

# Have YOU travelled from West Africa recently?

The risk of EBOLA in Canada is VERY LOW



You cannot get EBOLA from the AIR



There are EBOLA outbreaks in the West African countries of: Sierra Leone, Guinea, Liberia, and the Democratic Republic of Congo.

You can only get EBOLA if you have touched



## What to do if you feel sick

If you feel sick and were in Africa in the last **21** days, proceed directly to Emergency



Tell them:

- ✓ Your symptoms
- ✓ Which countries you visited or travelled from, and
- ✓ Whether you have been to a medical facility or received medical care while abroad.

For more information: [www.publichealth.gc.ca](http://www.publichealth.gc.ca)



Public Health  
Agency of Canada

Agence de la santé  
publique du Canada

