

Investigation for Osteoporosis

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Treatment for Osteoporosis

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**Meds Check with Pharmacist
every 6 months**

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every 6 months**

**Meds Check with Pharmacist
every year**

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**Diabetes Education re: insulin,
diet & exercise**

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diet & exercise**

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diet & exercise**

**Diabetes Education re: diet
and hypoglycemia & meds**

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**Safe Drinking Guidelines –
3 drinks a day for men
(15/week)**

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3 drinks a day for men
(15/week)**

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3 drinks a day for men
(15/week)**

**Safe Drinking Guidelines –
2 drinks a day for women
(10/week)**

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(10/week)**

Memory Clinic – at FHT or GBHS

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Memory Clinic – at FHT or GBHS

Vision test every year

Vision test every year

Vision test every year

Vision test every year

Vision test every year

Vision test every year

PACE exercise program – Arthritis Society

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Smoking Cessation aids – FHTs, Health Unit

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Smoking Cessation aids – FHTs, Health Unit

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