Travel Health Resources

For access to credible sources of information regarding travel health:

**Canadian Diabetes Association**

**Ecologically Friendly Travel**
[www.ecotravelling.co.uk](http://www.ecotravelling.co.uk), [www.ecoholidaying.co.uk](http://www.ecoholidaying.co.uk)
For those interested in the effects of travel on the environment.

**Foreign Affairs and International Trade Canada - Consular Services**
[www.travel.gc.ca](http://www.travel.gc.ca)
Topics include Country Advice & Advisories, Travel Documents, Air Travel & Security, Children, Living Abroad, Publications, Travel Health & Safety – includes information on travel with medical conditions, security information and many other issues.

**Health Canada – Public Health Agency of Canada (PHAC)**
[www.travelhealth.gc.ca](http://www.travelhealth.gc.ca)
Provides accurate information on international disease outbreaks, immunization recommendations and requirements for international travel and health maintenance strategies for international travellers.

**International Association for Medical Assistance to Travellers (IAMAT)**
[www.iamat.org](http://www.iamat.org)
Free membership includes a Directory of Worldwide Medical clinics, information on many health topics. Also has information about bedbugs and travel under “e-Library”

**International Travel Centre, Saskatoon Health Region**
[www.saskatoonhealthregion.ca/internationaltravel](http://www.saskatoonhealthregion.ca/internationaltravel)
Provides information on the International Travel Clinic services, vaccines they can provide and excellent links to other respected travel medicine resources.

**Kids Travel Doc**
[www.kidstraveldoc.com](http://www.kidstraveldoc.com)
A pediatrician’s guide to travel and outdoor recreation.

**Recreation and Business Centre**
[www.rbc.ca](http://www.rbc.ca)
Provides links, resources and saving for recreation and business travellers.

**The CIA World Factbook**
[www.cia.gov/index.html](http://www.cia.gov/index.html)
Prepared by the Central Intelligence Agency. Provides detailed information for any country, including geography, people, government, economy, communications, transportation, military and transnational issues.

**The Lonely Planet**
[www.lonelyplanet.com](http://www.lonelyplanet.com)
Provides very practical tips from experienced travelers. This organization is well known for their guidebooks.

**Travel Health Online**
[www.tripprep.com](http://www.tripprep.com)
Shoreland, Inc. uses internationally respected resources to provide destination specific information, traveler health information and a directory of travel medicine providers.
Travel Medicine
www.travmed.com
Products and information for safe travel. Repellents, clothing, medical kits, sun protection, travel comfort and more.

US Department of Health - Centers for Disease Control and Prevention.
www.cdc.gov/travel
Provides destination specific health information, disease risks and prevention strategies and immunization recommendations and requirements for international travel.

www.cdc.gov/malaria/map
An interactive map that provides location-specific information on current malaria risk with recommended preventive malaria measures.

World Health Organization
www.who.int/ith/en/
Provides accurate information on travel vaccine requirements, geographic distribution of health hazards for travelers and health maintenance strategies for travel.

Travellers with Special Needs

Access-Able Travel Source
www.access-able.com/
Travel resources for mature or special needs travelers.

Amtrak (train)
www.amtrak.com ➤ Traveling with Amtrak link. Information on services for special needs travelers.

Global Access Disabled Travel Network
www.globalaccessnews.com
Collection of articles by disabled travelers about their experiences on cruises, in hotels, and restaurants.

Medical Travel, Inc.
www.medicaltravel.org
Information about renting or purchasing services for travelers who are disabled, on dialysis, or chronically or terminally ill.

MossRehab
www.mosresourcenet.org/
Information about transportation, destinations and resources for the disabled.

Society for Accessible Travel & Hospitality
www.sath.org
Raises awareness of the needs of travelers with disabilities and aims to remove barriers and expand travel opportunities.

For more information, call the International Travel Centre at (306) 655-4780
www.saskatoonhealthregion.ca/internationaltravel