APPENDIX 3: REFERRAL TEMPLATE

Referral Template for Prevention and Management of Diabetic Foot Complications

**Person with Diabetes**

**Diabetic Foot Ulcer Prevention Strategies**

1. Foot screening to be done by trained staff and the report/referral sent to the physician/podiatrist
2. Encourage routine diabetes health care checks
3. Provide **basic foot care education and reinforce the importance of optimal diabetes management**

**Information communicated to**

**Family Physicians, Nurse Practitioners**
**Main Coordinator of Overall Care**
**Referrals to additional services as required**

**Wound Management**
- Wound Care Specialist
- Enterostomal Therapist
- Podiatrist
- Home Care Nurse
- Long Term Care Nurse
- Acute Care Nurse
- Nurse Practitioner
- Family physician

**Diabetes Management**
- Family Physician
- Endocrinologist/Diabetologist
- Diabetes Educator
- Dietitian
- Home Care Nurse
- Long Term Care Nurse
- Nurse Practitioner
- Pharmacist
- Exercise Therapist
- Social Worker/psychologist

**High Risk Foot Management**
- Vascular Surgeon
- Orthopedic Surgeon/Foot and Ankle Surgeon
- Plastic Surgeon
- Infectious Disease Specialist
- Wound Care Specialist RN/ET
- Podiatrist
- Cast Technician
- Physical Therapy / Occupational Therapy
- Orthotist/Pedorthist
- Family physician