

Patient Collection Instructions for Female Midstream Urine

Applies to former Saskatoon Health Region area

Specimen	<ul style="list-style-type: none"> • Midstream Urine - Females
Labelling	<ul style="list-style-type: none"> • Label container (sterile pink/orange top container) <ul style="list-style-type: none"> ○ First and last name ○ Provincial Health Care Number and Date of Birth ○ Date and time of collection • Write time and date of collection on requisition
Collection Procedure	<ul style="list-style-type: none"> • Hands should be washed and dried thoroughly • Remove lid from container and set lid upside down to avoid contamination – DO NOT TOUCH THE INNER SURFACE OF THE LID OR THE BOTTLE • Squat over the toilet, separate the skin of the vulva • Continuing to hold the skin folds apart, pass a small amount of urine into the toilet – then urinate into the container • Replace the lid securely on the container. Place the container in the Ziploc bag and reseal. • Wash and dry hands
Required Volume	<ul style="list-style-type: none"> • Optimal Volume: The container should only be approximately ½ full
Stability/ Storage	<ul style="list-style-type: none"> • Immediately drop off at RUH Test Centre, SPH Test Centre or any Patient Service Centre • If unable to deliver sample immediately, refrigerate the sample until able to do so

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