

# What to Bring:



Saskatchewan  
**Health Authority**

## For Babies

- Baby sleepers or night gown (4-5)
- Mittens or socks (2-3 pairs)
- Diaper wipes
- Blanket to go home
- Baby car seat
- Diapers (1 package)
- Vaseline
- Receiving Blankets
- Laundry Bag

If you are including baby's dad on the **Live Birth Registration form**, you will require their health card number. Don't forget!

## For Support Person

- Pillow
- Snacks
- Appropriate sleep attire
- Toiletries
- Snacks/Coins for vending machines
- Health Card
- Camera/Cell phone

## For Mothers

- Prenatal Record
- Health Card
- SIN Number
- Pillow
- Sleep wear
- Bathrobe and slippers
- Cosmetics
- Loose fitting clothes
- 6 pairs of underwear
- 1 package of Maternity Pads
- Chargers for electronic devices
- Pen and paper
- Healthy snacks
- Coins for vending machines
- Toiletries
- Nursing Bra