

September 2018

Health Equity & Cultural Safety Network News

Welcome back to Health Equity & Cultural
Safety *Network News!*

Equality is giving everyone shoes.

Equity is giving everyone shoes that fit.



This monthly newsletter is designed to spark learning, dialogue, and health system decisions that reflect our organization's commitment to health equity and cultural safety through our [Health Equity Position Statement](#) and [response](#) to the Truth and Reconciliation Commission's [Calls to Action](#).

We welcome submissions from the SHA community - and the broader community we serve. If you would like to share a learning opportunity, resource, community event, or celebrate health equity and cultural safety innovation within our health authority, [send us an email!](#)

Share with us!

Get Involved!

Race Against Racism

Saturday, September 22

10:00 am - 1:00 pm

Everyone is welcome to gather near the Boat House in Victoria Park (Saskatoon) for the 8th annual walk/run with 2.5 km, 5 km, or 10 km options. The race is followed by a free Cultural Expo. Register [here](#).

Kairos Blanket Exercise

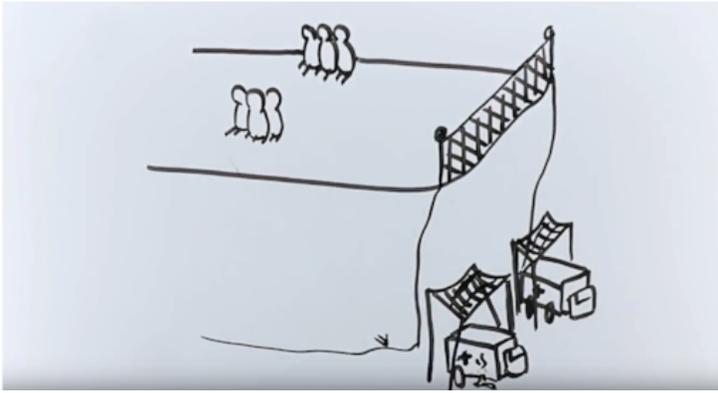
Wednesday, October 17

8:30 am - 11:30 am

An interactive learning experience that explores the historical and contemporary relationship between Indigenous and non-Indigenous peoples in Canada. Contact [Julie at Representative Workforce](#) to register or for more information.

Wícihitowin Conference

October 17 & 18



If you do only one thing, watch this!

[Dr. Camara Jones Explains](#)
[the Cliff of Good Health](#)

TCU Place, Saskatoon

The 4th Annual Wícihitowin Aboriginal Engagement Conference will focus on issues concerning Aboriginal engagement and human service delivery issues. If you're working towards respectful Aboriginal engagement and inclusion within a community based setting, this conference is for you. Early bird registration is open until September 17 - learn more on the [Wícihitowin website](#).



For Your Health Equity Toolkit

[Bringing Reconciliation to Healthcare in Canada: Wise Practices for Healthcare Leaders](#) (HealthCareCAN)

This HealthCareCAN Report discusses critical issues facing Indigenous Peoples in Canada, and the role that Canadian health leaders play in helping to close the health gap.

[Health care must acknowledge Indigenous lands - but that alone is not enough.](#)

"There are several things to consider in developing a land acknowledgement that is meaningful, heartfelt and moves toward reconciliation. I do not profess to have all the answers, but share these thoughts as starting points. I would recommend asking some critical questions around intent, relationships, building respect and then identifying actionable steps."

[Women in northern and rural Sask. travel nearly 900 km to give birth](#)

"Our elders speak about how the circle of life is not complete in many of our communities because they only have deaths, they don't have births in the communities," said McKinney. "So they don't have that balance of happiness and joy with the sadness of the passing of the person."

[Cultural Humility and Health Equity](#) (webinar)

Cultural humility provides a framework that can be utilized to impact health equity in policy and practice. This recorded webinar explores how the connections between cultural humility and health equity can improve population health and individual care.

[Trauma-Informed Interventions through an Indigenous Worldview](#) (webinar)

This recorded webinar explores the mind-body connection, trauma responses, and intervention strategies from an Indigenous worldview.



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