



The Kidney Health Community Program

Our program

The Kidney Health Community Program is part of the Kidney Health unit in Saskatoon Health Region, based out of St. Paul's Hospital in Saskatoon.

The program was developed to address the increasing number of people with chronic kidney disease (CKD) in central and northern Saskatchewan.

Our mission

Our mission is to reach and communicate with populations at risk for CKD. We work with communities in northern and central Saskatchewan to create awareness and provide education about risk factors for CKD. We work with partners in other organizations to help prevent kidney disease by promoting healthy lifestyle choices.

Our Goals

- To partner with schools in urban and rural communities in central and northern Saskatchewan to increase awareness of the risk factors for CKD and how it can be prevented.
- To work with communities and partners to provide programming to adults to increase awareness about the risk factors for CKD and how it can be prevented.
- To work with communities and partners to provide screening to individuals who are at risk for CKD.
- To provide support and education to healthcare providers, including family physicians.

Our team

Our team consists of a nurse clinician and a health educator. We have knowledge and expertise in all aspects of CKD, from prevention to diagnosis, as well as management of various stages of CKD.

What we do

- Support and educate healthcare providers, including family physicians and nurse practitioners.
- Work with individuals in your community to provide kidney disease screening to those at risk for developing CKD.
- Provide training, education sessions, information displays and resources to adults and youth in various environments, such as schools, monthly group meetings, addictions centres, health centres, health fairs, etc.
- Other ideas or requests are encouraged!

Additional resources

- Canadian Cancer Society, www.cancer.ca
- Canadian Lung Association, www.lung.ca
- Canadian Society of Nephrology, www.csnsn.ca
- Diabetes Canada, www.diabetes.ca
- Heart and Stroke Foundation of Canada, www.heartandstroke.com
- Hypertension Canada, www.hypertension.ca
- Kidney Foundation of Canada, www.kidney.ca
- Kidney School, www.kidneyschool.org
- National Kidney Disease Education Program, nkdep.nih.gov
- National Kidney Foundation, kidney.org