

November is Fall Prevention Month

Working Together to Prevent Falls

Pack a punch and address the P's of fall Prevention

- Pain
- Personal Care (toileting needs)
- Positioning
- Possessions
- Pills (medication reviews)
- Purposeful Interactions
- Post Fall



Falls are the leading cause of preventable injury.

The average length of stay after a fall was 14.3 days in 2016-17 according to Canadian Institute of Health Information.

The Saskatchewan Health Authority recognizes falls are a serious safety concern and is a partner in the national fall prevention campaign.

For more information on activities, displays and resources, please visit fallspreventionmonth.ca



saskhealthauthority.ca