

Other Community Resources

Mobile Crisis
Tel. 306-933-6200 (24 hours)

Problem Gambling Help Line
Tel. 1-800-306-6789 (24 hours)

Sask. Health Line
Tel. 811

Smoker's Helpline
Tel. 1-877-513-5333

Salvation Army
Tel. 306-44-6280 (24 hours)

YMCA
Tel. 306-244-2844 (24 hours)

Alcoholics Anonymous (AA)
Tel. 306-665-6727

Narcotics Anonymous (NA)
Tel. 306-652-5216

Al-Anon Family Groups
Tel. 306-665-3838

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.

If you are interested in receiving further information and/or interested in accessing services, please call:

Mental Health & Addiction Services,
Centralized Intake line:

Telephone: 306-655-7777



MENTAL HEALTH AND ADDICTION SERVICES—COMMUNITY ADDICTION SERVICES
SUITE 156—122 3RD AVE. NORTH
SASKATOON, SK. S7K 2H6
P: 306-655-4100 | F: 306-655-4115



saskhealthauthority.ca

2022 Mental Health and Addiction Services

ADULT ADDICTION PROGRAMS



Saskatchewan Health Authority

Mental Health & Addiction Services
Saskatoon Area

Healthy People, Healthy Saskatchewan

Who Do We Serve

For individuals 18 years or older who are seeking to address their use of alcohol and/or other substances.

Individuals affected by someone else's mental illness, substance use/abuse and/or gambling concerns.

ALCOHOL/DRUG USE QUESTIONNAIRE

- Have you ever felt you ought to cut down on your drinking/drug use?
- Have people annoyed you by criticizing your drinking/drug use?
- Have you ever felt bad or guilty about your drinking/drug use?
- Have you had a drink or taken a drug first thing in the morning to steady your nerves or get rid of a hangover?

Positive responses may invite further exploration.



Services Offered

We offer a variety of treatment groups in addition to one-to-one counselling:

Adult Substance Use/Abuse Program assists clients with recovery from substance use and dependency through individual or group counselling.

Adult Family Program provides educational groups and individual support for families affected by someone else's mental illness, substance use / abuse and gambling concerns.

Concurrent Disorders Program assists those clients with mental health and substance use issues through individual or group counselling. It is designed to address both issues at the same time.

Problem Gambling Treatment Programs offers basic and advanced recovery skills through individual and group counselling, as well as, through two intensive treatment programs.

Tobacco Cessation Program includes services for people who would like to quit or reduce their tobacco consumption. Services include individual and group counselling, handouts and resources, education and cessation workshops, and community presentations.

Calder Centre Adult Program is a 32 bed inpatient program providing a safe supportive environment to help individuals with substance use/abuse through the stabilization tasks of recovery.

Services Offered

Brief Detox Unit is a 15 bed unit which provides a safe place to sleep for individuals under the influence of alcohol or drugs where they can be monitored until no longer intoxicated from their alcohol or substance use. The BDU is an alternative to overnight incarceration or admission to emergency rooms for intoxicated people who do not require emergency care.

Social Detox Unit provides recovering people with a safe place for detoxification. Through professional interventions with staff and programs the client has the opportunity to address their recovery needs. From there, the individual can choose to continue with the recovery process utilizing community supports.

Opioid Assisted Recovery Program (OARS) Under the care of a physician, prescribed methadone can assist you with the physical withdrawal and cravings for opiates, which allows individuals the opportunity to develop individualized recovery skills.

Adult Outreach Services focuses on building bridges between people and services. Outreach Addiction Counsellors provide support to individuals who may present with a number of concerns, which may include substance use/abuse, mental health and addictions issues.