

**Trained Observer Checklist for Personal Protective Equipment (PPE)
Donning – High Risk¹**

Done ✓	
	Review page 1 of DONNING PPE Procedure *HIGH RISK
	Trained observer is available, performed HH and has put on (donned) shoe covers
	Trained observer is ready to monitor the steps of the Checklist for PPE Donning and will assist the healthcare worker (HCW) as required
	Trained observer has signed log book
	HCW has completed the following pre- donning activities: <ul style="list-style-type: none"> a. Changed from personal clothing to healthcare uniform and appropriate footwear (washable, closed in toe and heel) b. Removed all personal items (i.e., jewelry, phones, pagers, pens, lanyards, stethoscopes) c. Fingernails are clean and short – no artificial nails and polish d. Prescription glasses fit securely e. Clean shaved face f. Hydrated and recently used washroom g. Hair tied up and off neck – not above crown h. All required PPE are available in sizing appropriate for HCW fit i. Signed log book
	1. Hand hygiene
	2. Put on knee high shoe covers
	3. Hand hygiene
	4. Put on N95 respirator
	5. Put on inner gloves
	6. Put on gown
	7. Put on surgical hood
	8. Put on face shield
	9. Put on outer gloves
	10. Trained observer inspects PPE
	11. Trained observer to put on remaining required PPE: <ul style="list-style-type: none"> a. Gown, then face shield, then gloves
	12. Trained observer state their role. Remind HCW to avoid touching face or adjusting PPE.
	Review Page 1 of HCW D OFFING PPE Procedure *HIGH RISK

Date/Time _____

Healthcare Worker _____

Trained Observer _____

¹High risk symptoms: Bleeding or uncontrolled diarrhea or uncontrolled vomiting
High risk procedures: Aerosol generating medical procedures (AGMPs), CPR, central line insertion, procedures that result in copious amounts of body fluid contamination