

November is Fall Prevention Month

We all have a role to play in preventing falls

Huddle Talk: Environmental factors can contribute to falls

Environmental Safety is everyone's responsibility

Reduces hazards in your area by ensuring ongoing safety checks are part of your daily routine.



What to look for:

- Personal possessions and call bell need to be in reach
- Pathways clear of clutter
- Equipment maintained, secured and brakes are applied when applicable
- Room set up for person's needs
- Lighting is not too dark or too light
- Floors are dry (a small amount of liquid can cause a slip)
- Bed at an appropriate height for the person or lowered when left alone
- Bed rails has been assessed

Has an environmental room assessment been done in your area?

The Saskatchewan Health Authority recognizes falls are serious safety concern and is a partner in the national fall prevention campaign.

For more information on activities, displays and resources, please visit fallspreventionmonth.ca



saskhealthauthority.ca