Population and Public Health
Population and Public Health strives to enhance health and well-being through population approaches that focus on:

- Communicable Disease Prevention, Treatment and Control
- Primary Prevention and Health Promotion
- Health Equity
- Health Protection
- Health Surveillance

Breastfeeding, Infant and Preschool Nutrition - 306.655.4630

Public health nurses, nutritionists and community dietitians provide breastfeeding and nutrition information and support to parents and caregivers in the preschool years. This occurs at postnatal home visits, child health clinics and through public awareness initiatives.
Building Health Equity (BHE) - 306.655.4950
The BHE team provides public health services in the Saskatoon communities of King George, Meadow Green, Pleasant Hill, Riversdale, and Westmount. The team uses community based and community development interventions to address health disparities and improve the health of residents. The BHE program is dedicated to building partnerships and relationships in the community.

Communicable Disease Control - 306.655.4612
Population and Public Health strives to improve protection against communicable disease for people in Saskatoon Health Region. Staff investigate diseases spread by animals, insects, blood, food, water and respiratory contact. They monitor disease patterns, and plan approaches to reduce or limit the spread of illness. Individual follow-up and education is provided as well as group educational opportunities.

Food Safety - 306.655.4605
Public health inspectors provide inspection of food service facilities such as restaurants, food processors and slaughterhouses. They offer FOODSAFE™ courses, investigate complaints and food-borne illness outbreaks.

For information on FOODSAFE™ courses, locations and dates, please visit our website at: www.saskatoonhealthregion.ca/publichealth, click on Public Health Inspection and then Food Safety.
Food Security - 306.655.4630
Population and Public Health staff work in partnership with community groups to improve access to healthy food for all Health Region residents. This includes researching barriers to food access in Saskatoon, and working with community groups to create healthy food policies. It also includes the Collective Kitchen Leadership Training, the Good Food Box, community garden program, and nutrition guidelines for schools.

Healthy Eating - 306.655.4630
Public health nurses, nutritionists and community dietitians work in partnership to provide education and promotional activities for children, youth and parenting adults. This includes Nutrition Positive in schools, as well as promotion of healthy food choices in work places and recreational facilities.
Health Hazards in Buildings - 306.655.4605
Public health inspectors provide services to improve indoor environments in public facilities and housing. Activities include enforcing standards, assessing housing conditions and advocating for healthy affordable housing.

Health Hazards in the Environment - 306.655.4605
Public health inspectors provide inspection and educational activities to reduce and prevent environmental health hazards in ground and surface water, land and air. Inspection and permitting of plumbing and onsite sewage systems are also provided.

Health Promoting Schools - 306.655.4630
Health Promoting Schools involves students, teachers, parents, school staff and community groups working together to improve learning and health. The goal is to create environments that enable children and families to make healthy choices and foster learning readiness. These activities will improve physical activity, healthy eating, resilience, self-esteem and coping skills.
in motion - 306.655.3648  
www.in-motion.ca

in motion is a health promotion strategy that successfully works in partnerships to build community awareness, implement community strategies, and create supportive environments for all residents to include regular physical activity into their daily lives. in motion leads public awareness campaigns, special events and the in motion school, workplace and community champion network.
Immunization - 306.655.4620

Infants and children need to be protected from communicable disease through immunization against:

- Diphtheria
- Hemophilus b
- Hepatitis B
- Human Papillomavirus
- Influenza
- Measles
- Meningococcal
- Mumps
- Pertussis (whooping cough)
- Pneumococcal
- Polio
- Rubella
- Tetanus
- Varicella (chickenpox)

Public health nurses provide immunization at child health clinics, in schools and in the community. Immunization for adults is available. Influenza vaccine is offered each year starting in October. Influenza vaccine is encouraged for those at greater risk.
International Travel Centre - 306.655.4780
The International Travel Centre provides health advice and immunization to minimize the risk of travel related disease. The travel consultation begins with an individual risk assessment including the nature of the trip, risk-taking behaviours, and personal health characteristics. Our public health nurses are qualified travel medicine practitioners.

Older Adult Wellness - 306.655.4299
Public health nurses provide health education that promotes the health, well-being and independence of older persons. Referrals and resources such as the Older Adult Wellness Directory are available.
Oral Health - 306.655.4462
Staff provide fluoride varnish programs, fluoride mouthrinse programs, dental screening, dental sealants, referrals and health education. Preschool and school resource kits are available to the public. The Population and Public Health Dental Clinic also provides free dental services to children (ages 0 to 16 years) who are in need of dental treatment and who have limited or no dental coverage. Visit us at: [http://www.saskatoonhealthregion.ca/your_health/ps_public_health_dental.htm](http://www.saskatoonhealthregion.ca/your_health/ps_public_health_dental.htm).
Parenting - 306.655.4150
Public health nurses provide education and support to parents during home visits, at child health clinics and through telephone contacts and referrals.

Speech and language services are available for infant and preschool children with speech, voice and language concerns. Early childhood psychology services are available for infant and preschool children with behavioral, social, learning and emotional concerns.

Personal Service Facilities - 306.655.4605
Public health inspectors inspect personal service facilities annually. The program also responds to complaints about personal service facilities (for example, tattoo parlors, beauty salons, etc.).

Population Health Promotion and Community Development - 306.655.4630
Staff work with others to positively influence the conditions that support healthy communities. They focus on the root causes of health through building healthy public policy, creating supportive environments and strengthening community action.
Positive Living Program - 306.655.1783
The Positive Living Program team provides HIV and Hepatitis C treatment and care for adults living within Saskatoon Health Region and parts of northern and central Saskatchewan.

The program also provides pediatric HIV care for Saskatchewan. Staff work closely with community partners to provide support, treatment and care to reduce HIV and Hepatitis C in our community.

Public Health Observatory (PHO) Evidence, Action, Equity: Making Population Health Information Count - 306.655.4679
The PHO works in partnership to improve health and reduce unfair health differences between populations. Our team of epidemiologists, analysts and researchers provides health status information and research findings to our partners to inform decision-making, policy development and programs and services. For more information, visit us at: www.saskatoonhealthregion.ca/your_health/ps_public_health_pho_about.htm.

Resource Centre - 306.655.4600
Audio visual resources are available for loan on public health issues such as nutrition, physical fitness, tobacco and sexually transmitted infections.
Public health nurses work to improve the knowledge, attitudes, behaviours and practices which promote healthy sexuality for teens and young adults. Drop-in clinics offer confidential testing and treatment for sexually transmitted infections as well as contraceptive services and pregnancy testing. Early detection, diagnosis, treatment and follow-up of sexually transmitted diseases is offered for all cases and partners. Sexual health education is provided in community and school settings.

Street Health - 306.221.2442
(available in the City of Saskatoon only)
Public health nurses and outreach workers provide services to reduce HIV and Hepatitis B and C and sexually transmitted infections through daytime outreach and a mobile evening service. Services include testing, counselling, immunization, group and individual education, referrals, needle exchange and safe needle recovery.
Tobacco Reduction - 306.655.4730
Staff provide resources for parents of preschool children, and teachers of school-age children and youth. Public health inspectors enforce the Saskatchewan Tobacco Control Act and the Saskatoon Smoking by-law. Call the Smokers Help Line for support for tobacco cessation: 1.877.513.5333. For information on tobacco enforcement, call 306.655.4605.

TB Control Saskatchewan - 306.655.1740
TB Control Saskatchewan is a provincial program. The team provides services for the prevention, treatment and control of tuberculosis. This includes early identification, treatment, contact tracing, screening, education, data management, surveillance and research. Call us toll free at 1.866.780.6482.

Water Quality - 306.655.4605
Public health inspectors provide approval, inspection and monitoring of public and communal water systems and recreational water sources, including public swimming pools.
Your Population and Public Health Team includes:

- Clinic Assistants
- Clinical Nurse Educators
- Community Program Builders
- Community Development Consultants
- Community Dietitians
- Dental Assistants
- Dental Therapists
- Director
- Early Childhood Psychologists
- Epidemiologists
- Geographic Information Analyst
- Health Educators
- Health Information Management Practitioners and Analysts
- Infectious Disease Physician Specialist
- Information Technology Analysts
- *in motion* Consultants
- Library Technician
- Managers
- Medical Health Officers
- Nurse Clinicians
- Office Administrative Assistants
- Pharmacist
- Policy Analyst
- Population Health Promotion Practitioners
- Program Assistants
- Public Health Inspectors
- Public Health Nurses
- Public Health Nutritionists
- Research Staff
- Social Worker
- Speech-Language Pathologists
- Street Health Outreach Workers
- Supervisors

Saskatoon Health Region has 13 public health centres in seven communities. For more information about the services available in your area, contact your local centre.
Contact us:

Humboldt
Box 1930
515-14th Ave.
S0K 2A0
306.682.2626

Positive Living Program
Box 67
103 Hospital Dr.
Saskatoon, SK
S7N 0W8
306.655.1783

Rosthern
Box 216
2014 - 6th St. E.
S0K 3R0
306.232.6001
1.888.301.4636

Saskatoon, Idylwyld
#101-310 Idylwyld Dr.
North
S7L 0Z2
306.655.4620

Saskatoon, North East
#108-407 Ludlow St.
S7S 1P3
Child Health Services
306.655.4700
International Travel
306.655.4780

Saskatoon - Our Neighbourhood Health Centre
315 Ave. M South
S7M 2K5
306.655.4950

Saskatoon, South East
3006 Taylor St. East
S7H 4J2
306.655.4730

Saskatoon - West Winds Primary Health Centre
3311 Fairlight Dr.
S7M 3Y5
306.655.4275

TB Control Saskatchewan
103 Hospital Dr.
Saskatoon, SK
S7N 0W8
306.655.1740
1.866.780.6482

Wadena
Box 10
S0A 4J0
306.338.2538

Wakaw
Box 796
S0K 4P0
306.233.4363

Watrous
Box 130
S0K 4T0
306.946.2102
1.877.817.9336

Wynyard
Box 778
S0A 4R0
306.554.3335