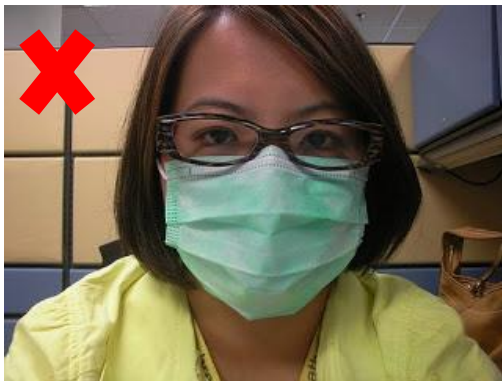


Infection Prevention & Control Week

Respiratory Viruses

Did You Know?

Your eye glasses are not adequate protection for droplet precautions. You need to wear the mask with visor for all droplet precautions.



Key Points:

- Respiratory viruses require both droplet and contact precautions which require a gown, gloves and a visor mask to be worn.
- Do not come to work if you are sick with a respiratory infection. You can transmit the infection to your clients or to your colleagues.
- Cough/sneeze into a tissue or your elbow, not your hand.
- Perform hand hygiene after coughing, sneezing and blowing your nose.
- Influenza requires droplet and contact precautions for 7 days after the onset of symptoms or 5 days of Tamiflu treatment.
- Other respiratory viruses (i.e., Rhinovirus, RSV, Adenovirus, Human Metapneumovirus, Parainfluenza virus, etc.) require droplet and contact precautions until symptoms resolve.