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# *Self-administered Therapy*

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## *What is self-administered therapy?*

Self-administered therapy means you will take your medication for the treatment of latent TB infection on your own.

Every \_\_\_\_\_ days you will need to pick up your refill of medication from the nurse.

All of the medication packages must be saved. Return the empty packages and any unused full packages to the nurse when you come to pick up your refill.

## *How should I take my medication?*

It is important to take all the medication you are given as prescribed by the TB Control physician.

Take your medication at the same time each day. It is best to take TB medications with food.

*What date do I start taking my medication?* \_\_\_\_\_

## *When do I pick up my medication refills?*

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|-------|-------|-------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
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## *What if I have questions or concerns about my medication or have side effects?*

Notify your TB Nurse Clinician or physician as soon as possible.

Nurse: \_\_\_\_\_ Phone: \_\_\_\_\_

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*For more information, contact TB Control Saskatchewan at 1-866-780-6482 or  
Saskatoon (306) 655-1740 Prince Albert (306) 765-4260 Regina (306) 766-4311*

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*TB Control Saskatchewan*  
Population and Public Health