

Working together to prevent falls



*Hosted by:*

*Cudworth Community Health Council*

# Falls Prevention: Maintain Your Independence

**November 29, 2016**

**Morning clinic by referral**

For more information contact the Cudworth Health Center at: 306-256-3443

**Public information and resources: 1:00 – 3:30 p.m.**

**Cudworth Community Hall**

**Lunch is available from 11:30 a.m. to 1:00 p.m.**



**Soup & Sandwich \$6.00**

**Enter to win Door Prizes!!**



## Everyone welcome!

