Care Pathways by Level of Risk

No loss of protective sensation (no LOPS²)

1. Foot Screen

Risk Category 0
- Refer for:
  - diabetes education & management
- Client requires:
  - foot screen every 12 months
  - skin/nail care p.r.n.

Risk Category 1
- Refer for:
  - podiatry services
  - diabetes education & management
- Client requires:
  - foot exam every 3-6 months
  - skin/nail care p.r.n.

Risk Category 2
- Refer for:
  - footwear/orthoses
  - podiatry services
  - diabetes education & management
- Client requires:
  - foot exam every 1-3 months
  - skin/nail care p.r.n.

Risk Category 3
- Refer for:
  - wound care
  - footwear/orthoses
  - podiatry services
  - diabetes education & management
- Client requires:
  - foot exam every 1-12 weeks
  - skin/nail care p.r.n.

Loss of protective sensation (LOPS²)

Client has:
- **no** LOPS²

Client has:
- **LOPS²**
  - no high pressure (callus/deformity) or poor circulation
  - no history of/current wound or fracture

Client has:
- **LOPS²**
  - high pressure (callus/deformity) or poor circulation
  - no history of/current wound or fracture

Client has:
- **LOPS²**
  - history of/current wound or fracture

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1 Adapted from the Risk/Management Categories on p.15-16 of the Clinical Practice Guidelines for the Prevention and Management of Diabetes Foot Complications (CPGFC).

2 LOPS is assessed using a 5.07 monofilament (10 gram) at multiple locations on each foot (see Appendix 2 of the CPGFCs).

3 Refer or ensure client has been referred/is being seen by service/program. For a list of providers, see following page.