

# Infection Prevention & Control Week

## Client Hand Hygiene

### Did You Know?

**Client hand hygiene practices have been largely overlooked in preventing infections.**

- Most hand hygiene initiatives have focused on the role of the healthcare worker, caregiver, etc. The role of the client is often described in terms of being an advocate in ensuring those charged with their care are practicing good hand hygiene.
- Hand hygiene products and supplies are not always available to our clients. We need to provide them with alcohol-based hand rub (ABHR) if it is not available or accessible at bedside. Please provide soap and water if their hands are visibly soiled.

The 4 moments for client hand hygiene:

1. Entering and exiting the room,
2. Before eating, drinking or taking oral medications,
3. After using the bathroom, bedpan or commode, and
4. Before and after touching wounds, dressings, tubes and other devices.