

Maternal Discharge Criteria

- Vital Signs stable
- Perineal tear or episiotomy is clean and intact; incision wound edges well approximated no signs of infection.
- No intrapartum or postpartum complications that require ongoing medical treatment or observation.
- Mother is mobile with adequate pain control.
- Bladder and bowel functions are within normal limits.
- Received Rh Immune Globulin, Rubella Vaccine, and Pertussis vaccine **if eligible**.
- Demonstrated ability to feed baby properly; if breastfeeding, baby has achieved “latch and swallows”
- Advice regarding contraception is provided.
- Information regarding postpartum depression is provided.
- If home environment (safety, shelter, support, communication) is not adequate, measures have been taken to provide assistance. Family is accessible for follow-up.
- Physician providing on-going care is identified. Mother aware of need for follow-up.
- Mother knows of and will be able to access community support resources.
- Families living outside Healthy & Home area may not be seen by Public Health for 7 days; discharge under 24 hours not advised.