

**SASKATCHEWAN  
COMMUNITY FLUORIDE  
DATA  
2010**



Dental Health Promotion  
Working Group  
of  
Saskatchewan

**Compiled by:  
Dental Health Promotion Working Group of Saskatchewan  
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# TABLE OF CONTENTS

<b>1. COMMUNITY WATER FLUORIDATION (CWF)</b>	
- What Is Community Water Fluoridation?	2
<b>2. ENDORSEMENT OF COMMUNITY WATER FLUORIDATION (CWF)</b>	
- List of Organizations	4
- Dental Benefits of Community Water Fluoridation	4
- Provincial Estimates for Community Fluoridation	4
<b>3. COMMUNITY WATER FLUORIDATION (CWF) SUMMARY</b>	
- Community Water Fluoridation - Health Region Summary	5
- List of Communities	6
<b>4. COMMUNITIES WITH OPTIMAL (.7+) NATURAL FLUORIDE</b>	
- List of Communities	7
<b>5. PERCENTAGE OF COMMUNITIES WITH OPTIMAL (.7+) ADJUSTED (CWF) AND NATURAL FLUORIDE</b>	
- Percentages by Health Region	8
<b>6. FLUORIDE MOUTHRINSE PROGRAM</b>	
- What Is A Fluoride Mouthrinse Program?	9
- Summary by Health Region	10
<b>7. HEALTH REGION / AUTHORITY FLUORIDE DATA 2010</b>	
- Key	11
- Athabasca Health Authority	12
- Cypress Health Region	14
- Five Hills Health Region	19
- Heartland Health Region	22
- Keewatin Yatthé Health Region	27
- Kelsey Trail Health Region	29
- Mamawetan Churchill River Region Health Authority	32
- Prairie North Health Region	34
- Prince Albert Parkland Health Region	37
- Regina Qu'Appelle Health Region	40
- Saskatoon Health Region	44
- Sun Country Health Region	49
- Sunrise Health Region	52
<b>8. HEALTH REGION LIST</b>	55



## Community Water Fluoridation

### What is community water fluoridation?

Community water fluoridation is the process of adjusting the natural fluoride concentration of a community's water supply. It is adjusted to the level that is ideal to prevent dental decay. Some communities have enough natural fluoride in their water. Most communities in Saskatchewan have between 0.1 – 0.2 mg/Litre of naturally occurring fluoride in their water. For a dental benefit, the fluoride level needs to be adjusted to 0.7 mg/Litre.

**How much is 0.7 mg/L?**  
To understand this amount, it can be compared to 3/4 inch in 16 miles, 45 seconds in 2 years, or less than 1 cent in \$10,000.

### How does fluoride work to reduce tooth decay?

Fluoride works to reduce tooth decay in two ways:

**Before teeth appear:** Fluoride is absorbed into the bloodstream. It becomes part of the enamel during the time teeth are developing.

**After teeth appear:** Fluoride comes in direct contact with the enamel on the outside of the tooth. It creates a tooth surface that is more resistant to decay.



**Fluoride: Nature's Tooth Decay Fighter**

### What are the benefits of community water fluoridation?

The most common benefits are:

- 20 - 40 percent less dental decay in people of all ages;
- prevention of pain, infection and tooth loss;
- lower dental costs for repairing decayed teeth;
- fewer school and work hours missed due to oral health problems and dental visits; and
- improved oral health over a lifetime.

### Do adults benefit from drinking fluoridated water?

Yes! People of all ages benefit from drinking fluoridated water. Adults and seniors are keeping their teeth longer. Root caries (decay found on the surface of teeth near the gums) is increasing in this age group.

Research shows that people who live all of their lives in areas with sufficient fluoride in their drinking water have 20 to 40 percent less tooth decay.

### Why is community water fluoridation an ideal public health method?

Community water fluoridation is safe, inexpensive, practical and effective.

The entire community benefits regardless of:

- age;
- income;
- education;
- employment;
- individual motivation;
- availability of dentists; or
- financial ability to pay for dental services.

**Every \$1 invested in water fluoridation saves \$38 in dental treatment costs.**

Unlike other ways of preventing dental decay, no individual effort or direct action needs to be taken. All people drink water and eat food prepared with water, therefore everyone using fluoridated water will automatically benefit.

Dental disease is the number one chronic disease among children and adolescents in North America. This makes fluoridation an important public health measure.

According to the Findings and Recommendations of the Fluoride Expert Panel for Health Canada, "Community water fluoridation remains an effective public health method to reduce the prevalence of decay in the Canadian population." (Health Canada/2007)

#### **Is community water fluoridation safe?**

Community water fluoridation has proven to be safe through both practical experience and research. The safety of fluoride has been studied more thoroughly than any other public health measure during the past 60 years.

**Over 405 million people world-wide enjoy the benefits of fluoridated drinking water.**

#### **Who supports fluoridation?**

The use of fluoride in the prevention of tooth decay continues to be endorsed by over 90 national and international professional health organizations including Health Canada, the Canadian Dental Association, the Canadian Medical Association, and the World Health Organization. (March/2008)

#### **What is the current status of community water fluoridation in Saskatchewan?**

Less than 37 percent of the population in

Saskatchewan currently has access to water with sufficient levels of fluoride.

The cities of Humboldt, Melfort, Moose Jaw, Saskatoon, Swift Current, and Weyburn account for the most significant numbers of residents in the province that have access to fluoridated water.

#### **What are the costs to fluoridate community water sources?**

Communities can provide fluoridation at an estimated cost of about 60 cents to \$1.00 per person per year. This is less than the cost of one filling over a life-time.

#### **Is the drinking water in your community fluoridated?**

To find out if your water is fluoridated, check with your municipal government or local public health office.

#### **Community water fluoridation is the best way to prevent dental decay.**

Fluoridation:

- is the least expensive and most effective way to reduce tooth decay;
- is safe;
- benefits people of all ages;
- reduces the cost of dental treatment;
- is equitable; and
- requires no individual action or effort by those who will benefit.

**"Community water fluoridation has been identified by the Canadian Public Health Association as one of the twelve great public health milestones in the past 100 years."**

**For more information, contact a dental health educator at your local public health office.**

## **Endorsement of Community Water Fluoridation**

The following major organizations support Community Water Fluoridation:

- World Health Organization (WHO)
- The Canadian Public Health Association
- The Canadian Medical Association
- Canadian Dental Association
- American Dental Association

In Saskatchewan, Community Water Fluoridation (CWF) is endorsed by:

- The Medical Health Officers' Council of Saskatchewan
- The Saskatchewan Public Health Association
- The College of Dental Surgeons of Saskatchewan
- The Saskatchewan Dental Therapists Association
- The Saskatchewan Dental Hygienists Association
- The Saskatchewan Dental Assistants Association

## **Benefits of Community Water Fluoridation**

Community water fluoridation in drinking water can reduce tooth decay by 20 – 40% for people of all ages. Additional benefits include the prevention of pain and infection, tooth loss, lower dental costs, and fewer missed school or work days. The cost of fluoridation is about 60 cents to \$1.00 per person per year depending on the size of the community.

## **Provincial Estimates for Community Water Fluoridation**

<b>Province</b>	<b>Total Population</b>	<b>Population With CWF</b>	<b>Population Without CWF</b>	<b>Percent With CWF</b>	<b>Percent Without CWF</b>
<b>Alberta (2007)</b>	<b>3,290,350</b>	<b>2,457,406</b>	<b>832,944</b>	<b>74.7%</b>	<b>25.3%</b>
<b>Saskatchewan (2010)</b>	<b>1,036,285</b>	<b>372,236</b>	<b>664,049</b>	<b>36%</b>	<b>64%</b>
<b>Manitoba (2009)</b>	<b>1,214,403</b>	<b>920,800</b>	<b>293,603</b>	<b>75.8%</b>	<b>24%</b>
<b>Canada (2007)</b>	<b>31,611,911</b>	<b>14,258,078</b>	<b>17,364,803</b>	<b>45.1%</b>	<b>54.9%</b>

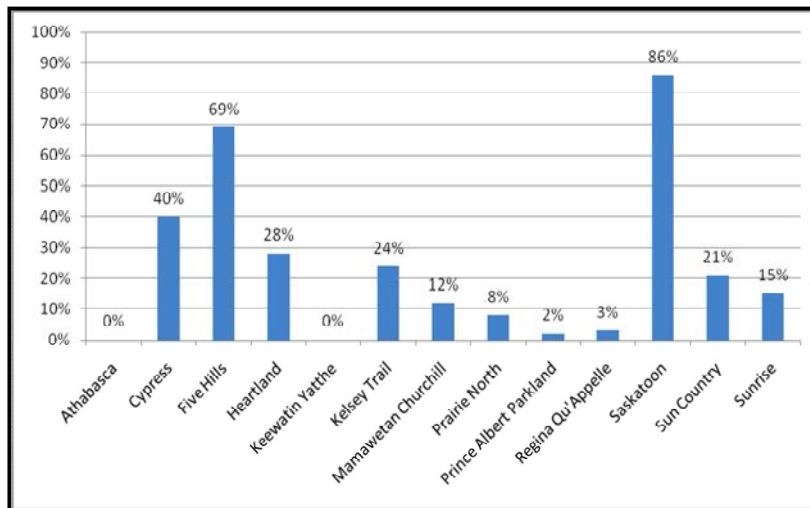
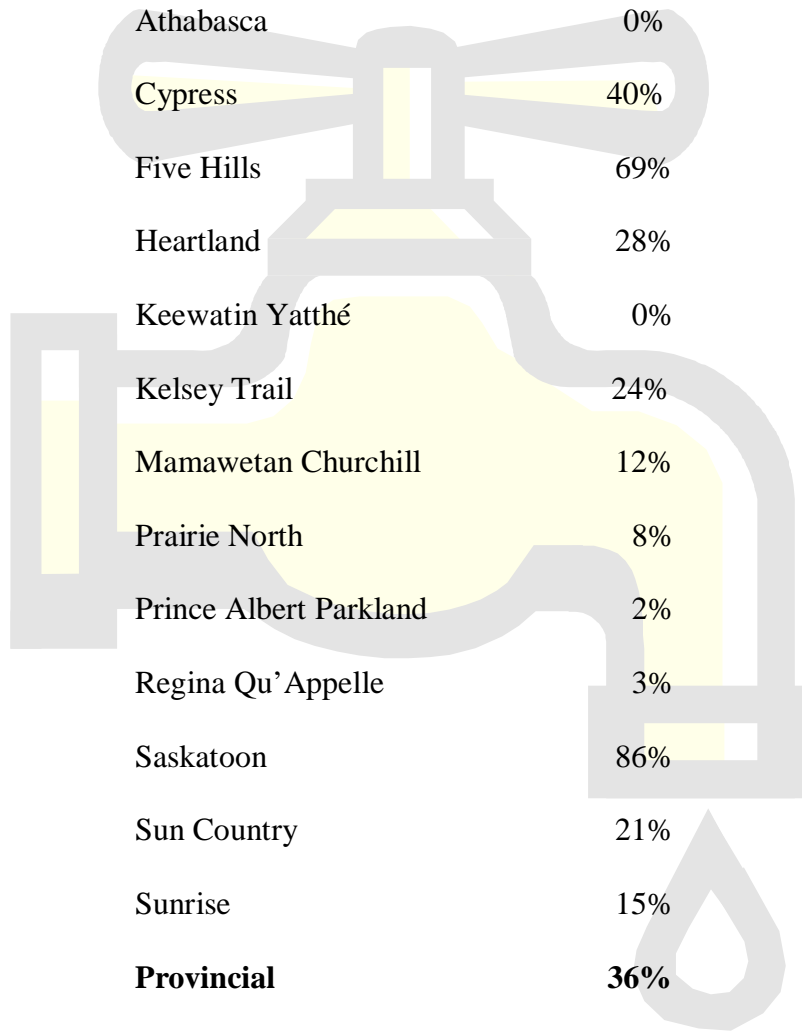
Source: Provincial or Territorial Environment Ministries, Dental Directors of each province, Ministries of Environment. Dental Health Promotion Working Group of Saskatchewan.

For more information please view:

[http://www.hc-sc.gc.ca/ahc-asc/branch-dirgen/fnihb-dgspni/ocdo-bdc/index\\_e.html](http://www.hc-sc.gc.ca/ahc-asc/branch-dirgen/fnihb-dgspni/ocdo-bdc/index_e.html)

# Saskatchewan

## Community Water Fluoridation 2010



## **Community Water Fluoridation (CWF) 2010**

Aberdeen	Martensville
Allan	McTaggart
Annaheim	Milden Colony
Assiniboia	Meadow Lake
Baildon Colony	Melfort
Balgonie	Melville
Beatty	Moose Jaw
Bradwell	Moosomin
Bruno	Muenster
Canora	Osler
Carnduff	Outlook
Clavet	Quill Lake
Cudworth	Rosetown
Dalmeny	RM Corman Park
Dinsmore Colony	RM of Kinistino
Domremy	Saskatoon
Elstow	St. Isidore de Bellevue
Eston	St. Louis
Gronlid	Star City
Gull Lake	Star City Colony
Hague	Swift Current
Humbolt	Tisdale
Indian Head	Wadena
Kindersley	Wakaw
Kinistino	Warman
La Ronge	Watson
Lake Lenore	Weldon
Langenburg	Weyburn
Luseland	Wynyard

**58 Communities with community water fluoridation**

**48 Communities with optimal (.7+) community water fluoridation**

**10 Communities with less than optimal (.7) community water fluoridation**

**61 Communities have discontinued community water fluoridation since 1969**

**12 Communities have discontinued community water fluoridation since 2005**

## **Communities with Optimal (.7+ mg/L) Natural Fluoride**

**Big Rose Colony  
Bone Creek  
Box Elder Colony  
Carmichael Colony  
Central Butte  
Cypress Colony  
Estevan  
Grassy Hill Colony  
Hawarden  
Hodgeville Colony  
Kerrobert  
Frontier  
LaLoche  
Macoun  
Main Centre Colony  
Major  
Rosetown Colony  
Rush Lake  
Simmie Colony  
Smiley Colony  
Sovereign Colony  
Spring Creek Colony  
Springfield Colony  
Tompkins Colony  
Valley Centre Colony  
Vanguard Colony  
Waldeck Colony  
Zealandia**

**Communities have natural fluoride at optimal (.7+ mg/L) levels**



## Fluoride Data

<b>Health Region or Health Authority</b>	<b>% CWF (Adjusted)</b>	<b>% CWF (Adjusted) Optimal .7+</b>	<b>% Natural Optimal .7+</b>	<b>% Optimal .7+ Adjusted or Natural</b>	<b># Optimal .7+ Adjusted or Natural</b>	<b>Total Population in Health Region/ Authority</b>
Athabasca	<b>0%</b>	0%	0%	0%	<b>0</b>	2,435
Cypress	<b>40%</b>	40%	4%	44%	<b>19,185</b>	43,398
Five Hills	<b>69%</b>	64%	1%	65%	<b>34,860</b>	54,046
Heartland	<b>28%</b>	17%	4%	21%	<b>8,932</b>	42,926
Keewatin Yatthé	<b>0%</b>	0%	26%	26%	<b>2,914</b>	11,199
Kelsey Trail	<b>24%</b>	24%	0%	24%	<b>10,183</b>	41,906
Mamawetan Churchill	<b>12%</b>	0%	0%	0%	<b>0</b>	22,766
Prairie North	<b>8%</b>	0%	0%	0%	<b>0</b>	74,550
Prince Albert Parkland	<b>2%</b>	2%	0%	2%	<b>1,265</b>	77,668
Regina Qu'Appelle	<b>3%</b>	2%	0%	2%	<b>4,391</b>	253,809
Saskatoon	<b>86%</b>	85%	0%	85%	<b>254,779</b>	300,638
Sun Country	<b>21%</b>	2%	21%	24%	<b>12,844</b>	54,138
Sunrise	<b>15%</b>	10%	0%	10%	<b>5,904</b>	56,806
<b>Provincial Totals &amp; %</b>	<b>36%</b>	<b>33%</b>	<b>2%</b>	<b>34%</b>	<b>355,265</b>	<b>1,036,285</b>

\* Percentages rounded to the nearest whole number

**36% Population has access to community water fluoridation**

**33% Population has access to optimal community water fluoridation**

**2% Population has access to optimal natural fluoride**

**34% (355,265) Population has access to optimal adjusted and natural fluoride**

# Fluoride Mouthrinse



Saskatchewan  
Ministry of  
Health

## What is a fluoride mouthrinse program?

Fluoride mouthrinse programs are offered in many Saskatchewan schools. They are a safe and effective way to prevent decay. Once a week, under supervision, the students rinse with a 0.2% neutral sodium fluoride mouthrinse for one minute. The solution is spit and is not swallowed.

## Why does my child need a fluoride mouthrinse?

- Tooth decay is common in children and usually starts at an early age.
- The use of fluoride is one of the most effective ways to prevent tooth decay.
- Studies show that fluoride rinsing reduces tooth decay by 30%.

## School-based fluoride mouthrinse programs have many advantages.

- They are safe and effective in reducing tooth decay.
- Few materials are required, so the program is inexpensive.
- Little time is required to carry out the procedure.
- Mouthrinsing is easy for school children to learn.
- Non-dental personnel can supervise the procedure.
- The procedure is well accepted by parents and children.
- Children are reminded of the importance of good dental health every time they rinse.

## Are fluoride mouthrinse programs new?

No. School fluoride mouthrinse programs have been running for years in many countries, including Canada and the United States. More than nine million children in North America currently participate in mouthrinse programs.

## Can my child receive other types of fluoride as well?

Yes. The solution is not swallowed, so it can be used in addition to topical fluoride gels, fluoride toothpaste and fluoride varnish.

## Is fluoride mouthrinse safe?

Yes. Many studies have shown that fluoride mouthrinse is safe, economical, practical, and effective in reducing tooth decay. Many people are enjoying the benefits of better dental health because of them.

## How do I enroll my child in a fluoride mouthrinse program?

- If the school in your area offers a fluoride mouthrinse program, a consent form will be sent home with your child.
- Participation is voluntary.
- Complete, sign and return the consent card to your child's teacher.

## REMEMBER:

Fluoride mouthrinsing is one important way of keeping children's teeth healthy. Other ways to have good dental health are:

- use other fluorides such as fluoride toothpaste
- floss and brush
- have regular dental visits
- practice good eating habits
- inquire about application of sealants
- use mouthguards for sports

**For more information, or if you would like a fluoride mouthrinse program started in your area, contact the Dental Health Educator or dental team in your health region.**

DH 045 May 09

**Fluoride Mouthrinse Programs  
2009-2010**

<b>Health Region/ Authority</b>	<b>Total Programs</b>	<b># Colony</b>	<b># Schools</b>	<b># Health Facility</b>	<b># Adults</b>	<b># Participants</b>	<b>% Participants</b>
Athabasca	2	0	2	0	0	90	100%
Cypress	22	15	7	0	0	571	93%
Five Hills	9	3	6	0	0	338	98%
Heartland	30	13	16	1	20	1,576	92%
Keewatin Yatthé	3	0	3	0	0	374	98%
Kelsey Trail	13	1	12	0	0	1,091	88%
Mamawetan Churchill	5	0	5	0	0	994	93%
Prairie North	30	2	27	1	15	4,694	87%
Prince Albert Parkland	10	2	8	0	0	686	92%
Regina Qu'Appelle	38	2	36	0	0	4,504	88%
Saskatoon	26	3	23	0	0	2,138	87%
Sun Country	21	0	21	0	0	1,859	85%
Sunrise	23	0	23	0	0	2,956	95%
<b>Total</b>	<b>232</b>	<b>41</b>	<b>189</b>	<b>2</b>	<b>35</b>	<b>21,871</b>	<b>90%</b>

**#41 Fluoride mouthrinse programs on Hutterite Colonies**

**#189 Fluoride mouthrinse programs in schools**

**#2 Fluoride mouthrinse programs in health facilities**

**#232 Fluoride mouthrinse programs in total**

**#21, 871 Fluoride mouthrinse program participants**

# Provincial Community Fluoride Data 2010

**Key/Glossary:**

2009 CP	2009 Covered Population
Sample Date (mm/yr)	Month/Year (01/10) the sample was tested for Fluoride
Fluoride Level	Fluoride level mg/L
Private (P)	Private well
Reverse Osmosis (RO)	Reverse Osmosis
Adjusted (A)	Adjusted (Fluoride added to the water) (CWF)
Natural (N) .7+	Natural fluoride occurring in water at .7+ mg/L
Implementation (I)	Implementation date for adjusted water (CWF)
Discontinuation (D)	Discontinuation date for adjusted fluoride (CWF)
Reinstated (R)	Reinstated date for adjusted fluoride (CWF)
Optimal	Adjusted and/or natural fluoride at .7+ mg/L

2009-2010 Fluoride Mouthrinse Program (FMRP) numbers:

N/A	No school in community
0	School but no program
1, 2...	Number of schools in the community with a fluoride mouthrinse program
Federal	Communities that have a Federal School
Implementation (I)	Implementation date for FMRP
Discontinuation (D)	Discontinuation date for FMRP
Reinstated (R)	Reinstated date for FMRP

**Athabasca Health Authority**  
**2009 Covered Population – 2,435**  
**0% Community Water Fluoridation (CWF)**  
**0% Optimal (.7+) Adjusted (CWF) or Natural Fluoride**

<b>Athabasca Health Authority</b>	<b>2009 CP</b>	<b>Sample Date (mm/yr)</b>	<b>Fluoride Level mg/L (RO) Private (P)</b>	<b>Adjusted (A) Natural .7+ (N) fluoride</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Number of Fluoride Mouth Rinse Programs (N/A, 0, 1)</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)</b>
Fond du Lac	****	Federal	N/A			Band School	
Stony Rapids	****	12/09	.03			1	1991
Uranium City / Camsell Portage	****	N/A	N/A			1	1991

\*\*\*\* **NOTE:** “One of the known limitations of the Covered Population is that it is difficult to assign an accurate residence code with only correspondence address information. This is most pronounced in the north where several communities may share postal codes, northern villages and towns are in very close proximity to reserves, and residence codes may be associated with a band as opposed to a community (e.g. PBCN). As a result, detailed population figures at the individual community level (i.e. village, town, reserve, etc) are often inaccurate.”

## Athabasca Health Authority Population – 2,435

### **Communities with adjusted (CWF) fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>
# Communities that have <b>discontinued</b> since 1969	0
# Communities that have <b>discontinued</b> since 2005	0

### **Communities with optimal (0.7) adjusted (CWF) fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with lower than optimal (0.7) adjusted (CWF) fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with optimal (0.7+) natural fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with optimal (0.7+ppm) adjusted (CWF) or natural fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Fluoride Mouthrinse (FMR) Programs (2009-2010)**

# School FMR Programs	2
# Hutterite Colony FMR Programs	0
# FMR Programs in Health Region	2
# Students participating	64
% Students participating	<b>100%</b>

**Cypress Health Region**  
**2009 Covered Population – 43,398**  
**40% Community Water Fluoridation (CWF)**  
**44% Optimal (.7+) Adjusted (CWF) or Natural Fluoride**

Cypress Health Region	2009 CP	Sample Date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted (A) Natural .7+ (N) fluoride	Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)	2009-2010 Fluoride Mouth Rinse Programs (N/A,0,1)	Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)
Abbey	166	08/10	.26			0	
Abbey Colony	37	03/10	.21 RO kitchen only			1	Prior 1987, 2001(D) 2007 (R)
Admiral	153	10/09	.41			N/A	
Bone Creek Colony (Gull Lake)	80	09/10	<b>1.39</b>	N		0	1994, 2001(D)
Box Elder Colony (Maple Creek)	74	04/10	<b>4.08</b>	N		0	
Burstall	342	06/09	.15			0	
Butte Colony (Val Marie)	74	04/10	0.0 RO kitchen only			1	1996
Cabri	577	03/10	.06		1976 (D)	1	Prior to 1987
Cadillac	99	03/10	<.05			N/A	
Carmichael Colony	80	09/10	<b>1.92</b>	N		0	1994 2007 (D)
Climax	192	07/09	.39			N/A	2009 (D) School Closure
Consul	179	12/09	.33			0	1989 (D)
Creston Bench Colony (Shaunavon)	131	05/10	.27			1	Prior 1995
Cypress Colony (Maple Creek)	106	04/09	<b>1.09</b>	N		0	
Downie Lake Colony (Maple Creek)	80	06/10	.22			1	1993
Ear View Colony	79	04/10	.26			1	2002
Eastend	614	12/09	.25			0	

Cypress Health Region	2009 CP	Sample Date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted (A) Natural .7+ (N) fluoride	Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)	2009-2010 Fluoride Mouth Rinse Programs (N/A,0,1)	Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)
Estuary Colony (Leader)	102	05/10	<.02 RO			0	Prior 1987 1994 (D)
Ferland	N/A	N/A	Hygienic use only			N/A	
Fox Valley	375	07/09	.43		1980 (D)	0	
Frontier	503	10/09	<b>4.2</b>	<b>N</b>		0	
Garden Plane Colony (Frontier)	96	06/10	.05 RO			1	2003
Grassy Hill Colony (Gull Lake)	75	09/10	<b>1.14</b>	<b>N</b>		1	2007
Gull Lake	1,222	03/10	<b>.76</b>	<b>A</b>	1964	0	
Haven Colony (Fox Valley)	126	11/09	.58 RO kitchen only			0	Prior 1987 2001 (D)
Hazlet	131	10/09	.35			0	1987 2001 (D)
Herbert	806	10/09	.08			1	2005
Hodgeville	291	04/10	.20			0	
Hodgeville Colony (Norfolk School)	96	02/10	<b>1.4 RO</b> kitchen only	<b>N</b>		1	1995
Lancer	91	08/10	.30		1981 (D)	N/A	
Leader	938	12/10	.10		1995 (D)	N/A	
Main Centre Colony (Capeland School)	130	02/10	<b>1.14</b> No RO	<b>N</b>			
Mankota	259	03/10	.27			1	1998
Maple Creek	2,793	01/10	.07			0	
McMahon Colony	65	12/10	.25 No RO			0	
Morse	299	10/09	.15			N/A	2009 (D) School Closure
Pennant	60	08/10	.25			N/A	



Cypress Health Region	2009 CP	Sample Date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted (A) Natural .7+ (N) fluoride	Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)	2009-2010 Fluoride Mouth Rinse Programs (N/A,0,1)	Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)
Ponteix	589	07/09	.31		1992 (D) 1994 (R) 2002 (D)	1	2007
Ponteix Colony (Hulbert School)	86	04/10	.20 RO			1	1996
Prelate	126	05/09	.19			N/A	
Richmond	172	06/09	.33			N/A	2008 (D) School Closure
Rush Lake	101	04/09	<b>1.64</b> Hygienic use	<b>N</b>		N/A	
Sand Lake Colony (Val Marie)	96	06/10	.20 Hygienic RO Kitchen only			1	1996
Scepter	116	09/09	.19		1976 (D)	N/A	
Shaunavon	1,989	10/09	.31			0	
Simmie Colony (Pelletier Hill School)	120	06/10	<b>1.5</b>	<b>N</b>		1	1997
Spring Creek Colony (Maple Creek/Walsh)	95	01/10	<b>3.94</b>	<b>N</b>		0	
Spring Lake Colony (McMahon)	76	05/10	.26			1	1993
Stewart Valley	193	02/10	.48			0	
Swift Current	16,322	03/10	<b>.71</b>	<b>A</b>	1954	0	
Swift Current Colony (Ruskin School)	83	02/09	.21			1	1999
Tompkins	215	06/09	.20			0	
Tompkins Colony (Tompkins)	50	07/09	<b>1.32</b>	<b>N</b>		0	
Val Marie	153	04/10	.39 (P) school			0	
Vanguard	218	04/10	.17			1	Prior 1987

<b>Cypress Health Region</b>	<b>2009 CP</b>	<b>Sample Date (mm/yr)</b>	<b>Fluoride Level mg/L (RO) Private (P)</b>	<b>Adjusted (A) Natural .7+ (N) fluoride</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Fluoride Mouth Rinse Programs (N/A,0,1)</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)</b>
Vanguard Colony (Vanguard)	62	10/10	<b>1.01</b> No RO	N		0	
Waldeck	373	04/09	.58			0	
Waldeck Colony (Friesen School)	69	09/10	<b>.94</b> No RO	N		1	1994
Webb Colony (Webb)	99	04/10	.45			1	2004
West Bench Colony (Eastend)	94	05/10	.19			0	
Wheatland Colony (Shackleton)	99	01/10	.26 RO kitchen, homes			0	
Wymark	144	N/A	(P)			0	
Wymark Colony	63	12/10	.53			0	

## Cypress Health Region Population – 43,398

### **Communities with adjusted (CWF) fluoride**

# Communities	2
# Population	17,544
% Population	<b>40%</b>
# Communities that have <b>discontinued</b> since 1969	6
# Communities that have <b>discontinued</b> since 2005	0

### **Communities with optimal (0.7) adjusted (CWF) fluoride**

# Communities	2
# Population	17,554
% Population	<b>40%</b>

### **Communities with lower than optimal (0.7) adjusted (CWF) fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with optimal (0.7+) natural fluoride**

# Communities	14
# Population	1,641
% Population	<b>4%</b>

### **Communities with optimal (0.7+ppm) adjusted (CWF) or natural fluoride**

# Communities	16
# Population	19,195
% Population	<b>44%</b>

### **Fluoride Mouthrinse (FMR) Programs (2009-2010)**

# School FMR Programs	5
# Hutterite Colony FMR Programs	17
# FMR Programs in Health Region	22
# Students participating	571
% Students participating	<b>93%</b>

**Five Hills Health Region**  
**2009 Covered Population – 54,046**  
**69% Community Water Fluoridation**  
**65% Optimal (.7+) Adjusted (CWF) or Natural Fluoride**

Five Hills Health Region	2009 CP	Sample (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted (A) Natural .7+ (N) fluoride	Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)	2009-2010 Number of Fluoride Mouth Rinse Programs (N/A,0,1)	Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)
Assiniboia	2,669	02/10	.58	A	1953	0	
Avonlea	486	10/09	.11			0	
Baildon Colony*	57	09/10	.92	A		1	1992
Briercrest	158	09/10	.11			N/A	
Caronport	1,126	03/09	.20			0	
Central Butte	487	05/10	1.40	N		0	
Chamberlain	111	03/10	.21			N/A	
Chaplin	282	10/09	.13			1	1995
Craik	493	10/09	.17		1978 (D)	0	
Elbow	402	09/10	.15			N/A	
Eyebrow	188	09/10	.13			1	2006 (R)
Glentworth	130	09/10	.43 (P)			1	2000
Gravelbourg	1,304	06/10	.08			1	1998
Huron Colony	62	09/10	.27 (P)			1	1995
Kincaid	152	05/10	.49			1	1998
Lafleche	510	08/09	.17		2004 (D)	0	
Limerick	157	03/10	.10			N/A	2000 (D) School Closure
Moose Jaw	34,316	08/10	.73	A	1950	0	

<b>Five Hills Health Region</b>	<b>2009 CP</b>	<b>Sample (mm/yr)</b>	<b>Fluoride Level mg/L (RO) Private (P)</b>	<b>Adjusted (A) Natural .7+ (N) fluoride</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Number of Fluoride Mouth Rinse Programs (N/A,0,1)</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)</b>
Mossbank	406	03/10	.26			1	2008
Mortlach	325	05/10	.11		1996 (D)	N/A	
Rockglen	420	10/10	.38			1	Prior to 1987
Rose Valley Colony (Assiniboia)	79	09/10	.09 (P)			1	Prior to 1995
Rouleau	477	06/10	.34		1992 2005 (D)	N/A	
Tuxford	109	09/10	.09			0	
Willow Bunch	325	05/09	.69			0	2000 (D) School Closure

**\*Community with water piped in from Moose Jaw**

## Five Hills Health Region Population – 54,046

### **Communities with adjusted (CWF) fluoride**

# Communities	3
# Population	37,042
% Population	<b>69%</b>
# Communities that have <b>discontinued</b> since 1969	3
# Communities that have <b>discontinued</b> since 2005	1

### **Communities with optimal (0.7) adjusted (CWF) fluoride**

# Communities	2
# Population	34,373
% Population	<b>64%</b>

### **Communities with lower than optimal (0.7) adjusted (CWF) fluoride**

# Communities	1
# Population	2,669
% Population	<b>5%</b>

### **Communities with optimal (0.7+) natural fluoride**

# Communities	1
# Population	487
% Population	<b>1%</b>

### **Communities with optimal (0.7+ppm) adjusted (CWF) or natural fluoride**

# Communities	3
# Population	34,860
% Population	<b>65%</b>

### **Fluoride Mouthrinse (FMR) Programs (2009-2010)**

# School FMR Programs	7
# Hutterite Colony FMR Programs	3
# FMR Programs in Health Region	10
# Students participating	338
% Students participating	<b>98%</b>

**Heartland Health Region**  
**2009 Covered Population – 42,926**  
**28% Community Water Fluoridation (CWF)**  
**21% Optimal (.7+) Adjusted (CWF) or Natural Fluoride**

Heartland Health Region	2009 CP	Sample date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted (A), Natural .7+(N) fluoride	Implementation, Discontinuation (D) Reinstated ( R ) Date for Adjusted CWF (Year)	2009-2010 Number of Fluoride Mouth Rinse Programs (NA, 0,1)	Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)
Alsask	148	09/10	.44			N/A	
Beechy	303	10/09	.15			1	1991
Beechy Colony	125	10/10	.54 (P)			1	1990
Biggar	2,468	10/09	.27			1	Prior 1987
Big Rose Colony	65	09/10	<b>1.03 (P)</b>	<b>N</b>		1	1991
Bladworth	79	03/09	.24			N/A	
Brock	156	09/10	.23 (P)			N/A	
Broderick	59	04/09	.15			N/A	
Cando	100	10/10	.20 (P)			1	1989
Coleville	314	01/09	.53			0	
Conquest	188	03/09	.09			N/A	1996 (D) School Closure
Davidson	1,185	07/10	.05		1974 (D)	1	1990
Denzil	188	08/10	.12		1994 (D)	N/A	2006 (D) School Closure
Dinsmore	351	06/10	.23		1991 (D)	0	
Dinsmore Colony*	74	04/10	<b>.82</b>	<b>A</b>	1999	0	1999 (D)
Dodslan	224	07/10	.28		1989 (D)	N/A	
Eagle Creek Colony	114	12/10	.21 (P)			0	2009 (D)
Eatonia	637	07/10	.14			1	1992
Eatonia Colony	113	01/09	.45 (P)			1	1991

Heartland Health Region	2009 CP	Sample Date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted (A), Natural .7+(N) fluoride	Implementation, Discontinuation (D) Reinstated ( R ) Date for Adjusted CWF (Year)	2009-2010 Number of Fluoride Mouth Rinse Programs (NA, 0,1)	Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)
Elrose	572	07/10	.20			1	2000 2008 (D) Spring 2008 (R) Fall
Eston	1,117	06/10	<b>.95</b>	<b>A</b>	1957	0	
Flaxcombe	142	09/10	.32			N/A	
Glenside	103	05/10	.54			N/A	
Glidden Colony	134	09/10	.35 (P)			1	1991
Goldenvue Colony	79	09/09	.20 (P)			1	Prior 1997
Harris	253	07/10	.26			1	Prior 1987
Hawarden	85	11/10	<b>1.13</b>	<b>N</b>		N/A	
Kenaston	352	04/10	.32		1982 (D)	0	
Kerrobert	1,125	09/10	<b>.96</b>	<b>N</b>		0	
Kindersley	4,894	06/10	<b>.29</b>	<b>A</b>	1959	0	
Kyle	516	07/10	.01			1	2000
Kyle Colony	123	06/10	.32 (P)			0	2007 (D)
Lakeview Colony	88	12/10	.14 (P)			1	Prior 1987
Landis	189	05/09	.14			1	2000
Loreburn	152	11/09	.11			0	2008 (D)
Lucky Lake	357	10/10	.05			1	1997
Luseland	674	03/09	<b>1.28</b>	<b>A</b>	1961	0	
Macklin	1,570	04/10	.29			1	1995
Macrorie	180	12/10	.31			N/A	1996 (D) School Closure
Major	112	10/10	<b>1.16</b>	<b>N</b>		0	
Marengo	51	05/09	.21			0	



<b>Heartland Health Region</b>	<b>2009 CP</b>	<b>Sample Date (mm/yr)</b>	<b>Fluoride Level mg/L (RO) Private (P)</b>	<b>Adjusted (A), Natural .7+(N) fluoride</b>	<b>Implementation, Discontinuation (D) Reinstated ( R ) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Number of Fluoride Mouth Rinse Programs (NA, 0,1)</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)</b>
Milden	293	12/09	.11			N/A	2008 (D) School Closure
Milden* Colony	88	4/10	<b>.82</b>	<b>A</b>		0	
Outlook	2,476	04/10	<b>.82</b>	<b>A</b>	1965	1	1997 (Farm students only)
Perdue	536	11/10	.22		1992 (D)	0	1999 (D)
Plenty	170	07/10	.58		Prior 1990 (D)	0	
Primate	49	08/10	.25			N/A	
Rosetown	2,656	05/10	<b>.71</b>	<b>A</b>	1964	0	
Rosetown Colony	58	10/10	<b>.75 (P)</b>	<b>N</b>		0	1994 (D)
Scott	194	06/09	.64			N/A	
Scott Colony	90	12/10	.35 (P)			1	Prior 1987
Senlac	56	03/09	.21			N/A	School Closure
Smiley	78	09/10	.63			N/A	
Smiley Colony	125	06/10	<b>.92</b>	<b>N</b>		1	1992
Sovereign Colony	88	09/10	<b>1.4 (P)</b>	<b>N</b>		1	1995 2008 (D) 2009 (R)
Springfield Colony	84	10/10	<b>1.13 (P)</b>	<b>N</b>		1	1992
Springwater Colony	118	12/10	.19 (P)			1	1988
Strongfield	68	11/09	.11			N/A	
Sunnydale Colony	96	12/10	.18 (P)			1	1991 2007 (D) 2009 (R)
Unity	2,466	11/10	.27			2	Prior 1987 1994
Valley Centre Colony	70	10/10	.13 (P) (RO)			1	2005

<b>Heartland Health Region</b>	<b>2009 CP</b>	<b>Sample Date (mm/yr)</b>	<b>Fluoride Level mg/L (RO) Private (P)</b>	<b>Adjusted (A), Natural .7+(N) fluoride</b>	<b>Implementation, Discontinuation (D) Reinstated ( R ) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Number of Fluoride Mouth Rinse Programs (NA, 0,1)</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)</b>
Wilkie	1,356	08/10	.27			2	Prior 1987 2000
Willowpark Colony	104	12/10	.23 (P)			0	2008 (D)
Wiseton	129	12/10	.18			N/A	
Zealania	105	02/10	<b>.83</b>	<b>N</b>		N/A	

**\* Communities that have water piped in from Outlook (1999)**

## Heartland Health Region Population – 42,926

### **Communities with adjusted (CWF) fluoride**

# Communities	7
# Population	11,979
% Population	<b>28%</b>
# Communities that have <b>discontinued</b> since 1969	7
# Communities that have <b>discontinued</b> since 2005	0

### **Communities with optimal (0.7) adjusted (CWF) fluoride**

# Communities	6
# Population	7,085
% Population	<b>17%</b>

### **Communities with lower than optimal (0.7) adjusted (CWF) fluoride**

# Communities	1
# Population	4,894
% Population	<b>11%</b>

### **Communities with optimal (0.7+) natural fluoride**

# Communities	9
# Population	1,847
% Population	<b>4%</b>

### **Communities with optimal (0.7+) adjusted (CWF) or natural fluoride**

# Communities	15
# Population	8,932
% Population	<b>21%</b>

### **School Fluoride Mouthrinse (FMR) Program (2009-2010)**

# School FMR Programs	17
# Hutterite Colony FMR Programs	13
# FMR Programs in Health Region	30
# Students participating	1,543
% Students participating	<b>85%</b>

**Keewatin Yatthé Health Region**  
**2009 Covered Population – 11,199**  
**0% Community Water Fluoridation (CWF)**  
**26% Optimal (.7+) Adjusted (CWF) or Natural Fluoride**

Keewatin Yatthé Health Region	2009 CP	Sample Date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted (A) Natural .7+ (N ) fluoride	Implementation, Discontinuation (D) Reinstated ( R ) Date for Adjusted CWF (Year)	2009-2010 Number of Fluoride Mouth Rinse Programs (N/A,0,1)	Implementation, Discontinuation (D) Reinstated ( R ) Date of FMRP (yr)
Bear Creek	****	03/10	.56			1	1995
Beauval	****	05/10	.23			1	1992
Buffalo Narrows	****	11/09	.08			1	1988
Canoe Lake	****	Federal	N/A			Federal	
Cole Bay	****	10/10	.06			1	1992
Dillon	****	Federal	N/A			N/A	
Green Lake	****	07/09	.34			1	1998
Ile a la Crosse	****	11/09	.08			1	1988
Jans Bay	****	10/10	.26			1	1992
LaLoche	****	11/10	<b>1.5</b>	<b>N</b>		0	
Michelle Village	****	06/10	.05			0	
Patuanak	****	Federal	N/A			0	
St. Georges Hill	****	02/09	.25			1	1999
Turner Lake	****	03/10	.12			0	

\*\*\*\* **NOTE:** “One of the known limitations of the Covered Population is that it is difficult to assign an accurate residence code with only correspondence address information. This is most pronounced in the north where several communities may share postal codes, northern villages and towns are in very close proximity to reserves, and residence codes may be associated with a band as opposed to a community (e.g. PBCN). As a result, detailed population figures at the individual community level (i.e. village, town, reserve, etc) are often inaccurate.”

## Keewatin Yatthé Health Region Population – 11,199

### **Communities with adjusted (CWF) fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>
# Communities that have <b>discontinued</b> since 1969	0
# Communities that have <b>discontinued</b> since 2005	0

### **Communities with optimal (0.7) adjusted (CWF) fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with lower than optimal (0.7) adjusted (CWF) fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with optimal (0.7+) natural fluoride**

# Communities	1
# Population	2,914
% Population	<b>26%</b>

### **Communities with optimal (0.7+ppm) adjusted (CWF) or natural fluoride**

# Communities	1
# Population	2,914
% Population	<b>26%</b>

### **Fluoride Mouthrinse (FMR) Programs (2009-2010)**

# School FMR Programs	8
# Hutterite Colony FMR Programs	0
# FMR Programs in Health Region	8
# Students participating	542
% Students participating	<b>98%</b>

**Kelsey Trail Health Region**  
**2009 Covered Population – 41,906**  
**24% Community Water Fluoridation (CWF)**  
**24% Optimal (.7+) Adjusted (CWF) or Natural Fluoride**

<b>Kelsey Trail Health Region</b>	<b>2009 CP</b>	<b>Sample Date (mm/yr)</b>	<b>Fluoride Level mg/L (RO) Private (P)</b>	<b>Adjusted (A) Natural .7+ (N) fluoride</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Number of Fluoride Mouth Rinse Programs (N/A,0,1)</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)</b>
Arborfield	407	07/10	.15		1978 (D)	1	1978
Archerwell	338	10/09	.20			1	2008
Aylsham	120	07/09	.22			N/A	
Beatty	63	03/10	<b>1.0</b>	<b>A</b>	1992	N/A	
Bjorkdale	322	No test	(P)			0	
Carrot River	1,262	04/09	.37			2	1980
Choiceland	498	09/09	.23		1976 (D)	1	1993
Codetta	318	No test	(P)			N/A	
Cumberland House	1,331	10/09	.10			1	2010
Garrick	30	12/10	.22			N/A	
Gronlid	60	03/10	<b>1.0</b>	<b>A</b>	2005	1	Prior to 1987
Hudson Bay	1,990	11/09	.09			1	1996
Kelvington	1,063	08/10	.23		1990 (D)	0	
Lintlaw	196	05/09	.25			N/A	
Love	92	01/06	.32	Hygienic use only		N/A	
Melfort	5,864	03/10	<b>1.0</b>	<b>A</b>	1962	0	
Mistatim	129	04/05	.05	Hygienic use only		N/A	
Naicam	786	12/10	.23		1961(I) Jan/2009 (D)	1	1996
Nipawin	5,052	07/10	.17			1	2007

<b>Kelsey Trail Health Region</b>	<b>2009 CP</b>	<b>Sample Date (mm/yr)</b>	<b>Fluoride Level mg/L (RO) Private (P)</b>	<b>Adjusted (A) Natural .7+ (N) fluoride</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Number of Fluoride Mouth Rinse Programs (N/A,0,1)</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)</b>
Pleasantdale	55	06/09	.33			N/A	
Porcupine Plain	1,113	03/10	.24		1978 (D)	1	2005
Prairie River	35	09/04	.16	Hygienic use only		N/A	
Ridgedale	92	10/05	.16	Hygienic use only		N/A	
Rose Valley	404	11/09	.15		1981 (D)	1	2008
Smeaton	268	12/10	.26			N/A	2009 (D) School Closure
St. Brieux	690	01/10	.20			0	
Star City	516	03/10	<b>1.0</b>	<b>A</b>	2003	0	
Star City Colony	99	03/10	<b>1.0</b>	<b>A</b>	2003	1	1994
Sylvania	58	09/10	.32			N/A	2007 (D) School Closure
Tisdale	3,580	10/10	<b>.87</b>	<b>A</b>	1960	0	
Weekes	111	05/03	.09	Hygienic use only		N/A	
White Fox	532	04/10	.21			1	Prior to 1987
Yellow Creek	65	11/09	.21			N/A	
Zenon Park	253	08/09	.22			0	

## Kelsey Trail Health Region Population – 41,906

### **Communities with adjusted (CWF) fluoride**

# Communities	6
# Population	10,182
% Population	<b>24%</b>
# Communities that have <b>discontinued</b> since 1969	5
# Communities that have <b>discontinued</b> since 2005	1

### **Communities with optimal (0.7) adjusted (CWF) fluoride**

# Communities	6
# Population	10,182
% Population	<b>24%</b>

### **Communities with lower than optimal (0.7) adjusted (CWF) fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with optimal (0.7+) natural fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with optimal (0.7+ppm) adjusted (CWF) or natural fluoride**

# Communities	6
# Population	10,182
% Population	<b>24%</b>

### **Fluoride Mouthrinse (FMR) Programs (2009-2010)**

# School FMR Programs	12
# Hutterite Colony FMR Programs	1
# FMR Programs in Health Region	13
# Students participating	1,091
% Students participating	<b>88%</b>



# Mamawetan Churchill River Region Health Authority

2009 Covered Population – 22,766

12% Community Water Fluoridation (CWF)

0% Optimal (.7+) Adjusted (CWF) or Natural Fluoride

Mamawetan Churchill River Region Health Authority	2009 CP	Sample Date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted (A) Natural .7+ (N) fluoride	Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)	2009-2010 Fluoride Mouth Rinse Programs (N/A,0,1)	Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)
Air Ronge	****	08/10	.06			1	1989
Creighton	****	07/10	.08			1	1989
Denare Beach	****	04/06	.12			N/A	
La Ronge	****	12/09	<b>.48</b>	<b>A</b>	1976	0	
Pinehouse	****	11/10	.05			1	1992
Sandy Bay	****	10/10	.08			1	1990
Southend	****	Federal	N/A			N/A	
Stanley Mission	****	Federal	N/A			N/A	
Weyakwin	****	04/10	.28			1	1990
Wollaston Lake	****	05/10	.06			N/A	

\*\*\*\* **NOTE:** “One of the known limitations of the Covered Population is that it is difficult to assign an accurate residence code with only correspondence address information. This is most pronounced in the north where several communities may share postal codes, northern villages and towns are in very close proximity to reserves, and residence codes may be associated with a band as opposed to a community (e.g. PBCN). As a result, detailed population figures at the individual community level (i.e. village, town, reserve, etc) are often inaccurate.”

# Mamawetan Churchill River Region Health Authority

## Population – 22,766

### **Communities with adjusted (CWF) fluoride**

# Communities	1
# Population	2,727
% Population	<b>12%</b>
# Communities that have <b>discontinued</b> since 1969	0
# Communities that have <b>discontinued</b> since 2005	0

### **Communities with optimal (0.7) adjusted (CWF) fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with lower than optimal (0.7) adjusted (CWF) fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with optimal (0.7+) natural fluoride**

# Communities	0
% Population	<b>0%</b>

### **Communities with optimal (0.7+ppm) adjusted (CWF) or natural fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Fluoride Mouthrinse (FMR) Programs (2009-2010)**

# School FMR Programs	5
# Hutterite Colony FMR Programs	0
# FMR Programs in Health Region	5
# Students participating	994
% Students participating	<b>93%</b>

**Prairie North Health Region**  
**2009 Covered Population – 74,550**  
**8% Community Water Fluoridation (CWF)**  
**0% Optimal (.7+) Adjusted (CWF) or Natural Fluoride**

Prairie North Health Region	2009 CP	Sample Date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted (A) Natural .7+ (N) fluoride	Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)	2009-2010 Number Fluoride Mouth Rinse Programs (N/A,0,1)	Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)
Battleford	4,064	05/09	.13			2	2008
Cochin	373	06/10	.18 RO			N/A	
Cut Knife	605	06/09	.17			2	1988
Denholm	120	07/10	<.05 RO			N/A	N/A
Dorintosh	260	06/10	.34			0	
Edam	549	07/10	.22 (P)			1	1996
Glaslyn	458	05/09	.28		1977 (D)	1	2008
Goodsoil	497	04/10	.07			0	
Lashburn	1,178	12/2010	.34		1997, 2004 (D)	0	
Lloydminster SK	10,662	02/10	.08			9	1986
Lloydminster AB	17,402						
Loon Lake	401	12/2010	.07 RO			1	2008
Maidstone	1,354	12/2010	.32			1	1988
Makwa	153	11/09	.30			0	
Marsden	316	12/2010	.13			1	1996
Marshall	706	07/10	.30			0	
Maymont	191	08/09	.17			1	1992
Meadow Lake	6,319	10/10	<b>.65</b>	<b>A</b>	1997	0	
Meota	520	07/10	.10			0	
Mervin	167	07/10	.12 (P)			N/A	N/A

<b>Prairie North Health Region</b>	<b>2009 CP</b>	<b>Sample Date (mm/yr)</b>	<b>Fluoride Level mg/L (RO) Private (P)</b>	<b>Adjusted (A) Natural .7+ (N) fluoride</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Number Fluoride Mouth Rinse Programs (N/A,0,1)</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)</b>
Neilburg	506	08/09	.16			0	
North Battleford	15,217	12/2010	.14		1978 (D)	6	1987,1994, 1995, 2008
Paradise Hill	697	01/10	.20 RO			1	1996
Paynton	216	05/08	.09		1967, 2002 (D)	N/A	N/A
Pierceland	760	06/10	.38 RO			1	2008
St. Walburg	857	01/09	.19			1	1996
Turtleford	688	05/10	.34		1997, 2009 (D)	0	1990 2008 (D)
Waseca	191	05/09	.34			N/A	N/A

## Prairie North Region Population – 74,550

### **Communities with adjusted (CWF) fluoride**

# Communities	1
# Population	6,319
% Population	<b>8%</b>
# Communities that have <b>discontinued</b> since 1969	4
# Communities that have <b>discontinued</b> since 2005	1

### **Communities with optimal (0.7) adjusted (CWF) fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with lower than optimal (0.7) adjusted (CWF) fluoride**

# Communities	1
# Population	6,319
% Population	<b>8%</b>

### **Communities with optimal (0.7+) natural fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with optimal (0.7+ppm) adjusted (CWF) or natural fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Fluoride Mouthrinse (FMR) Programs (2009-2010)**

# School FMR Programs	29
# Hutterite Colony FMR Programs	1
# FMR Programs in Health Region	30
# Students participating	4,694
% Students participating	<b>87%</b>

**Prince Albert Parkland Health Region**  
**2009 Covered Population – 77,668**  
**2% Community Water Fluoridation (CWF)**  
**2% Optimal (.7 +) Adjusted (CWF) or Natural Fluoride**

Prince Albert Parkland Health Region	2009 CP	Sample date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted (A) Natural .7+ (N) fluoride	Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)	2009-2010 Number of Fluoride Mouth Rinse Programs (N/A,0,1)	Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)
Albertville	186	08/09	.27			N/A	
Big River	1,046	02/10	.15		2007 (D)	1	Prior 1987
Birch Hills	1,247	09/10	.09			0	
Blaine Lake	628	04/09	.31		1977 (D)	0	
Candle Lake	667	03/09	.41			N/A	
Canwood	449	08/10	.13		1974(D)	1	Prior 1987
Chitek Lake	192	No test	(P)			N/A	
Christopher Lake	64	09/10	.18			1	Prior 1987
Debden	505	08/10	.21			1	Prior 1987
Green Leaf Colony	85	09/10	.05			1	1988
Hafford	467	07/09	.26			0	
Kinistino*	695	09/10	<b>.92</b>	<b>A</b>	1962	0	2009 (D)
Leask	435	06/10	.45		1978 (D)	0	
Leask Colony	113	09/10	.05			1	1988
Leoville	446	02/10	.33			0	
MacDowall	220	12/10	.05		2008 (D)	0	2005(D)
Marcelin	236	09/10	.30		1977 (D)	0	
Meath Park	345	12/10	.17			0	
Medstead	215	06/10	.36			0	

<b>Prince Albert Parkland Health Region</b>	<b>2009 CP</b>	<b>Sample date (mm/yr)</b>	<b>Fluoride Level mg/L (RO) Private (P)</b>	<b>Adjusted (A) Natural .7+ (N ) fluoride</b>	<b>Implementation, Discontinuation (D) Reinstated ( R ) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Number of Fluoride Mouth Rinse Programs (N/A,0,1)</b>	<b>Implementation, Discontinuation (D) Reinstated ( R ) Date of FMRP (yr)</b>
Paddockwood	209	09/10	.37			N/A	
Prince Albert	40,577	12/10	.05		2008 (D)	0	
Rabbit Lake	156	08/10	.30			N/A	
RM of Buckland	1,907	12/10	.37		2008 (D)	N/A	
RM of Duck Lake	267	12/10	.20		2008 (D)	N/A	
RM of Kinistino*	348	09/10	<b>.92</b>	<b>A</b>	2000	N/A	
RM of Prince Albert	1,289	12/10	.07		2008 (D)	0	
Shell Lake	382	04/09	.19			0	2009 (D)
Shellbrook	1,690	08/10	.25		1974 (D)	1	1988
Speers	104	No test	(P)			N/A	
Spiritwood	1,191	08/10	.26			0	
St. Louis**	583	12/10	<b>.59</b>	<b>A</b>	1976 (D)	0	
Weirdale	103	01/10	.30			N/A	
Weldon*	222	12/10	<b>.82</b>	<b>A</b>	2000	N/A	
Wild Rose	298	08/10	.37			1	1988

\* Water supplied by Melfort Water

\*\* Water supplied by Wakaw Water Works

## Prince Albert Parkland Health Region Population – 77,668

### **Communities with adjusted (CWF) fluoride**

# Communities	4
# Population	1,848
% Population	<b>2%</b>
# Communities that have <b>discontinued</b> since 1969	6
# Communities that have <b>discontinued</b> since 2005	6

### **Communities with optimal (0.7) adjusted (CWF) fluoride**

# Communities	3
# Population	1,265
% of population	<b>2%</b>

### **Communities with lower than optimal (0.7) adjusted (CWF) fluoride**

# Communities	1
# Population	583
% Population	<b>1%</b>

### **Communities with optimal (0.7+) natural fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with optimal (0.7+) adjusted (CWF) or natural fluoride**

# Communities	3
# Population	1,265
% Population	<b>2%</b>

### **Fluoride Mouthrinse Programs (2009-2010)**

# School FMR Programs	8
# Hutterite Colony FMR Programs	2
# FMR Programs in Health Region	8
# Students participating	686
% Students participating	<b>92%</b>



**Regina Qu'Appelle Health Region**  
**2009 Covered Population – 253,809**  
**3% Community Water Fluoridation (CWF)**  
**2% Optimal (.7+) Adjusted (CWF) or Natural Fluoride**

<b>Regina Qu'Appelle Health Region</b>	<b>2009 CP</b>	<b>Sample date (mm/yr)</b>	<b>Fluoride Level mg/L (RO) Private (P)</b>	<b>Adjusted (A) Natural .7+ (N) fluoride</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Number of Fluoride Mouth Rinse Programs (N/A,0,1)</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)</b>
Abernethy	190	04/10	.18			NA	
Arm River Colony	120	09/10	.10 (P)			1	Prior 2000
Balcarres	666	09/10	.05			1	Prior 1987
Balgonie	1981	09/10	<b>.24</b>	<b>A</b>	1968	0	
Bethune	455	04/10	.13		1976 (D)	0	
Broadview	619	11/10	.36			0	
Buena Vista	494	09/10	.43			N/A	
Craven	733	04/10	.27			N/A	
Cupar	633	06/10	.25			1	Prior 1987
Dilke	180	05/10	.26			N/A	
Dysart	280	09/10	.11			N/A	
Earl Grey	361	10/10	.22			1	2007 School Closure
Edenwold	291	09/10	.06			0	
Fort Qu'Appelle	2,344	03/10	.10			1	Prior 1987
Francis	226	02/10	.25			1	2007 School Closure
Grand Coulee	151	12/10	.10			0	
Grenfell	1,154	10/10	.26			0	
Holdfast	211	09/10	.12			0	

<b>Regina Qu'Appelle Health Region</b>	<b>2009 CP</b>	<b>Sample date (mm/yr)</b>	<b>Fluoride Level mg/L (RO) Private (P)</b>	<b>Adjusted (A) Natural .7+ (N ) fluoride</b>	<b>Implementation, Discontinuation (D) Reinstated ( R ) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Number of Fluoride Mouth Rinse Programs (N/A,0,1)</b>	<b>Implementation, Discontinuation (D) Reinstated ( R ) Date of FMRP (yr)</b>
Imperial	358	05/10	.18			0	
Indian Head	1,895	08/10	<b>.86</b>	<b>A</b>	1976	1	Prior 1987
Kelliher	323	09/09	.31			1	1995
Kendal	124	09/10	.34			N/A	
Lajord Colony	80	12/09	.27 (P)			1	1997
Lebret	315	08/10	.23			N/A	
Lenburg	333	05/10	.15			N/A	
Lestock	135	03/09	.23			N/A	
Lipton	356	04/09	.30		1978 (D)	1	Prior 1987
Lumsden	1,996	03/09	.22			0	
McLean	375	09/10	.10			1	Prior 1987
Milestone	708	09/10	.27			1	Prior 1987
Montmartre	521	09/10	.34			1	Prior 1987
Moosomin	2,496	05/10	<b>.70</b>	<b>A</b>	1963	0	
Odessa	291	02/10	.29			N/A	2007 School Closure
Pense	589	12/10	.10			0	
Pilot Butte	2,125	09/10	.05			1	2002
Punnichy	149	09/10	.26			1	1998
Punnichy Gordon's First Nation	1,098	09/10	.05			1	Prior 2000
Qu'Appelle	769	05/10	.19			1	
Raymore	639	09/10	.26			1	1995
Regina	192,912	12/10	.11			18	1983-2003

<b>Regina Qu'Appelle Health Region</b>	<b>2009 CP</b>	<b>Sample date (mm/yr)</b>	<b>Fluoride Level mg/L (RO) Private (P)</b>	<b>Adjusted (A) Natural .7+ (N ) fluoride</b>	<b>Implementation, Discontinuation (D) Reinstated ( R ) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Number of Fluoride Mouth Rinse Programs (N/A,0,1)</b>	<b>Implementation, Discontinuation (D) Reinstated ( R ) Date of FMRP (yr)</b>
Regina Beach	1,224	09/10	.14			0	
Rocanville	1,040	09/10	.05			0	
Sedley	376	11/09	.26			1	2007
Silton	466	09/10	.24			N/A	
Simpson	170	11/10	.05			N/A	
Sintaluta	113	10/10	.35			N/A	
Southey	962	09/10	.19			1	Prior 1987
Vibank	488	05/09	.32			1	2000
Wapella	394	05/10	.24			1	1995
Welwyn	159	11/09	.13			N/A	
White City	2,313	09/10	.34			0	
Whitewood	1,006	06/10	.33		1962 (D)	0	1994 2000 (D)
Wilcox	353	09/10	.32			0	
Wolseley	965	10/09	.14			0	

## Regina Qu'Appelle Health Region Population – 253,809

### **Communities with adjusted (CWF) fluoride**

# Communities	3
# Population	6,372
% Population	<b>3%</b>
# Communities that have <b>discontinued</b> since 1969	3
# Communities that have <b>discontinued</b> since 2005	0

### **Communities with optimal (0.7) adjusted (CWF) fluoride**

# Communities	2
# Population	4,391
% Population	<b>2%</b>

### **Communities with lower than optimal (0.7) adjusted (CWF) fluoride**

# Communities	1
# Population	1,981
% Population	<b>1%</b>

### **Communities with optimal (0.7+) natural fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with optimal (0.7+ppm) adjusted (CWF) or natural fluoride**

# Communities	2
# Population	4,391
% Population	<b>2%</b>

### **Fluoride Mouthrinse (FMR) Programs (2009-2010)**

# School FMR Programs	36
# Hutterite Colony FMR Programs	2
# FMR Programs in Health Region	38
# Students participating	4,504
% Students participating	<b>88%</b>

**Saskatoon Health Region**  
**2009 Covered Population – 300,638**  
**86% Community Water Fluoridation (CWF)**  
**85% Optimal (.7+) Adjusted (CWF) or Natural Fluoride**

Saskatoon Health Region	2009 CP	Sample Date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted, Natural .7+ (N) fluoride	Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted(CWF) (Year)	2009-2010 Number of Fluoride Rinse Program (N/A, 0,1)	Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)
Aberdeen*	772	N/A	.68	A		0	Prior 1987 2010 (D)
Allan*	773	N/A	.68	A		0	
Alvena	114	05/09	.29			N/A	
Annaheim**	311	01/10	.80	A	1997	0	
Asquith	893	03/09	.16			1	2007
Borden	385	11/10	.22		1976 (D)	1	1994
Bradwell*	213	N/A	.68	A	1976 (D)	N/A	
Bruno**	682	02/10	.73	A	1997	0	
Bulyea	216	09/10	.22			0	
Clavet*	740	N/A	.68	A		0	
Clear Springs Colony	100	10/10	.25			1	2010
Colonsay	551	04/10	.01 RO		1976 (D)	1	1990
Cudworth**	847	02/10	.71	A	Prior to 1990	0	
Dalmeny*	1,929	N/A	.68	A		0	
Delisle	1,266	05/10	.20		1977 (D)	2	1999
Domremy**	200	02/10	.71	A	1997	N/A	
Drake	286	11/10	.17			1	1997
Duck Lake	469	06/10	.16		1978 (D)	1	2002
Dundurn	1,261	12/10	.19		1981 (D)	1	Prior 1987
Elfros	436	11/10	.25			N/A	

Saskatoon Health Region	2009 CP	Sample Date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted, Natural .7+ (N) fluoride	Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)	2009-2010 Number of Fluoride Rinse Programs (NA, 0,1)	Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)
Elstow*	108	N/A	.68	A		N/A	
Englefeld	291	09/10	.01			1	2003
Govan	270	10/10	.22			1	2009 (D) School Closure
Guernsey	108	07/10	.14			N/A	
Hague*	1,188	N/A	.68	A	1978 (D)	0	
Hanley	605	09/10	.18			1	Prior 1987
Hepburn	796	10/09	.22			0	
Hillcrest Colony	125	12/10	.07			1	
Humboldt**	5,940	02/10	.73	A	1963	0	
Jansen	143	05/09	.19			N/A	
Laird	309	06/10	.13			0	
Lake Lenore**	382	02/10	.72	A	1997	0	
Lakeside (Quill Lake) Colony	100	01/11	.05			1	2010
Langham	1,507	12/09	.02		1994 (R) 2007 (D)	0	1998 (D)
Lanigan	1,470	11/09	.12		1974 (D)	1	1997
Leroy	525	04/09	.01			1	1997
Margo	120	01/09	.11			N/A	
Martensville*	6,559	N/A	.68	A	1976	0	
Meacham	106	11/10	.25			N/A	
Middle Lake	359	12/09	.27		1991 (D)	1	2008
Muenster**	462	01/10	.70	A	1997	0	

Saskatoon Health Region	2009 CP	Sample Date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted, Natural .7+ (N) fluoride	Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)	2009-2010 Number of Fluoride Rinse Programs (NA, 0,1)	Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)
Nokomis	420	12/09	.14			0	
Osler*	1,419	N/A	<b>.68</b>	<b>A</b>	1978	0	
Prud'homme	276	05/09	.20			N/A	
Quill Lake	574	01/10	<b>1.32</b>	<b>A</b>	1989 (D) 1998 (R)	1	2002
Radisson	581	12/08	.24		1974 (D)	1	2007 (D) School Closure
Riverview Colony	100	07/10	.05			1	Prior to 1987
Riverbend Colony	100	10/10	.16			1	Prior to 1987
Rosthern	1,631	04/09	.16		2003 (D)	0	
Saskatoon (Including RM of Corman Park)	223,209	09/10	<b>.68</b>	<b>A</b>	1955	0	
Semans	228	03/08	.11			N/A	
Spalding	288	06/09	.27		1979 (D)	N/A	
Strasbourg	888	05/10	.32			1	2006
St. Benedict	108	08/09	.18			N/A	
St. Gregor	166	10/09	.28			N/A	
St. Isidore Bellevue	117	02/10	<b>.91</b>	<b>A</b>		N/A	
Vanscoy	723	04/10	.15			1	1993
Viscount	320	02/10	.23		1976 (D)	2	2009
Vonda	365	12/09	.18			0	
Wadena	1,387	02/10	<b>.59</b>	<b>A</b>	1961	0	
Wakaw	1,176	01/10	<b>.72</b>	<b>A</b>	1997	0	
Waldheim	1,206	11/10	.28			1	Prior 1987

<b>Saskatoon Health Region</b>	<b>2009 CP</b>	<b>Sample Date (mm/yr)</b>	<b>Fluoride Level mg/L (RO) Private (P)</b>	<b>Adjusted, Natural .7+ (N) fluoride</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Number of Fluoride Rinse Programs (NA, 0,1)</b>	<b>Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)</b>
Warman*	6,332	N/A	<b>.68</b>	<b>A</b>		0	
Watrous	2,133	03/09	.26			1	1998(D) 2000(R)
Watson	844	02/10	<b>.97</b>	<b>A</b>	1988 (R)	0	
Wishart	121	02/10	.30			0	2008 (D) School Closure
Wynyard	2,038	06/10	<b>.25</b>	<b>A</b>	1956	0	
Young	354	09/09	.22		1981 (D)	1	1996

\* **Communities who receive treated water from Saskatoon Water Treatment Plant**

\*\* **Communities who receive treated water from the Wakaw Water Treatment Plant**



## Saskatoon Health Region Population – 300,638

### **Communities with adjusted (CWF) fluoride**

# Communities	24
# Population	258,202
% Population	<b>86%</b>
# Communities that have <b>discontinued</b> since 1969	12
# Communities that have <b>discontinued</b> since 2005	1

### **Communities with optimal (0.7) adjusted (CWF) fluoride**

# Communities	22
# Population	254,777
% Population	<b>85%</b>

### **Communities with lower than optimal (0.7) adjusted (CWF) fluoride**

# Communities	2
# Population	3,425
% Population	<b>1%</b>

### **Communities with optimal (0.7+) natural fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with optimal (0.7+ppm) adjusted (CWF) or natural fluoride**

# Communities	22
# Population	254,777
% Population	<b>85%</b>

### **Fluoride Mouthrinse (FMR) Programs (2009-2010)**

# School FMR Programs	21
# Hutterite Colony FMR Programs	5
# FMR Programs in Health Region	26
# Students participating	2,004
% Students participating	<b>89%</b>

**Sun Country Health Region**  
**Covered Population – 54,138**  
**21% Community Water Fluoridation (CWF)**  
**24% Optimal (.7+) Adjusted (CWF) or Natural Fluoride**

Sun Country Health Region	2009 CP	Sample Date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted (A) Natural .7+ (N) Fluoride	Implementation, Discontinuation (D) Reinstated (R) Date CWF	2009-2010 Fluoride Mouthrinse Programs (N/A,0,1)	Implementation, Discontinuation (D) Reinstated (R) (yr)
Alameda	380	05/10	.09		1980's (D)	1	1996
Alida	178	08/07	.09			0	2005 (D) School Closure
Arcola	581	09/08	.24		1974 (D)	1	1989
Bellegarde	N/A	N/A	No data collected			1	?
Bengough	467	12/09	.21			1	Prior 1987
Bienfait	989	10/10	.05		1981 (D)	0	
Carievale	318	N/A	No data collected			0	Prior 1987
Carlyle	1,576	02/08	.39			1	1992
Carnduff	1,168	05/09	<b>.84</b>	<b>A</b>	1967	0	
Ceylon	207	10/10	.08		1982 (D)	N/A	
Coronach	771	11/09	.31		1978 (D)	1	Prior 1987
Creelman	137	02/10	.06			N/A	
Estevan	11,304	11/10	<b>.82</b>	<b>N</b>		0	
Fillmore	281	01/09	.27			0	
Frobisher	172	N/A	No data collected		1974 (D)	0	
Gainsborough	291	N/A	No data collected			0	2005(D) School Closure
Gladmar	83	10/08	.10			1	1993
Glenavon	231	03/09	.31			0	2006 (D) School Closure
Glen Ewen	137	01/09	.04			N/A	
Halbrite	1 11	N/A	No data collected			N/A	
Kennedy	224	N/A	No data collected			1	1994

Sun Country Health Region	2009 CP	Sample Date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted (A) Natural .7+ (N) Fluoride	Implementation, Discontinuation (D) Reinstated (R ) Date CWF	2009-2010 Fluoride Mouthrinse Programs (N/A,0,1)	Implementation, Discontinuation (D) Reinstated ( R ) (yr)
Kenosee Lake	334	N/A	No data collected			N/A	
Kipling	1,117	10/09	.05			1	1994
Lampman	772	04/07	.34		1974 (D)	1	1996 (R )
Lang	196	08/10	.43			0	
Macoun	246	07/10	<b>.82</b>	<b>N</b>		1	2001
Manor	349	11/10	.16			1	1990
Maryfield	380	09/10	.34		1974 (D)	1	1996
McTaggart	126	06/08	<b>.90</b>	<b>A</b>	2003	N/A	
Midale	671	12/09	.21		1981 (D)	1	1996
Minton	114	08/10	.11			N/A	
North Portal	136	04/09	.14			N/A	
Ogema	397	04/09	.15			1	2001
Oxbow	1,415	04/10	.20		1969 (D)	1	1995
Pangman	253	10/06	.17			1	2000
Radville	840	04/10	.14			1	1990
Redvers	1,055	N/A	No data collected		1990 (D)	1	1990
Storthoaks	136	N/A	No data collected			N/A	
Stoughton	687	02/10	.16			0	
Torquay	244	05/09	.33			N/A	
Wawota	611	01/10	.05			1	1992
Weyburn	10,288	11/10	<b>.64</b>	<b>A</b>	1955	0	
Windthorst	235	07/09	.09			0	2002 (D)
Yellow Grass	437	04/10	.15			0	

## Sun Country Health Region Population – 54,138

### **Communities with adjusted (CWF) fluoride**

# Communities	3
# Population	11,582
% Population	<b>21%</b>
# Communities that have <b>discontinued</b> since 1969	11
# Communities that have <b>discontinued</b> since 2005	0

### **Communities with optimal (0.7) adjusted (CWF) fluoride**

# Communities	2
# Population	1,294
% Population	<b>2%</b>

### **Communities with lower than optimal (0.7) adjusted (CWF) fluoride**

# Communities	1
# Population	10,288
% Population	<b>19%</b>

### **Communities with optimal (0.7+) natural fluoride**

# Communities	2
# Population	11,550
% Population	<b>21%</b>

### **Communities with optimal (0.7+ppm) adjusted (CWF) or natural fluoride**

# Communities	4
# Population	12,844
% Population	<b>24%</b>

### **Fluoride Mouthrinse (FMR) Programs (2009-2010)**

# School FMR Programs	21
# Hutterite Colony FMR Programs	0
# FMR Programs in Health Region	21
# Students participating	1,859
% Students participating	<b>85%</b>

**Sunrise Health Region**  
**2009 Covered Population – 56,806**  
**15% Community Water Fluoridation**  
**10% Optimal (.7+) Adjusted (CWF) or Natural Fluoride**

Sunrise Health Region	2009 CP	Sample Date (mm/yr)	Fluoride Level mg/L (RO) Private (P)	Adjusted (A) Natural .7+ (N) fluoride	Implementation, Discontinuation (D) Reinstated (R) Date for Adjusted CWF (Year)	2009-2010 Number of Fluoride Rinse Programs (N/A, 0,1)	Implementation, Discontinuation (D) Reinstated (R) Date of FMRP (yr)
Bredenbury	406	01/10	.13			N/A	
Buchanan	252	02/10	.24			N/A	
Calder	139	10/10	.21			1	1989
Canora	2,535	09/10	<b>.59</b>	<b>A</b>	1961	0	
Churchbridge	781	12/10	.09			1	2008
Ebenezer	175	12/09	.14			N/A	
Endeavour	210	02/10	.10			N/A	
Esterhazy	2,706	06/09	.19			1	1991
Fenwood	61	03/09	.02 RO			N/A	
Foam Lake	1,275	10/10	.02 RO		1962, 2005 (D)	1	2006
Gerald	143	05/09	.16			N/A	
Goodeve	77	04/10	.13			N/A	
Grayson	228	03/09	.39			1	1990
Hyas	186	02/09	.56			1	1995
Invermay	326	06/09	.23		1977 (D)	1	1991
Ituna	781	08/09	.14			1	1988
Kamsack	1,993	12/10	RO		2008 (D)	0	
Killaly	62	12/10	.05			N/A	
Langenburg	1,237	04/10	<b>.83 RO</b>	<b>A</b>	1962	0	

<b>Sunrise Health Region</b>	<b>2009 CP</b>	<b>Sample Date (mm/yr)</b>	<b>Fluoride Level mg/L RO Private (P)</b>	<b>Adjusted (A) Natural .7+ (N) fluoride</b>	<b>Implementation , Discontinuation (D) Reinstated ( R ) Date for Adjusted CWF (Year)</b>	<b>2009-2010 Number of Fluoride Rinse Programs (N/A, 0,1)</b>	<b>Implementation, Discontinuation (D) Reinstated ( R) Date of FMRP (yr)</b>
MacNutt	110	06/09	.16			N/A	
Melville	4,667	01/10	<b>.70</b>	<b>A</b>	1960	0	
Neudorf	307	07/10	.11			N/A	
Norquay	586	04/10	.42			1	1994
Pelly	312	12/10	.22			0	2005 (R) 2009 (D)
Preeceville	1,214	04/09	.17		1961, 2003 (D)	1	2004
Rhein	210	04/09	.34			N/A	
Saltcoats	737	05/10	.20			1	1999
Sheho	146	10/09	.20		1978 (D)	N/A	
Springside	603	05/09	.28			1	1998
Spy Hill	225	08/10	.10			N/A	
Stenen	152	01/09	.32			N/A	
Stockholm	400	06/09	.23			1	1994
Sturgis	714	02/09	.11		1992 (D)	1	1999
Tantallon	115	05/10	.18			N/A	
Theodore	550	06/10	.23			1	2000
Togo	121	01/09	.32			N/A	
Yorkton	17,608	12/09	.08			8	1986-2004

## Sunrise Health Region Population – 56,806

### **Communities with adjusted (CWF) fluoride**

# Communities	3
# Population	8,439
% Population	<b>15%</b>
# Communities that have <b>discontinued</b> since 1969	4
# Communities that have <b>discontinued</b> since 2005	2

### **Communities with optimal (0.7) adjusted (CWF) fluoride**

# Communities	2
# Population	5,904
% Population	<b>10%</b>

### **Communities with lower than optimal (0.7) adjusted (CWF) fluoride**

# Communities	1
# Population	2,535
% Population	<b>4%</b>

### **Communities with optimal (0.7+) natural fluoride**

# Communities	0
# Population	0
% Population	<b>0%</b>

### **Communities with optimal (0.7+ppm) adjusted (CWF) or natural fluoride**

# Communities	2
# Population	5,904
% Population	<b>10%</b>

### **Fluoride Mouthrinse (FMR) Programs (2009-2010)**

# School FMR Programs	23
# Hutterite Colony FMR Programs	0
# FMR Programs in Health Region	23
# Students participating	2,955
% Students participating	<b>95%</b>

# Health Region / Authority

<p>Athabasca Health Authority Keewatin Yatthé Health Region Mamawetan Churchill Population Health Unit Technical Consultant Box 6000 La Ronge, SK S0J 1L0</p>	<p>Prince Albert Parkland Health Region Dental Health Educator Box 5700 (2<sup>nd</sup> Floor–MacIntosh Mall) Prince Albert, SK S6V 7V6</p>
<p>Cypress Health Region Dental Health Educator 350 Cheadle Street West Swift Current, SK S9H 4G3</p>	<p>Regina Qu'Appelle Health Region Dental Health Coordinator Population &amp; Public Health Services 1080 Winnipeg Street Regina, SK S4R 8P8</p>
<p>Five Hills Health Region Dental Health Educator Public Health Services 107 – 110 Ominica Street West Moose Jaw, SK S6H 6V2</p>	<p>Saskatoon Health Region Supervisor, Dental Health Program Public Health Services 101 – 310 Idylwyld Drive North Saskatoon, SK S7L 0Z2</p>
<p>Heartland Health Region Dental Health Educator Box 1300 Rosetown, SK S0L 2V0</p>	<p>Sun Country Health Region Dental Health Educator 206 Railway Ave East Box 670 Carlyle, SK S0C 0R0</p>
<p>Kelsey Trail Health Region Dental Health Educator Public Health Services Box 6500 Melfort, SK S0E 1A0</p>	<p>Sunrise Health Region Dental Health Educator Public Health Services 150 Independent Street Yorkton, SK S3N 0S7</p>
<p>Prairie North Health Region Dental Health Educator Suite 101, 11427 Railway Ave North Battleford, SK S9A 3G8</p>	