In 2016, there were 797 babies born to Saskatoon women who may have been eligible for the Healthy Mother Healthy Baby prenatal program.* Less than half of these women were referred to the Healthy Mother Healthy Baby program. Who are we missing?

Healthy Mother Healthy Baby supports medium-to-high risk prenatal clients with a variety of risk factors:

- food insecurity
- unstable housing
- substance use
- poverty
- teen pregnancy

HEALTHY MOTHER HEALTHY BABY OFFERS PRENATAL CLIENTS

- 1-on-1 support at home or high school
- CHEP food/vegetable vouchers, milk coupons, prenatal vitamins
- housing supports
- prenatal teachings, parenting supports & referrals
- mental health referrals
- referrals and supports related to difficulties at home, domestic violence, drug and alcohol use

REFER OFTEN. REFER EARLY.

Refer any prenatal client who might benefit from additional supports.

Questions? Learn more about Healthy Mother Health Baby at:

www.saskatoonhealthregion.ca/locations_services/Services/Healthy-Mother

306-655-4810

* Mother-baby pairs living in the Healthy Mother Healthy Baby service area with an IHBQ score >=9.