

# Patient Collection Instructions for Fecal Calprotectin

Specimen	<ul style="list-style-type: none"> <li>• Stool – Preferred first bowel movement of the day.</li> <li>• Specimen cannot be collected from a diaper.</li> <li>• Separate specimens must be submitted when multiple tests are ordered.</li> </ul>
Labelling	<ul style="list-style-type: none"> <li>• Label container:             <ul style="list-style-type: none"> <li>○ First and last name</li> <li>○ Provincial Health Care Number</li> <li>○ Date and time of collection</li> </ul> </li> <li>• Write date and time of collection on requisition.</li> </ul>
Dietary Requirements	<ul style="list-style-type: none"> <li>• None</li> </ul>
Collection Procedure	<ul style="list-style-type: none"> <li>• Collect stool on a dry clean surface:             <ul style="list-style-type: none"> <li>○ Place sheet of plastic wrap or newspaper over toilet if a receptacle is not provided</li> <li>○ Do not mix stool with urine or water</li> <li>○ Transfer a walnut size amount of stool into a container with a disposable utensil if a stick is not provided</li> <li>○ Screw lid tightly onto container</li> </ul> </li> </ul>
Required Volume	<ul style="list-style-type: none"> <li>• Optimal Volume: Walnut size amount</li> </ul>
Stability/ Storage	<ul style="list-style-type: none"> <li>• Store at refrigeration temperature (2-8°C) or on an ice pack until delivered to the laboratory.</li> <li>• Can be dropped off at RUH Test Centre, SPH Test Centre or any LifeLabs Medical Laboratories.</li> </ul>