

# Mental Health and Addiction Services Centralized Intake

**306-655-7777**

**(Monday to Friday 8-430)**

## Who We Are

A dedicated team of Assessor coordinators and addictions counselors providing assessments and access for children, youth and adults to community mental health and addictions programs and services within the Saskatoon area.

## What can you expect when you call MHAS Centralized Intake?

When you call the intake line at **306-655-7777** our intake team will ask you a few questions about your needs. Your information will be sent to a centralized intake worker and you can expect a call back within 0-2 business days.

You can also fill out the online referral form at: **mhas.saskatoonhealthregion.ca**. Your online referral information will be sent to a centralized intake worker and you can expect a call back within 2 business days.

\*Online referrals can be complete by the client, parent/guardian for those under the age of 18, other community agencies and physicians. Phone referrals can be made by the client or parent/guardian for those under the age of 18.

Clients needs will be assessed in real time or by appointment to determine which services or intervention might be helpful. Clients may be referred to groups or individual services within MHAS or may be directed to support services within their community.

## What services does this team provide?

Intake workers are available to support individuals and families struggling with mental health or substance use issues .

During this call, the intake worker will provide the following services:

- Intake screening, triage, assessment, and consultation
  - Risk assessments and safety planning
- Referrals to resources to support wellbeing and
- ongoing therapeutic services
  - Information on both community and MHAS services

### To access MHAS:

**Call: 306-655-7777**

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**Online referral forms available at :**

**[mhas.saskatoonhealthregion.ca](http://mhas.saskatoonhealthregion.ca)**

**\*Clients /caregivers are encouraged to self refer whenever possible**



**[saskhealthauthority.ca](http://saskhealthauthority.ca)**



## Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.