**Diabetes Program**

**Specialty Clinics**
- **Physician referral**
  - Adult Clinic
  - Aim 4 Health
  - WWPHC
  - RUH
- **Central/Northern referrals**
  - SPH

**Exercise Program**
- **Self referral**
  - First Step Program
  - Saskatoon Field House
  - Shaw Centre
- **Discovering Diabetes**
  - SFH
- **Preventing Diabetes and Heart Disease**
  - SFH

**Research/Quality Improvement**
- **Research Trials**
- **Ongoing Quality Improvement Initiatives**

**Health Promotion**
- **Community Diabetes Outreach Program - Fitness Food Fun**
  - Aim 4 Health
  - Saskatoon Food Bank
  - Learning Centre Food Experience
  - Health Fairs
  - Food Fairs

**Screening**
- **Aim 4 Health - partners with Canadian Diabetes Association**

**Exercise and Education**
- Community-based supervised exercise and rehabilitation program providing personalized exercise prescription
- Education sessions
- Group and social support

**Disease-Specific Management**
- Individualized plan for participants
- Parallel support workshops through the LiveWell with Chronic Conditions Program
- Fitness self-management kits

**People at Risk**
- People Living With Diabetes
- Diabetes Reference Group
- Regional Diabetes Plan

**Multidisciplinary Team Services**
- **Physician / Health Care Provider / Self Referral**
  - Nurse, Dietitian, Social Worker, Pharmacist, Clinical Health Psychology, Outreach Worker, Health Educator, Community Peer Leaders

**In-patient Program**
- RUH
- SCH
- SPH
- Humboldt District Health Complex

**Individual Assessment Counselling**
- Multiple Program Sites
- Initial Assessment
- Follow-up Appointments
- Gestational Diabetes
- Family Physician Practices
- Home Visits
- Primary Health Centres
- Rural Sites

**Group Educational Classes**
- Pre-diabetes and New Diagnosis of Diabetes Group
- Nutrition Workshops
- Preventing Diabetes and Heart Disease
- Discovering Diabetes
- Fitness Food Fun
- LiveWell with Chronic Conditions / Pain

**Partnerships**
- Affinity Credit Union
- Central Urban Metis Federation Inc
- CHEP Good Food Inc.
- City of Saskatoon
- Diabetes Canada
- Global Gathering Place
- International Women of Saskatchewan Metis addiction council of SK inc.
- Community Peer Leader Program
- Saskatchewan Indian Institute of Technology
- Saskatchewan Intercultural Association
- Saskatchewan Polytechnic
- Saskatoon Community Clinic
- Saskatoon Friendship Inn
- Saskatoon Food Bank and Learning Centre
- Saskatoon Open Door Society
- Saskatoon Tribal Council Health Centre
- SHR Departments (MH&A, Home Care, LTC, Public Health, Primary Health)
- Sobey’s
- Student Wellness Initiative Toward Community Health
- The Lighthouse
- Westside Community Clinic
- White Buffalo Youth Lodge
- Whitecap Dakota First Nations
- University of Saskatchewan

**LEGEND**
- RUH - Royal University Hospital
- SPH - St. Paul’s Hospital
- WWPHC - West Winds Primary Health Centre
- SFH - Saskatoon Field House
- SFB - Saskatoon Food Bank & Learning Centre

**February 17, 2017**