

Stand Tall This Fall

Fall Prevention Community Health Fair

Monday, November 28th, 2016

9:00 a.m. – 3:00 p.m.

Market Mall

2325 Preston Avenue

Saskatoon, Saskatchewan

Featuring the Meri Misfits and Fall Prevention

Local health and wellness representatives to discuss your fall risk factors and how to reduce them, Blood Pressure testing, presentations, prizes, snacks and more!!!

SCHEDULE

- 9:00 a.m.** Presentation and **Kick Off** (Daphne Kemp SHR – Reducing Risk Factors)
- 10:00 a.m.** Fall Prevention **JEOPARDY!**
- 11:00 a.m.** **MeriMisfits**
- 12:00 p.m.** Learn about Urban Poling (Kimberly Willison, SHR)
- 1:00 p.m.** Learn about- Remember When Fall and Fire Program (Janet Barnes, SCOA)
- 2:00 p.m.** Fall Prevention **JEOPARDY!**

FREE: open to the public

*Sponsors: Saskatoon Fall Prevention Consortium (SHR) and Home Instead Senior Care
For More information Please contact Daphne Kemp 306 655-2400*



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