

DID YOU KNOW?

November is Fall Prevention Month

SHA is a Partner in this National Campaign as it recognizes that falls are a serious safety concern.

Every 6 minutes
a senior is taken to the
Emergency
Department from a fall
95%
of Hip Fractures
occur from a fall

We all have a roll to play in
preventing falls



Unintentional falls were the most common cause of injury in 2016-2017 with more than two million reported Emergency visits and increased hospitalizations according to a recent data released by the Canadian institute for Health information.

(CIHI, June 2018)



See the [Infonet/Falls Prevention page](#) for a Step by Step Guide to resources and activities.

To support planning in your areas
commitment to fall and Injury
Reduction

For more information and resources

<http://infonet.sktnhr.ca/Fall-Reduction-Injury-Prevention/Pages/Regional Strategy.aspx>

August, 2018