



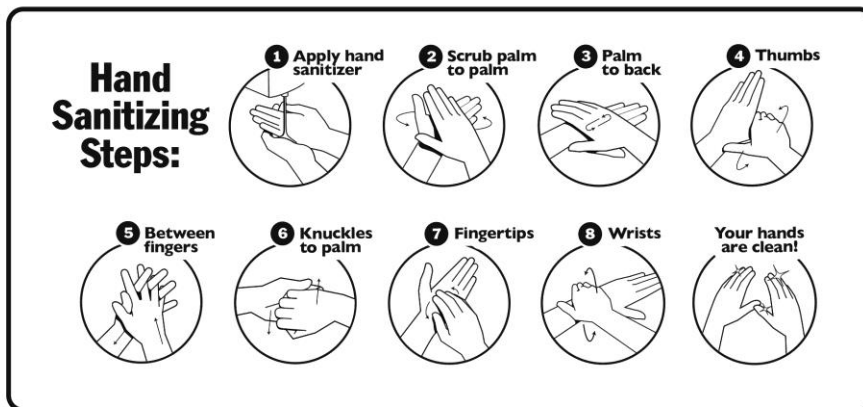
Are you Germ Smart?

Complete this short handwashing self-check by reading and initialing each section.

I know that....

1. It is important to wash my hands often because 80% of common microorganisms are spread through hands and contaminated surfaces.
2. Hand hygiene is one of the best ways to prevent the spread of illness.
3. Hand hygiene helps to protect myself, co-workers & clients from contagious illnesses.
4. When I sanitize my hands, I should use enough sanitizer (with at least 70% alcohol) to cover my hands and rub for at least 15 seconds (using the steps below).

Initial Here

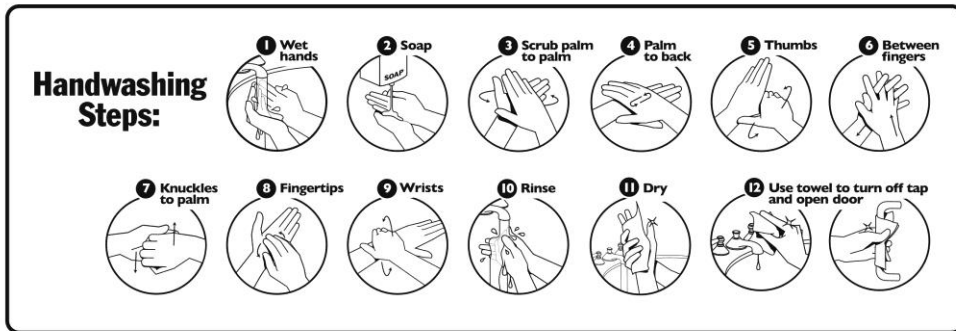


Outsmart Germs...Wash Your Hands!



↓ Initial Here

5. When I wash my hands, I should scrub for at least 15 seconds (using the steps below).



Any feedback for my supervisor about challenges to handwashing in our workplace?

Date completed: _____ Signature: _____

