



# NOVEMBER 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For more resources and activities, go to <a href="http://fallpreventionmonth.ca">fallpreventionmonth.ca</a>			Fall Prevention Process Audits run from November 1– 30	1 <a href="#">Geriatric Grand Rounds– Bone Health and Vitamin D</a>	2 <a href="#">Healthy Balance Workshop in Radville</a>	3
4	5 <a href="#">Seniors Safety Symposium in Leroy</a>	6 <a href="#">Fall Prevention Month kick off Stand Tall This Fall at Market Mall &amp; Lloydminster Flu Clinic</a>	7 <a href="#">Stand Tall this Fall Health Fair in North Battleford Fall Prevention Display—Regina General Hospital (Main Entrance—10—3pm)</a>	8	9	10 <a href="#">Did you submit a champion ballot</a>
11 Remembrance Day	12	13 <a href="#">Flu Clinic Environmental Hazard for Fall Prevention at SCH</a>	14 <a href="#">Fall Prevention Display—Regina Pasqua Hospital (Main Entrance -10—3pm)</a>	15 <a href="#">Webinar Post Fall in LTC Healthy Balance Workshop in Carlyle</a>	16 17 Have you put up your Fall Prevention posters and displays in your area?	
18	19 <a href="#">Fall Display at RUH ED Days— Humboldt Fall</a>	20 <a href="#">Seniors Safety Symposium in Lanigan</a>	21	22	23 <a href="#">Events in Strasbourg</a>	24 <a href="#">Fall Prevention Display Wascana Rehab Centre Main Course 10:00-2:30 pm</a>
25	26 <a href="#">Fall Display at SPH</a>	27 <a href="#">Fall Prevention and Risk Factors Presentation at 11:00 a.m. at Bridge Water</a>	28 <a href="#">Fall Prevention Display—Regina Wascana Rehabilitation Centre Main Concourse</a>	29 <a href="#">Have you seen the Former SHR Bed Safety Video</a>	30	

Take the “Step up” to prevent falls challenge pledge and post for all to see  
 Take part in one of the four SHA Huddle talks  
 Learn more about Risk factors for falls by doing the fall risk factor word search or A-Z risk factors.