



## *Representative Workforce*

### **National Aboriginal History Month**

The Saskatoon Health Region and Representative Workforce is celebrating Aboriginal History Month with a series of Cultural Conversations that include topics on Pride Week, Truth & Reconciliation and the 60's Scoop



Over 29 diverse organizations in Saskatoon (including the Saskatoon Health Region) have come together to organize a month of activities to raise awareness on reconciliation efforts .

You can find the information on the Office of the Treaty Commission website: <http://www.otc.ca>



**Reconciliation**  
SASKATOON



# Cultural Conversations

## Celebrating Aboriginal History Culture, Ceremony and Reconciliation

June Events 2016



Date	Time	Topic	Location
Wednesday June 1	1:30 – 2:30 pm	Two Spirit Identity Marjorie Beaucage	SPH CAFÉ 1/2/3
Tuesday June 14	1:30- 3:30 pm	Smudging, Policy and Pro- tocol Gilbert Kewistep	SCH 01 CAFE Side Room
<b>NEW</b> Wednesday June 15	1:00- 3:00 pm	Sixties Scoop, Healing and Reconciliation Dr. Jacqueline Maurice	SCH 01 CAFE Side Room
Wednesday June 22	9:30 - 11:30 am	Allyship and Reconciliation Tania Lafontaine Julie Haubrich	SCH 1911
Tuesday June 28	1:30- 3:30 pm	Smudging, Policy and Protocol Ron Thompson	RUH 698A Ground floor

Please register by email with  
[representative.workforce@saskatoonhealthregion.ca](mailto:representative.workforce@saskatoonhealthregion.ca)

**Drop-ins welcome**

**Call 655-3968 or 655-0201 for more information**

# June Pride Week



## Queer Terms

The power of words lies in how we understand and make use of them; we are responsible for our language and for a continued commitment to learning new words as they emerge. The following is a living list of the words used today to refer to the gender and sexually diverse community. We invite you to help us ensure that this list grows with the community.

**Advocate:** a person who actively and publicly works to support a cause and educate others in an attempt to promote tolerance, understanding, and change.

**Ally:** heterosexual and/or cisgender individuals who believe that queer people should have the same rights as their heterosexual and cisgender counterparts. Allies work to confront and counteract homo/bi/transphobic and heterosexist behaviours.

**Two-Spirit:** Two Spirit is a name used by Indigenous People who assume cross or multiple gender roles, attributes, dress and attitudes for personal, spiritual, cultural, ceremonial or social reasons. These roles are defined by each cultural group and can be fluid over a person's lifetime. Being Two Spirit is a gift from Creator.

**Bisexual:** an individual who has or can have relationships (mental, emotional, physical & spiritual) with men and women.

**Lesbian:** a gender specific term that refers to women who have relationships (mental, emotional, physical & spiritual) with other women.

**Gay:** even though gay is a non-gender specific term, gay is typically defined as men who have relationships (mental, emotional, physical & spiritual) with other men.

*Used with Permission from Out Saskatoon.  
For more terms got to : [http://www.outsaskatoon.ca/queer\\_terms](http://www.outsaskatoon.ca/queer_terms)*

**Queer as Film Series** for more details visit [www.saskatoonlibrary.ca](http://www.saskatoonlibrary.ca)

**Pride Parade June 11**

For more Details on the events please visit: <http://saskatoonpride.ca> or [www.outsaskatoon.ca](http://www.outsaskatoon.ca)



## *Allies and Reconciliation*



Creating allies is a huge part of the reconciliation process. Allyship is an opportunity to develop mutually respectful relationships that foster many traditional values found within First Nations and Metis nations. It is through these meaningful relationships that we can begin to establish communities that are equitable, just and fair.

Cristina Ugolini is a manager for the Public Health Observatory within Population and Public Health. She is a married with three children. Cristina works hard to model the behavior she would like to see in her children. Cristina is humbled that many First Nations people view her as an ally in the work she does in health equity. She feels this is an honor that should not be taken lightly.

“To be an ally, I think you need to have a good “sense of self”, in who you are and what you believe in. Recognizing who you are in the world, what level of influence you can have is important. You need to recognize that you can make a difference. For example, as the manager of my department, I have some influence over what we do and how we do things. I think an ally also needs to understand that something needs to change and that they have a role to play in making that change a reality. A strong ally builds strengths in those they work with and leads by example in order to make a difference. You have to have courage, as well as vulnerability. I question myself all the time about whether I'm doing the right thing. Ultimately, it is really just believing firmly in what you do and taking chances and putting yourself out there.

“I am a firm believer in social justice. We all deserve equal respect , dignity, health and opportunity and we all play a role in achieving that vision. The work we do at the PHO really gets to the crux of how different health outcomes are largely dependent on our life circumstances. Sometimes these outcomes can be driven by the way people are treated on a regular basis (for example if they experience racism or discrimination). It is wrong and it's not that these are always overt behaviours, it's just that sometimes we are not reflective enough of our behaviors and how our decisions and actions can affect others My passion as an ally emerges as I truly want to help people open their eyes to what is going on around them but also to what the possibilities are for positive change. I think we need to celebrate the positive changes in communities and while we have a long way to go, we are headed in the right direction in building strong relationships and shared visions for the future.”

