challenges. All referrals are assessed through an intake process to decide if the child meets ABCDP mandate. Team assessments involving the pediatrician at ABCDP require physician referral. Therapy services are open to referrals from family or guardians, physicians or other health care providers.

*the Alvin Buckwold Child Development Program (ABCDP) is located at Kinsmen Children Centre (KCC), 1319 Colony Street, Saskatoon.

<table>
<thead>
<tr>
<th>Concern</th>
<th>Specialist(s) to Refer to:</th>
<th>Birth to 3 Years</th>
<th>3-5 Years - Not in Pre-Kindergarten</th>
<th>3-5 Years - In Pre-Kindergarten</th>
<th>5-18 years - In School</th>
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<tbody>
<tr>
<td>Amputee</td>
<td>Amputee Clinic, ABCDP</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
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<td>Autism</td>
<td>Communication Interaction Disorder Team ABCDP</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
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<td></td>
<td>Child and Youth Services Mental Health and Addictions Services</td>
<td>Autism Services Saskatoon 665-7013</td>
<td>Autism Services Saskatoon 665-7013</td>
<td>Autism Services Saskatoon 665-7013</td>
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<td>Autism Services Saskatoon</td>
<td>Autism Services Saskatoon 665-7013</td>
<td>Autism Services Saskatoon 665-7013</td>
<td>Autism Services Saskatoon 665-7013</td>
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<tr>
<th>Concern</th>
<th>Specialist(s) to Refer to:</th>
<th>Birth to 3 Years</th>
<th>3-5 Years - Not in Pre-Kindergarten</th>
<th>3-5 Years - In Pre-Kindergarten</th>
<th>5-18 years - In School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bleeding Disorders</td>
<td>Bleeding Disorders Team, RUH</td>
<td>Bleeding Disorders RUH 655-6504 Must be referred by a hematologist</td>
<td>Bleeding Disorders Team RUH 655-6504 Must be referred by a hematologist</td>
<td>Bleeding Disorders Team RUH 655-6504 Must be referred by a hematologist</td>
<td>Bleeding Disorders Team RUH 655-6504 Must be referred by a hematologist</td>
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<td>Brain Injury</td>
<td>Brain Injury Team, ABCDP</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>School Teams ABCDP 655-1070 Must be referred by a physician</td>
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<tr>
<td>Cerebral Palsy</td>
<td>Neuromotor Team, ABCDP</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>School Teams ABCDP 655-1070 Must be referred by a physician</td>
</tr>
<tr>
<td>Cleft Lip and Palate Clinic for all children</td>
<td>Cleft Lip &amp; Palate Team, RUH</td>
<td>RUH 966-2922 Must be referred by a physician</td>
<td>RUH 966-2922 Must be referred by a physician</td>
<td>RUH 966-2922 Must be referred by a physician</td>
<td>RUH 966-2922 Must be referred by a physician</td>
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<tr>
<td>Communication: Augmentative Alternative (AAC) - cannot communicate with words</td>
<td>AAC Team, ABCDP</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
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<tr>
<td>Developmental Delay or at risk for significant developmental delay seeking team assessment or diagnosis</td>
<td>Developmental Team, ABCDP</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
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<tr>
<td>Developmental Delay or at risk for significant developmental delay (i.e. cerebral palsy, FAS, autism, down syndrome, neuromotor disorders) seeking therapy services</td>
<td>Speech Language Pathologist, ABCDP Physical Therapist, ABCDP Occupational Therapist, ABCDP</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
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<tr>
<td>Down Syndrome</td>
<td>Adaptive Behaviour and Cognitive Disability Team, ABCDP</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
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<tr>
<td>Eating/feeding/swallowing with developmental delay and no G-tube</td>
<td>Feeding Clinic, ABCDP</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070</td>
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<tr>
<td>Fetal Alcohol Syndrome</td>
<td>FAS Team, ABCDP</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
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<tr>
<td>G tube, typical children and children with developmental delay</td>
<td>RUH G-Tube team</td>
<td>RUH G-Tube Team 655-2208 Must be referred by a physician</td>
<td>RUH G-Tube Team 655-2208 Must be referred by a physician</td>
<td>RUH G-Tube Team 655-2208 Must be referred by a physician</td>
<td>RUH G-Tube Team 655-2208 Must be referred by a physician</td>
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<tr>
<td>Hand Clinic, children with developmental delay</td>
<td>Hand Clinic, ABCDP</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
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<tr>
<td>Intellectual Disability; conditions associated with an intellectual disability</td>
<td>Adaptive Behaviour &amp; Cognitive Disability Team, ABCDP</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
</tr>
<tr>
<td>Specific speech &amp; language concerns only (not associated with other developmental concerns)</td>
<td>Urban Saskatoon Speech-Language Pathologist</td>
<td>RUH Speech-Language Pathology Dept 655-2434</td>
<td>RUH Speech-Language Pathology Dept 655-2434</td>
<td>RUH Speech-Language Pathology Dept 655-2434</td>
<td>School SLP</td>
</tr>
<tr>
<td></td>
<td>Rural Saskatoon Health Region Speech-Language Pathologist</td>
<td>Public Health Services 655-4700</td>
<td>Public Health Services 655-4700</td>
<td>School SLP or Public Health Services 655-4700</td>
<td>School SLP</td>
</tr>
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<td></td>
<td>Specific speech and language concerns associated with mental health concerns or behaviour concerns</td>
<td>Speech-Language Pathologist</td>
<td>Mental Health &amp; Addiction Services; Child &amp; Youth 655-5721</td>
<td>Mental Health &amp; Addiction Services; Child &amp; Youth 655-5721</td>
<td>School SLP</td>
</tr>
<tr>
<td>Concern</td>
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<tr>
<td>Metabolic Concerns</td>
<td>Metabolic Team, ABCDP</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
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<tr>
<td>Muscular Dystrophy</td>
<td>Muscular Dystrophy Team, ABCDP</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
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<tr>
<td>Neuromotor Disorders i.e. cerebral palsy; head shape, brachial plexus</td>
<td>Neuromotor Team, ABCDP</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
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<td>Orthopedic concerns with developmental delays</td>
<td>Orthopedic Clinic, ABCDP</td>
<td>ABCDP 655-1070</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
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| Recent acute illness or injury resulting in deficits in movement or function and not associated with a developmental delay | Occupational Therapists | RUH Occupational Therapy Dept 655-2438 | RUH Physical Therapy Dept 655-2431 | RUH Physical Therapy Dept 655-2431 | RUH Physical Therapy Dept 655-2431 |}
|                                                                        |                                                        | Community Services 655-3400                                                     | RUH Occupational Therapy Dept 655-2438 | RUH Occupational Therapy Dept 655-2438 | RUH Occupational Therapy Dept 655-2438 |}
|                                                                        |                                                        | Rural Community Therapy Services 232-8234                                     | Community Services 655-3400          | Community Services 655-3400            | Community Services 655-3400            |}
|                                                                        |                                                        | Smithwick's Physiotherapy Clinic 644-3270                                     | Rural Community Therapy Services 232-8234 | Rural Community Therapy Services 232-8234 | Rural Community Therapy Services 232-8234 |}
|                                                                        |                                                        | *(Limited public funding)*                                                     | Smithwick’s Physiotherapy Clinic 644-3270 | Smithwick’s Physiotherapy Clinic 644-3270 | Smithwick’s Physiotherapy Clinic 644-3270 |}
|                                                                        |                                                        |                                                                                 | *(Limited public funding)*          | *(Limited public funding)*          | *(Limited public funding)*          |}
| Spasticity, Botox Clinic                                              | Spasticity, Botox Team*                                 | ABCDP 655-1070                                                        | ABCDP 655-1070                      | ABCDP 655-1070                      | ABCDP 655-1070                      |}
<p>|                                                                        |                                                        | <em>Must be referred by a physician</em>                                             | <em>Must be referred by a physician</em>   | <em>Must be referred by a physician</em>   | <em>Must be referred by a physician</em>   |</p>
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<tbody>
<tr>
<td>Specialized Seating (children with developmental delays)</td>
<td>Saskatchewan Abilities Council (SAC) Physical Therapist*; Occupational Therapist*</td>
<td>Saskatchewan Abilities Council (SAC) OT/PT ABCDP 655-1070</td>
<td>Saskatchewan Abilities Council (SAC) OT/PT ABCDP 655-1070</td>
<td>Saskatchewan Abilities Council (SAC) OT/PT ABCDP 655-1070</td>
<td>Saskatchewan Abilities Council (SAC) PT ABCDP 655-1070</td>
</tr>
<tr>
<td>Specialized seating (children not associated with developmental delay)</td>
<td>Saskatchewan Abilities Council (SAC) Occupational Therapist*</td>
<td>Saskatchewan Abilities Council (SAC) RUH Occupational Therapy Dept 655-2438</td>
<td>Saskatchewan Abilities Council (SAC) RUH Occupational Therapy Dept 655-2438</td>
<td>Saskatchewan Abilities Council (SAC) RUH Occupational Therapy Dept 655-2438</td>
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<td>Community Services 655-3400</td>
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<tr>
<td></td>
<td></td>
<td>Rural Community Therapy Services 232-8234</td>
<td>Rural Community Therapy Services 232-8234</td>
<td>Rural Community Therapy Services 232-8234</td>
<td>Rural Community Therapy Services 232-8234</td>
</tr>
<tr>
<td>Spinal Cord</td>
<td>Spinal Cord Team, ABCDP</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
<td>ABCDP 655-1070 Must be referred by a physician</td>
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Note: Clients must access and exhaust all Regional Children’s Therapy Services prior to referral to specialized programs.

*Enrolled in school: attends a school division early entrance program, Pre-Kindergarten, Kindergarten or grade 1-12 program.
Program Descriptions and Access to Rehabilitation Therapy Services for Children in Sun Country Health Region:

**Speech Language Pathology:**

- Regional outpatient speech language pathology services are provided to children from birth to school entry through the Mental Health Services office.
- Caregivers may request these services by contacting 306-842-8684 in Weyburn and 306-637-3646 in Estevan. A doctor’s referral is not required to access services.
- Acute health episode speech language pathology services are not provided, however referrals are accepted from inpatient services for outpatient follow up.
- Specialized speech language pathology services such as feeding and swallowing, and video fluoroscopy are referred to Tertiary Clinics and/or Assessments. Follow up treatment and management services are provided by the regional Speech Language Pathologist in consultation with the specialized service provider(s).

**Physical Therapy:**

- Inpatient physical therapy services are provided to children while in hospital with a referral from the attending physician.
- Outpatient physical therapy services are provided to children from birth to 18 years of age through the Therapy Services department of the health region. A generalized assessment and treatment service in physical therapy is provided. No referral is required to access outpatient services. Caregivers may contact 306-842-8460 for an appointment.
Note: Clients must access and exhaust all Regional Children’s Therapy Services prior to referral to specialized programs.

*Enrolled in school: attends a school division early entrance program, Pre-Kindergarten, Kindergarten or grade 1-12 program.
Program Descriptions and Access to Rehabilitation Therapy Services for Children in Sunrise Health Region:

Speech Language Pathology:
• Regional outpatient speech language pathology services are provided to children from birth to school entry through the Children’s Therapy Program.
• Caregivers may request these services by contacting 306-786-0178. A doctor’s referral is not required to access services.
• Inpatient speech language pathology services are not provided, however referrals are accepted from inpatient services for outpatient follow up.
• Specialized speech language pathology services such as feeding and swallowing, and video fluoroscopy are referred to Tertiary Clinics and/or Assessments. Follow up treatment and management services are provided by the regional Speech Language Pathologist in consultation with the specialized service provider(s).

Physical Therapy:
• Inpatient physical therapy services are provided to children while in hospital with a referral from the attending physician.
• Outpatient physical therapy services are provided to children from birth to school entry through the Children’s Therapy Program of the health region. No referral is required to access outpatient services. Caregivers may contact 306-786-0178 for an appointment.
• Children aged 6-18 years of age are provided one time assessments and follow up treatment for acute and post operative physical therapy.
• Physical therapy services are provided in school by the Children’s Therapy Program to children 6-18 years of age through a contract with the school division. Please contact the school division for access to services for long term and chronic conditions.

Occupational Therapy:
• Inpatient occupational therapy services are provided to children while in hospital with a referral from the attending physician.
• Outpatient occupational therapy services are provided to children from birth to school entry through the Children’s Therapy Program of the health region. No referral is required to access outpatient services. Caregivers may contact 306-786-0178 for an appointment.
• Children aged 6-18 years of age are provided one time assessments and follow up treatment for acute and post operative physical therapy.
• In school occupational therapy services are provided by the Children’s Therapy Program to children 6-18 years of age through a contract with the school division. Please contact the school division for access to services for long term and chronic conditions in children ages 6-18 years.
Program Descriptions and Access to Rehabilitation Therapy Services for Children in Sunrise Health Region:

*Specialized Children’s Therapy Services*

The Children’s Therapy Program of the Sunrise Health Region provides specialized children’s therapy services in Adaptive Equipment, Developmental Assessment, Specialized Seating, Assistive Technology, and Prosthetics Orthotics. Caregiver’s may contact the Children’s Therapy Program at 306-786-0178 for an appointment.