## Long Term Care
### Enhanced Cleaning Guidelines during a Gastrointestinal or Respiratory Outbreak

### Routine Cleaning
Continue with routine cleaning adding the enhanced cleaning as outlined below. Use proper cleaner/disinfectant for the suspected organism.

### Cleaning & Disinfecting

#### One step cleaning and disinfecting:
- Follow wet contact time as directed by manufacture.

#### Two step cleaning and disinfecting:
- Step One: Clean with product to remove organic material/gross soiling. Ensure the surface stays wet for 2 - 3 minutes.
- Step Two: Wipe surface again to disinfect area to achieve the 3 to 5 minute total wet contact time as required.

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<tr>
<th>Type of Outbreak</th>
<th>Product</th>
<th>Note</th>
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| **Respiratory OR Norovirus** | Accelerated hydrogen peroxide (0.5% or greater):  
  Accel INTERvention Wipes and RTU*  
  - One step cleaning for 1 minute wet-contact time (if surface is not-grossly soiled).  
  Oxivir TB Wipes**  
  - One step cleaning for 1 minute wet-contact time (if surface is not-grossly soiled).  
  Accel PREvention Wipes  
  - Two step cleaning for 3 minute wet-contact time.  
  PerCept Solution 1:16  
  - Two step cleaning for 5 minute total wet-contact time.  
  Clorox Accelerated Hydrogen Peroxide Wipes  
  - One step cleaning for 1 minute wet-contact time | Carefully follow the directions of the product. Follow the wet contact time.  
  **GI ONLY**: Enhanced cleaning following outbreak:  
  - If outbreak ≤ 25 days duration then continue with enhanced cleaning for 1 week once outbreak is declared over.  
  - If outbreak > 25 days duration then continue with enhanced cleaning for 2 weeks once outbreak is declared over.  

| **Unknown Gastrointestinal** | Clorox® Sporicidal Disinfectant  
  - One step cleaning for 3 minute wet contact time (if surface is not-grossly soiled). | When the organism is identified, if it is not C. difficile, product can be changed to an Accelerated hydrogen peroxide (0.5% or greater): |

| **C. difficile** | Sporicidal Disinfection  
  Clorox® wipes  
  - One step cleaning for 3 minute wet contact time (if surface is not-grossly soiled).  
  Rescue  
  - Accelerated hydrogen peroxide (4.5% or greater) 1:16 (e.g., Rescue)  
  Jug Bleach (5.25-6.15% sodium hypochlorite)  
  - 1:50 (15ml/liter)  
  - 1:10 for cleaning blood and body fluids | Jug Bleach- need to consult Infection Control Practitioner before use with this product.  
  See Infection Prevention & Control Policy #40-30 Clostridium difficile. Carefully follow the directions of the product. |

*Affiliate Homes can purchase product from Cardinal Health or their regular vendor may also stock it. Owned and Operated Homes should purchase Intervention Wipes from The Stevens Company at [www.stevens.ca](http://www.stevens.ca) The product code is 907-ACCINTERVW-6x7

**Homes can purchase this product direct from Wood Wyant-1-800-361-7691 or [wwWinnipeg@woodwyant.com](mailto:wwWinnipeg@woodwyant.com)

Please note Supply Chain Management does stock these items at this time.
Enhanced Cleaning

Twice daily - for high-touch surfaces and hand/skin contact on equipment between residents.

Pay particular attention to likely areas of greatest environmental contamination such as bathrooms and high-touch surfaces (i.e., handrails, door knobs, light switches).

Examples but not limited to:

- Resident's bathroom (sink, taps, and toilet) after each use if shared
- Resident’s telephone and TV remote
- Staff and public bathrooms (sinks, taps, and toilets)
- Hand rails/stair rails
- Call lights/bed rails/lifts
- Light switches/elevator buttons/door handles (inside and out)
- Water fountains
- Wheel chairs/walkers
- Dining room chairs, chair arms and table tops after each setting
- Telephone and desk at Nursing Station
- Hand contact areas of transportation vehicles
- Door surfaces where people push open the door
- Bed-side table
- Fridge handles
- Garbage can or hamper lids
- Staff washrooms/stall doors and handles

Individual Commodes/Boosters/Bed Pans

- Ideally use absorbent bag
- OR cover, transport and clean in dirty service room. Don’t use sprayer. Staff must wear full personal protective equipment. Use bed pans washer if available.

Cleaning Vomitus

- Discard any food in the area
- Clean 3 meters surrounding contaminated area.
- Dispose of any contaminated food that has been handled by infected person or exposed to aerosolized virus by someone vomiting in close proximity (7 to 8 meter surrounding area).

Hand/skin contact of shared equipment (i.e.: lifts, commodes, wheelchairs, electronic thermometers, computer keyboard & mouse, blood pressure machines, walkers, medication or linen carts etc.)

- Cleaned and disinfected after each use and there is evidence of this being completed. The rest of the equipment should be cleaned and disinfected as per routine practice.

Precaution Rooms

- Put on proper PPE before entering room
- Change mop head after room
- See Housekeeping Cue Cards for further direction on cleaning room that is a precautions room:
  http://infonet.sktnhr.ca/infectionpreventionandcontrol/Pages/LTC_Environment_Equipment_Cleaning.aspx
- After resident is taken off precautions, the room including bathroom requires a terminal clean.
- See Work Activity Guidelines (WAG) or Housekeeping Cue Cards for further direction on terminal cleans:
  http://infonet.sktnhr.ca/support-services/Documents/Housekeeping/Cleaning%20Client%20Discharge%20Room.pdf
  http://infonet.sktnhr.ca/infectionpreventionandcontrol/Pages/LTC_Environment_Equipment_Cleaning.aspx

Other Resources available online at www.saskatoonhealthregion.ca/outbreaks