

April 2018

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## Health Equity & Cultural Safety Network News

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Welcome back to Health Equity & Cultural  
Safety *Network News!*

Equality is giving everyone shoes.  
Equity is giving everyone shoes that fit.



This monthly newsletter is designed to spark learning, dialogue, and health system decisions that reflect a commitment to health equity and cultural safety as articulated through the former Saskatoon Health Region's [Health Equity Position Statement](#) and [response](#) to the Truth and Reconciliation Commission's [Calls to Action](#).

**We welcome submissions from the health care community** - and the broader community we serve. If you would like to share a learning opportunity, resource, community event, or celebrate health equity and cultural safety innovation in Saskatoon and surrounding areas, [send us an email!](#)

**Share with us!**

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**Get Involved!**

### **Cultural Conversations Creating Safe Space for LGBTQ2S Clients**

April 3, 12:00 - 1:00pm

Saskatoon City Hospital  
Cafeteria Side Room

Presented by OUT Saskatoon's Amanda Guthrie, this session will include a discussion of identity, terminology, proper language, experiences that people within the LGBTQ2S community have had with the healthcare system, and inclusive practices that people can implement within their work environments. Resources will also be provided. Register by emailing [Representative Workforce](#) - or just drop in!

### **Blanket Exercise**

April 12, 9:00 - 11:30am

Saskatoon City Hospital

May 2, 2:00 - 4:30pm

Station 20 West



**If you do only one thing, watch this!**

**[Making the Connections: Our City, Our Society, Our Health](#)**

This powerful interactive learning experience that explores the historic and contemporary relationship between Indigenous and non-Indigenous peoples in Canada. To register check the [Health Authority Training Registration System](#) under 'Representative Workforce'. Questions? Call Julie at 306-655-2600.

**Elders Teachings with Walter & Maria Linklater**

April 5 (Men's and Women's Roles)

April 19 (Spiritual Reconciliation)

11:00am - 1:00pm

Cultural Room, Saskatoon

Police Service

These are free to attend and lunch will be provided. All are welcome to one or all sessions. People are asked to RSVP to Angela Daigneault at (306) 975-2278

or [angela.daigneault@police.saskatoon.sk.ca](mailto:angela.daigneault@police.saskatoon.sk.ca)



## For Your Health Equity Toolkit

[No Human Should Be Homeless](#) (podcast)

Homelessness is complicated. There's not one easy or simple solution. But we cannot let those remain excuses for doing nothing, or even too little.

[Consider Culture and Language when Communicating about Health](#) (podcast)

This episode of the Health Literacy Out Loud podcast explores how culture in health communication has many dimensions. Beyond issues of race and ethnicity, it includes factors such as socioeconomic status, communication preferences, and even work schedules. Language includes written words, spoken words, and numbers along with body language, context, and potential distractions - the episode shares ways to consider culture and language in all forms of health communication.

[Psychologist says northern Sask. suicides a result of colonization, not mental illness](#) (CBC News).

"Suicide is not a sickness," he said. "It's a response to terrible pain. And the pain is throughout the community. I often think about suicidal people as the canary in the coal mine."

[Beyond 94: Where is Canada at with reconciliation?](#)

Beyond 94, created by the CBC, provides up-to-date status reports, as well as extensive summaries explaining those status reports. Already, the website has revealed a telling statistic: as of March 2018, just 10 out of the 94 Calls to Action have been completed.



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