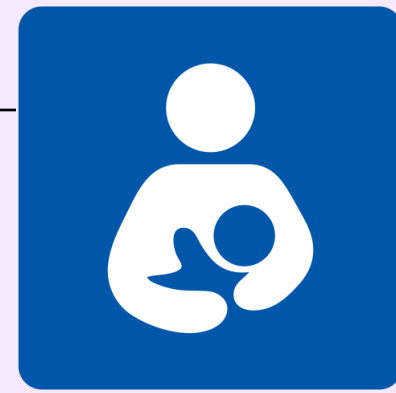


Our Baby-Friendly Pledge:



1. Hospital staff & volunteers understand the importance of our *Infant Feeding Policy*.
2. We have the knowledge and skills to help you to breastfeed.
3. Breastfeeding education is available to you before and after your baby is born.
4. All babies are placed in skin-to-skin contact after birth. This keeps them safe and warm, and stimulates their natural instincts to breastfeed.
5. We will support you to breastfeed even if you are separated from your baby.
6. We encourage exclusive breastfeeding for the first 6 months, unless this is not possible due to medical reasons. We will provide you with the necessary information to make informed infant feeding decisions.
7. Families in our hospital stay together. Breastfeeding is welcome everywhere.
8. We recognize that breastfeeding is a relationship between a mother and child. We will help you recognize your baby's feeding cues.
9. We will support you to care for your baby without the use of a soother, unless needed for medical reasons.
10. Community resources to support breastfeeding are available. Check out our Maternal Services website.

*Adherence to the International Code of Marketing of Breastmilk Substitutes.